

Align-Pilates®

PROFESSIONAL PILATES APPARATUS

2020 RANGE



άσκηση • υγεία • ευεξία

ABOUT ALIGN-PILATES

Align-Pilates was founded in 2010 with the objective of making commerical quality Pilates equipment more affordable outside North America, so that Pilates Studios could flourish in other parts of the world as they have there. Setting up your own successful Pilates Studio has always been an exciting prospect - Align-Pilates' mission is to make this a more viable and profitable prospect, whilst offering innovative, high performance, reliable equipment that you and your customers will love.

OUR EXPERIENCE

Align-Pilates has been producing its own apparatus for nine years though with sister brand, Pilates-Mad we have been the UK's leading Pilates matwork equipment brand since 2001, with the extensive Pilates knowledge of its customers, Align-Pilates has created Europe's own Pilates apparatus company. Align-Pilates is pleased to present its latest evolution of Pilates apparatus, which blends tried and tested reliability with rapid, customer led, design refinements.

OUR SERVICE IN THE UK

When it comes to service, we stand alone amongst the Pilates apparatus brands in the UK. We hold all of our products in stock, together with an extensive range of spares and accessories in our own warehouses. We offer a complete delivery and install service using our own staff and vehicles and we are open throughout the UK working week to handle your enquiries as and when they arise. These are simple things in themselves but take them away and it can play havoc with the smooth running of your Pilates business! Outside the UK, we appoint stocking Distributors so that you can receive similar service wherever you buy from.

TRY OUR APPARATUS IN THE UK & IRELAND

With Pilates apparatus there is nothing like experiencing the equipment first hand & finding out what it is really like. We actively encourage visits to our showroom at our UK headquarters, which is open in normal office hours - please just let us know when you want to come! We also regularly run open days around the UK, to make it more convenient to try the equipment closer to home. Please follow the link on the back cover of the catalogue for the latest venue list. For those in Ireland we have a distributor showroom in Dublin.

TRY OUR APPARATUS OUTSIDE THE UK

Align-Pilates has a growing following around the world with Distributors in; Australia, Bosnia, Chile, China, Croatia, Denmark, Finland, France, Germany, Greece, Hong Kong, Hungary, Ireland, Italy, Romania, Serbia, Slovakia, Slovenia, South Korea, Spain, Thailand and The Netherlands, with more being added all the time. Many of our Distributors have permanent showrooms where you can try the equipment. Please see the link on the back cover of the catalogue to find a Distributor or International trade show near you.



0% FINANCE AVAILABLE

We offer 0% finance to UK customers on all of our Pilates reformers, studio apparatus, and smaller accessories, to make the possibility of opening your own Pilates Studio as affordable as possible! For existing Studios, adding an extra piece of Pilates equipment you have been wanting, or upgrading your Studio is that much easier.

With our interest-free credit, you can spread your repayments over 6/9/12 or even 24 months to match your cash flow, giving you extra time when expanding or, getting your Pilates business up and running!



Studio featured: Physio & Pilates Central

ΖΗΤΗΣΤΕ ΜΑΣ ΠΡΟΣΦΟΡΑ

Τηλεφωνήστε μας στο 2109632638 ή στείλτε μας email στο sales@starfitness.gr και θα επικοινωνήσουμε μαζί σας για να διαμορφώσουμε το πακέτο που θα ανταποκρίνεται στις ανάγκες σας.

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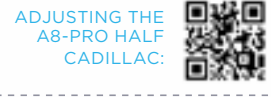
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A8-PRO REFORMER

The Align-Pilates A8-Pro Pilates reformer is brand new for 2020 and is the updated version of our previous flagship commercial Pilates reformer, the A2. The A8-Pro has a completely new runner profile and runs on 8 PU wheels (rather than the 4 nylon wheels of the preceding A2 models), this new platform offers a quieter ride, improved handling of cross loading forces and reduced maintenance. The A8-Pro also features our new patent pending Rapid Change spring bar for the fastest spring bar adjustment on the market together with a host of other subtle improvements, to make the A8-Pro the new star in the Align-Pilates lineup! Offering refined performance, extensive adjustability, a luxurious oversize carriage and the longest travel of any standard Pilates reformer on the market! Now in it's fourth generation the A8-Pro is the result of over eight years of development. The A8-Pro can be built with a choice of 3 interchangeable leg heights, standard (42cm), low leg (28cm) or rehab legs (64cm), making the A8-Pro a truly future proof and versatile investment. The A8-Pro has been designed for both studio, rehab and private use, with the innovative design offering a host of easy adjustments to provide complete flexibility in use. The A8-Pro uses all the same accessories as the previous A2 models so that the A2 & A8 can easily coexist in the same studio, sharing jump boards, mattress inserts, platform extenders.

WHAT'S INCLUDED

- Adjustable silent foot strap with fluffy cover
- Integral standing platform
- Pair of silent double loop straps
- 5 nickel plated quality music wire springs in 3 different strengths: 2 x light, 2 x medium and 1 x strong.



5 nickel plated music wire springs in 3 strengths

Oversize lockable foot bar with improved pivot point for comfort and stability

Interchangeable legs for future flexibility

6 foot bar positions

Patent Pending Rapid change spring bar with 4 spring bar positions

Longest travel of any standard reformer at 113cm - suits more people & requires less adjustment

Heavy duty construction with 150Kg max user weight

Silent Rope Adjustment System

Widest carriage on the market for greater comfort (67cm)

8 wheel system for improved performance & reduced maintenance

Removable & lockable shoulder rests

Improved single adjuster for both ropes:



3 position head rest

Patented silent rope pulley

Quick-adjust rope height adjusters, with fold away risers

FEATURES

- Longest travel of any standard Pilates reformer at 113cm - suits more people & requires less adjustment
- Widest carriage on the market at 67cm for greater comfort
- 8 wheel system for improved performance & reduced maintenance
- A8-Pro Foot bar locks in 6 positions including flat.
- Patent pending Rapid change spring bar allows single handed adjustment of the spring bar without removing any springs - 4 positions (20cm of adjustment).
- New and improved rope adjustment system ensures both ropes stay the same length and adjust simultaneously
- Oversize lockable foot bar with improved pivot point for comfort and stability
- Improved single adjuster for both ropes & new rapid set up rope controllers
- Silent system: patented silent pulleys, and metal free ropes and handles
- Off centre shoulder rests for a choice of shoulder widths
- Hooks to hold a Gondola or Maple pole under the runner (pole not included)
- Includes foot strap & fluffy
- Future proof - Choice of 3 interchangeable leg heights.
- Convenient - Wheeled for easy moving and can be stacked.

AVAILABLE EXTRAS

- Gondola Pole
- Platform Extender
- 3 Leg Heights (28cm, 42cm or 64cm)
- Jump Board
- Cardio Jump Dome
- Sitting Box
- Planking Handles
- Pro Rope Adjusters
- Half Cadillac
- Mattress Convertor
- Full Cadillac
- Neck Pillow

A8-PRO REFORMER ACCESSORIES

ONE REFORMER, MANY POSSIBILITIES

Customise your A8 Pro with the optional additions of a Half Cadillac Tower, Jump Board, Mattress Converter, Platform Extender, Sitting Box, Gondola Pole and the Cardio Jump Dome. Plus, you can change the working height of the reformer. Choose from low, standard or high leg heights to suit your studio's and client's needs and change them should the need arise!



A* SERIES CARDIO JUMP DOME



A* SERIES JUMP BOARD



LOW LEG



STANDARD LEG



REHAB LEG

CHANGE THE HEIGHT OF THE A8-PRO REFORMER ANY TIME WITH OPTIONAL LEG EXTENSIONS!



A* SERIES PLATFORM EXTENDER



SITTING BOX



PLANKING HANDLES

LEG EXTENSIONS	HEIGHT	CODE
LOW LEG SET	28CM	PAPA2LEGSM
STANDARD LEG SET	42CM	PAPA2LEGSTD
REHAB LEGS SET	64CM	PAPA2LEGREHAB



HALF CADILLAC



A* SERIES MATTRESS CONVERTER

PRODUCT	DIMENSIONS	CODE
A8-PRO WITH LOW LEG	257CM X 75CM X 28CM	PAPREFORMERA8L
A8-PRO WITH STANDARD LEG	257CM X 75CM X 42CM	PAPREFORMERA8S
A8-PRO WITH REHAB LEGS SET	257CM X 75CM X 64CM	PAPREFORMERA8R
A* SERIES MATTRESS CONVERTER	118.5CM X 67CM X 5CM	PAPMATA2
A* SERIES PLATFORM EXTENDER	74CM X 30CM X 7CM	PAPMATPLATA2R
A* SERIES JUMP BOARD	82.5CM X 68.5CM X 8.5CM	PAPJUMPA2
PLANK HANDLES	51CM X 32.5CM X 7CM	PAPPLANKH
A* CARDIO JUMP DOME	82.5CM X 68.5CM X 8.5CM	PAPJUMPDOME
A8-PRO HALF CADILLAC BUNDLE	VARIES BASED ON LEGS	PAPHALFCADSETA8S
SITTING BOX	73.5CM X 44.5CM X 33CM	PAPBOX



A8-PRO REFORMER WITH STANDARD LEGS, A* SERIES JUMP BOARD & MAPLE GONDOLA POLE

C8-PRO REFORMER

The C8-Pro is the ultimate C Series reformer, featuring an oversize aluminium profile & foot bar and all new 8 PU wheel carriage system for the quietest and lowest maintenance ride available. Like all 2020 Align-Pilates commercial reformers the C8-Pro features our new patent pending Rapid change (RC) spring bar for the easiest and quickest adjustment on the market.

Many Pilates professionals choose their reformer based on the ride characteristics and the biggest determinant of that is the number and type of wheels. The number & material of the wheels determine the resistance of the carriage, the sound the machine makes, the handling of cross loading and the amount of maintenance required for optimal performance. The C8 uses 8 'roller blade style' wheels which are designed to give a quieter and softer ride with slightly greater rolling resistance when compared to the more ice glide ride offered by the harder nylon wheels used in a 4 wheel system like on the C2-Pro RC, where the wheels run in a matched aluminium profile. Which is better is a matter of preference for the user/s, though for many this will be a key determinant of which machine they buy and chances are; many will prefer the ride style they are more familiar with or, trained on!

The C8-Pro's rapid change spring bar radically alters the ease and speed of adjusting your reformer, which is particularly beneficial for those running group classes; where the C8-Pro really excels. The spring bar can be adjusted with the springs attached, with one hand in a single action, saving up to 12 additional actions when compared with most standard spring bars!

The C8-Pro is stackable and can free-stand, either with the optional new free standing feet or, if leg extensions are fitted, which raise the bed height to 44cm versus the 26cm bed height of the standard machine. Like earlier Pro models in the C series, this reformer can accept either a Full or, a Half Cadillac frame making it the most versatile reformer in its class, whilst being extremely competitively priced.

The C8-Pro reformer shares all the accessories such as mat convertor, standing platform, half Cadillac with the C2-Pro RC and earlier C series reformers, meaning it sits perfectly alongside other C series machines. Furthermore many components from the C8-Pro, such as the half Cadillac frame are also cross-compatible with A Series machines, giving you additional possibilities and flexibility as your studio grows.

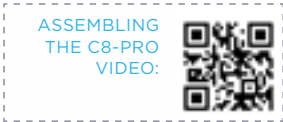
FEATURES

- Patent-pending rapid change spring bar for the fastest spring bar changes available, using one hand and a single action
- Class-leading travel - 106.5cm
- Large & comfortable carriage 92cm x 58cm
- Oversized foot bar & lowered pivot point for extra solid feel
- Resistance: 5 nickel plated quality music wire springs in 3 different strengths (2 light, 2 medium and 1 strong)
- Choice of heights, either standard 26cm height or 44cm with optional leg extensions
- Lockable foot bar with 4 positions, including flat
- Removable rope risers with 7 height positions (if extension legs are used)
- Rapid rope length adjustment system that adjusts both ropes simultaneously, with 7 rope length variations
- Height adjustable feet for perfect alignment
- Align-Pilates 'Silent' system with metal-free double loop handles,

- ropes & foot strap and now patented silent pulleys for a super quiet user experience
- Improved 3 position headrest
- Removable & lockable shoulder rests with new off-centered shoulder pads to give a choice of two different widths
- Space-saving - The C8-Pro can be wheeled for ease of movement and storage. It can also be stacked or "free stand" when used with the optional free standing legs or leg extensions.
- Improved anodized aluminium runners with a 8 PU wheel carriage for super quiet and maintenance free ride
- New Gondola pole storage hooks underneath the runner for convenient access & a tidier studio! Note: Maple Pole sold separately
- Max User Weight:150kg. Suitable for users:145cm - 193cm (4'10" - 6'4"). ISO20957-1 Class S Item.

AVAILABLE EXTRAS

- Gondola Pole
- Platform Extender
- Leg Extensions (raise bed to 44cm)
- Freestanding Legs
- Jump Board
- Sitting Box
- Planking Handles
- Pro Rope Adjusters
- Half Cadillac
- Mattress Convertor
- Full Cadillac
- Neck Pillow



C2-PRO RC REFORMER

The C2-Pro RC is the fifth generation of our extremely popular C Series reformer. This revised model builds on the excellent reputation of our best-selling C2-Pro reformer, with the introduction of our new patent pending Rapid Change (RC) spring bar, together with a host of refinements to enhance the machines excellent Studio credentials.

The Rapid Change spring bar, radically alters the ease and speed of adjusting your reformer, which is particularly beneficial in the group class environment, where the C2-Pro RC excels. The spring bar can be adjusted, with springs attached, with one hand in a single action saving up to 12 additional actions compared with most standard reformers!

The C2-Pro RC is stackable and can free-stand, either with the optional new freestanding feet or, if leg extensions are fitted, which in turn raise the bed height to 42cm versus the 24cm bed height of the standard machine. Like earlier Pro models in the C series, this reformer can accept either a Full or, a Half Cadillac frame making this the most versatile reformer in its class, whilst offering unparalleled value for money.

FEATURES

- Patent pending rapid change spring bar for the fastest spring bar changes available, using one hand and a single action
- Class-leading travel - 106.5cm, up from 100.5cm on the C1 model
- Large & comfortable carriage 92cm x 58cm
- Resistance: 5 nickel plated quality music wire springs in 3 different strengths (2 light, 2 medium and 1 strong)
- Choice of heights, either standard 24cm height or, 42cm with optional leg extensions
- Lockable foot bar with 4 positions including flat
- Removable rope risers with 7 height positions (if extension legs are used)
- Rapid rope length adjustment system that adjusts both ropes simultaneously, with 7 rope length variations
- Height adjustable feet for perfect alignment
- Align-Pilates 'Silent' system with metal-free double loop handles, ropes & foot straps. Plus our patented silent pulleys for a super quiet user experience
- Improved 3 position headrest
- Removable & lockable shoulder rest with new off centred shoulder pads to give a choice of two widths
- Space-saving - The C2-Pro can be wheeled for ease of movement and storage, it can be stacked and can "free stand" when selected with either the optional free standing feet or the extension leg option.*

- Improved anodized aluminium runners with a self-centering carriage for a smooth ultra low resistance ride
- New Gondola pole storage hooks underneath the runner for convenient access & a tidier studio! Note: Maple pole sold separately
- New self-lubricating German engineered plastic wheels for a smoother quieter ride and reduced maintenance
- ISO20957-1 Class S Item. Max User Weight: 150kg. Suitable for users: 145cm - 193cm (4'10" - 6'4")

AVAILABLE EXTRAS

- Gondola Pole
- Platform Extender
- Freestanding legs
- Leg Extensions (raise bed to 42cm)
- Jump Board
- Sitting Box
- Planking Handles
- Pro Rope Adjusters
- Half Cadillac
- Mattress Convertor
- Full Cadillac
- Neck Pillow



Lockable foot bar positions with 4 positions including flat

5 nickel plated music wire springs in 3 strengths

Patent-pending rapid change spring bar for the fastest spring bar changes available

Choice of heights, either standard 26cm height or 44cm with optional leg extensions

Anodized aluminium runners with matched 4 wheel system with self centering carriage for smooth and maintenance free operation

Removable & lockable shoulder rests

Rapid rope length adjustment system that adjusts both ropes simultaneously, with 7 rope length variations

Silent rope, foot strap & patented silent pulleys system

Removable rope risers with 7 height positions and 7 rope length adjustments

New Gondola pole storage hooks underneath the runner for convenient access & a tidier studio! Note: Maple pole sold separately

Stackable design. Free stands with leg extensions or Freestanding feet

C* SERIES REFORMER ACCESSORIES

VERSATILE & FLEXIBLE

Both our C series reformers share the same accessories and can easily adapt to your teaching requirements! Available with or without leg extensions, they can free-stand or be stacked, and can accept either Half or Full Cadillac frames, giving you the most flexibility on how you wish to work with your clients and your studio space. C series reformers ship 95% assembled and ready for use. For further information about our Half or Full Cadillac, please see pages 15 & 16.



STANDARD LEG (AS SUPPLIED)



LEG EXTENSIONS

CHANGE THE HEIGHT OF THE C*-PRO REFORMER ANYTIME WITH OPTIONAL LEG EXTENSIONS!



STACKABLE*



FREE STANDING*

THE WOOD FX FEATURES A SPECIALIST FINISH WHICH LOOKS LIKE REAL WOOD YET IS MORE SCRATCH-RESISTANT THAN ALUMINIUM! (Currently only available in the C2-PRO RC)



WOOD EFFECT ALUMINIUM



C8-PRO REFORMER WITH HALF CADILLAC, LEG EXTENSIONS, MAPLE GONDOLA POLE, MATTRESS CONVERTER & WOODEN SITTING BOX



HALF CADILLAC



FULL CADILLAC



C* SERIES JUMP BOARD



C* PLATFORM EXTENDER



FREESTANDING LEGS



FRAME SITTING BOX



C* SERIES MATTRESS CONVERTER



WOODEN SITTING BOX



PLANK HANDLES

PRODUCT	DIMENSIONS	CODE
C8-PRO REFORMER	235 (L) X 66CM X 24CM	PAPREFORMERC8
C2-PRO RC REFORMER	235 (L) X 66CM X 24CM	PAPREFORMERC2RC
C2-PRO RC REFORMER WOOD FX	235 (L) X 66CM X 24CM	PAPREFORMERC2WRC
C-PRO LEG EXTENSION	RAISES BED TO 42CM HIGH	PAPC1RPLEGS
C SERIES PLATFORM EXTENDER	58CM X 25.5CM X 5.5CM	PAPMATC1PE
C SERIES MATTRESS CONVERTER	104.5CM X 60CM X 8.7CM	PAPMATC1MC
C SERIES JUMP BOARD	52CM (H) X 58CM (W)	PAPJUMPC1
WOODEN SITTING BOX	70CM (L) X 40CM (W) X 28CM (H) 9KG	PAPBOX

PLEASE SEE VISIT OUR WEBSITE FOR THE FULL CADILLAC, HALF CADILLAC OR STUDIO BUNDLE PRICES.

M2-PRO REFORMER

The Align-Pilates M2-Pro Reformer is crafted from solid North American maple; designed to marry classical styling with contemporary functionality. The M2-Pro offers refined performance, whilst offering extensive adjustability, a luxurious oversize carriage and 104cm of smooth and silent travel! The M2-Pro has been designed for studio, rehab or private use, with the innovative design offering a host of easy adjustments to provide complete flexibility in use. The M2-Pro can accept a Half Cadillac and converts into a completely flat bed with removable shoulder rests and a two-part mattress converter. A jump board is also available, which is interchangeable with the included standing platform.

FEATURES

- 104cm of smooth silent travel from the 8 PU wheel system
- North American Solid Maple Frame
- 3 position head rest
- 4 spring bar positions with easy adjustment system
- Locking foot bar with 4 positions including completely flat
- Quick and safe simultaneous rope adjustment system with additional Pro Rope Adjusters, our new rapid rope adjustment system
- Patented silent pulleys with silent design ropes & double loop handles
- Silent foot strap with fluffy
- 150kg maximum user weight

WHAT'S INCLUDED

Adjustable silent foot strap with fluffy, removable maple standing platform, pair silent double loop straps, 5 nickel plated quality music wire springs in 3 different strengths: 2 x light, 2 x medium and 1 x strong.

M2-PRO

REFORMER	DIMENSIONS	CODE
M2-PRO	249 X 76CM	PAPREFORMERM2P

OPTIONAL EXTRAS

Complete your M2-Pro with a selection of optional extras which include: Half Cadillac, Mattress Converter, Jump Board, Platform Extender, and Neck Pillow (examples shown on this page, and opposite).



JUMP BOARD

CODE: PAPJUMPM2P



PLATFORM EXTENDER

CODE: PAPMATPLATM2P



M* SERIES HALF CADILLAC BRACKETS

CODE: PAMP2PHALFCADBKT



NECK PILLOW

CODE: PAPNECKPAD



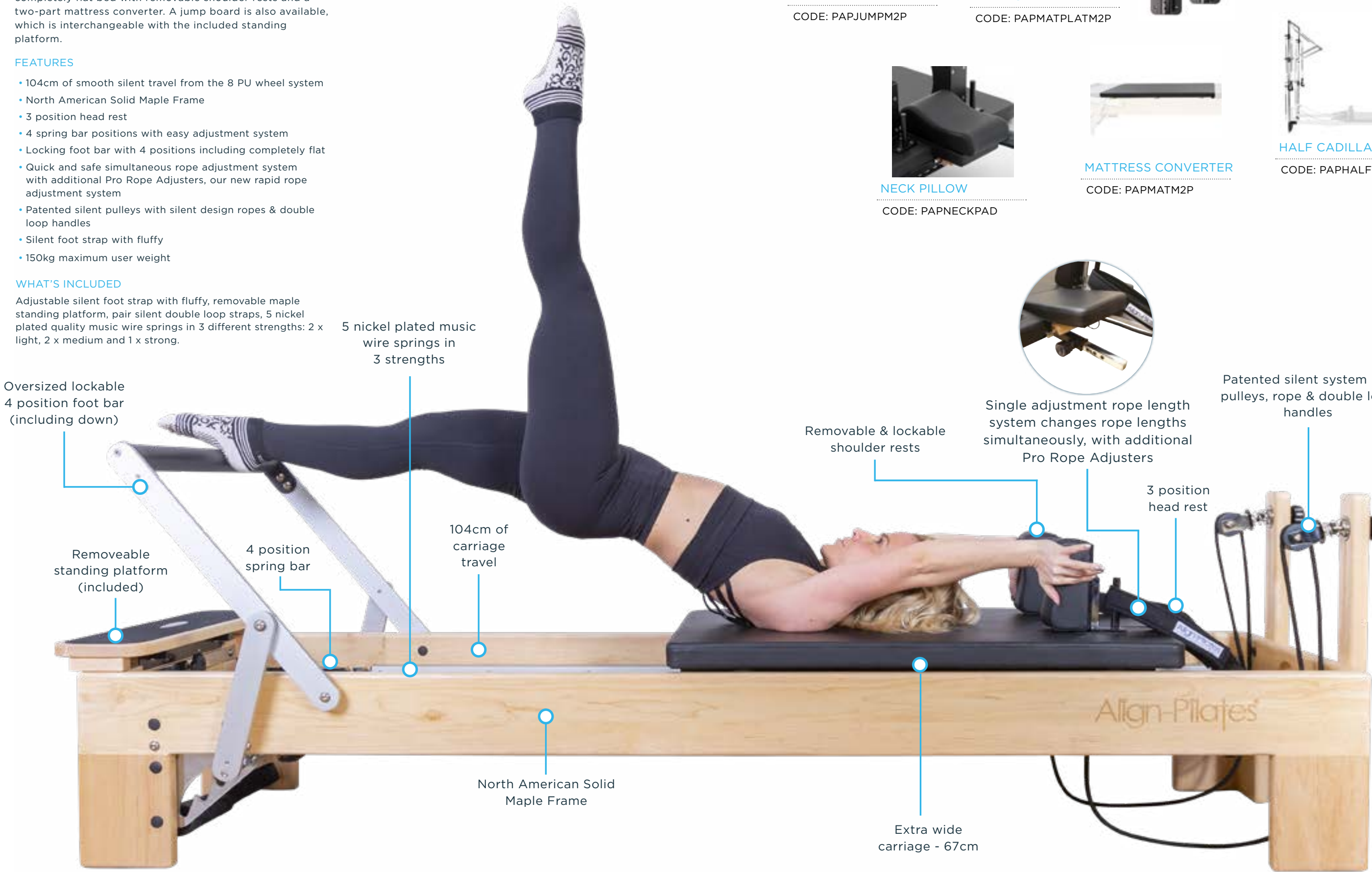
MATTRESS CONVERTER

CODE: PAPMATM2P



HALF CADILLAC

CODE: PAPHALFCADA2



Oversized lockable 4 position foot bar (including down)

Removeable standing platform (included)

4 position spring bar

5 nickel plated music wire springs in 3 strengths

104cm of carriage travel

North American Solid Maple Frame

Removable & lockable shoulder rests

Single adjustment rope length system changes rope lengths simultaneously, with additional Pro Rope Adjusters

3 position head rest

Patented silent system inc. pulleys, rope & double loop handles

Extra wide carriage - 67cm

HALF CADILLAC

Our Half Cadillac tower is compatible with the A Series, C*- Pro, M2-Pro Reformers and the Wall Unit adapter. This unit allows you to perform the majority of the repertoire of the Cadillac / Trapeze table on your reformer and can be bought with a reformer as a bundle or added at a later date! The Half Cadillac tower works with all leg height options.

WHAT'S INCLUDED:

Stainless Steel frame, Maple roll down bar, improved aluminum push through bar with rapid adjust height changers, quick release safety strap, 1 pair of foot straps, 1 pair of handles and 2 pairs of rapid adjust, double eyelet, spring holders. Note: Brackets to attach to reformer or wall mount (sold separately).

SPRING PACKAGE:

Quality nickel plated music wire springs:

- 2 x 47cm Very Light
- 2 x 47cm Light, 2 x 64cm Very Light
- 2 x 64cm Strong
- 8 Aluminium Carabiners
- 8 double snaps

- A8 Low Leg Height: 190cm
- A8 Std Leg Height: 213cm
- A8 Rehab Leg Height: 235cm
- C*-Pro Low Leg Height: 208cm
- C*-Pro Std Leg Height: 212cm
- M2-Pro Height: 213cm



A8-PRO AND HALF CADILLAC WITH QUICK ADJUST SLIDING EYELETS & HEIGHT ADJUSTABLE SWING THROUGH BAR

ITEM	HEIGHT FROM FLOOR	CODE
A*-PRO & C*PRO HALF CADILLAC TOWER ONLY	189CM	PAPHALFCADA2
A*-PRO HALF CADILLAC BRACKET ADAPTER	-	PAPA2HALFCADBKT
C*-PRO HALF CADILLAC BRACKET ADAPTER	-	PAPC1PROHCADBKT
M2-PRO HALF CADILLAC BRACKET ADAPTER	-	PAPM2PHALFCADBKT

HALF CADILLAC WALL UNIT ADAPTER

Convert your A2 Half Cadillac with the Adapter Bracket so it can attach to a wall! Use as a standalone work station or, with a reformer butted up against it. Limited assembly required. Fixings to attach the unit to the wall are not included as these are wall dependent. This improved design does not require attachment to the floor.

WARNING:

This unit is only suitable for attachment to solid walls & cannot be used on stud walls.

DIMENSIONS

190cm (H) x 78cm (W) x 63cm (D)



Wall Mounted Half Cadillac Set installation at Queens St Pilates Studio - Australia. Supplied by our Australian distributors, Pilates Reformers Australia.

ITEM	CODE
HALF CADILLAC WALL BRACKET ADAPTER ONLY (CONVERSION KIT)	PAPHALFADAPTA2
A2 HALF CADILLAC INCL ADAPTER	PAPHALFCADA2WALLSET



FULL CADILLAC

The A2 Cadillac, features an aluminium base frame with full stainless steel upper frame, which takes the best features from our class leading half cadillac to make the ultimate full cadillac. The oversize bed (78cm x 206cm) makes for a more spacious working area, whilst the ease of adjustment and multiple anchor points facilitate numerous exercises. The full stainless steel upper frame is superior to standard chromed steel frames, ensuring a long and corrosion free life. The Cadillac is supplied complete with all the required accessories so there are no expensive add on purchases required.

FEATURES

- Aluminium frame with steel legs and height adjustable feet.
- Full stainless upper frame.
- Sliding horizontal and vertical cross bars.
- Trapeze with adjustable sling and padded spring covers.
- Maple roll down bar and one pair of fuzzies.
- Rapid adjust (5 position) aluminium swing through bar with quick release safety strap.
- 64cm bed height matches the combo chair height for additional exercise possibilities.
- Bonus removable foot board and fold down head rest - worth over £100!



Assembly: Leg and frame assembly required, or request our delivery and assembly option.

SPRING PACKAGE

Includes 12 finest music wire springs:

- 2 x Standard Very Light
- 2 x Standard Light
- 2 x Standard Medium
- 2 x Standard Very Strong (for Trapeze)
- 2 x Long Very Light
- 2 x Long Strong

REFORMER OPTION NOW AVAILABLE:

The modular system from Align-Pilates means you can truly future-proof your Pilates studio with the A2 Cadillac. The A2 Cadillac frame will fit onto C2 Pro * and C8 Pro reformers, perfect if you have a smaller size studio or if you're looking to add a Full Cadillac to your studio, without having to purchase another piece of large Pilates apparatus!



C2-PRO RC WITH FULL CADILLAC FRAME

ITEM	DIMENSIONS	CODE
A2 CADILLAC BASE FRAME ONLY	-	PAPCADILLACA2F
A2/C SERIES UPPER FRAME EXC. BRACKET	-	PAPC1PROFCAD
A2 FULL CADILLAC BUNDLE [PICTURED]	216CM [L] X 78CM [W] X 216CM [H]	PAPCADA2FULLFRAME
C2-PRO FULL CADILLAC BRACKET	-	PAPC1PROFCADBKT
C2-PRO FULL CADILLAC BUNDLE	216CM [L] X 78CM [W] X 216CM [H]	PAPC2PFULLCAD

F2 REFORMER

The F2 reformer was developed to bring the benefits of a Pilates Reformer workout in to your home, without the need to have a dedicated space for a Pilates reformer. Featuring the same springs as our professional reformers, the F2 offers smooth progressive resistance and a range of adjustments to fine tune the machine for your workout. The F2 folds up in a matter of minutes into a compact and self-contained machine that can be easily wheeled around and stored safely out of the way. The F2 can be used for jumping exercises with the addition of the C Series Jumpboard, or with our new Plank bars (see P. 22) .

FEATURES

- Resistance: Classic style 4 Nickel plated music wire springs (2 Medium, 1 Strong and 1 Light).
- Foot bar positions: 4 including down.
- Removable rope risers with 3 height options & 4 easy rope length adjustments.
- New Align-Pilates double loop handles with “silent” metal free connectors for a quieter workout.
- 3 position head rest, with locking string for storage.
- Steel frame with 8 wheel design and 95cm travel.
- Removable & lockable shoulder rests, with choice of 2 widths.
- Locks open and closed and can be wheeled in either state.
- Adjustable feet to ensure your reformer sits flat and can run smoothly.

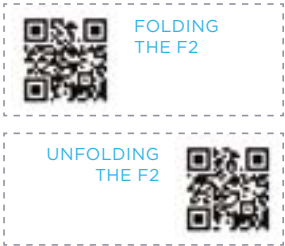
Please note: Not warrantied for commercial use. 2 year frame warranty.

DIMENSIONS

- Open Size (maximums): 247cm x 70cm x 47cm
- Carriage size: 89cm x 58cm (w)
- Folded size (maximums) 143.5cm x 70cm x 34.5cm
- Weight: 55Kg
- Max User Weight: 120Kg. Suitable for users: 145cm – 193cm (4’10 – 6’4”)

OPTIONAL ACCESSORIES

The F2 is compatible with the C* Series Jump Board, Plank Handles, & the Frame Sitting Box, which is the perfect size to compliment the F2 carriage. A silent foot strap is also available for use with the sitting box as well as a neck pillow for a more comfortable option to raising the head rest.



FRAME SITTING BOX (PRE-BUILT)

CODE: PAPBOXMBUILT
(also see page 21)

ITEM	CODE
F2 REFORMER	PAPREFORMERF2



F2 SHOWN WITH OPTIONAL C* SERIES JUMP BOARD

H1 REFORMER

The H1 is the ultimate home Pilates reformer. The mirrored stainless steel runners guarantee a smooth and quiet ride. Featuring the same springs as our professional reformers, the H1 offers fluid, progressive resistance and a range of adjustments to personalise the machine for your workout. The H1 is a self-contained machine which can be stored safely out of the way by standing and easily wheeled around. The H1 has optional leg extensions to raise the height of the carriage bed from 23cm to the more popular 40cm.



FEATURES

- Travel: 95cm
- Resistance: Classic style 4 Nickel plated music wire springs set-up (2 Medium, 1 Strong and 1 Light)
- Foot bar positions: 4 including down
- Removable rope risers with 3 height options & 4 easy rope length adjustments
- Double loop handles with “silent” metal free connectors for a quieter workout
- 3 position head rest, with locking string for storage
- Adjustable feet to ensure your reformer sits flat and can run smoothly.
- Freestanding with use of fold out and lockable standing legs
- Removable and lockable shoulder rests, with a choice of two widths



DIMENSIONS

- Size (maximums): 247cm (L) x 70cm (W) x 47cm (H)
- Standing height for storage: 235cm
- Carriage size: 89cm (L) x 58cm (W)
- Carriage bed height with low legs: 23cm
- Extended carriage bed height with standard legs: 40cm
- Weight: 50kg
- Max User Weight: 120kg.
- Suitable for users: 145cm – 193cm (4’10 – 6’4”)
- ISO20957-1 Class H Item.

Please note: Not warrantied for commercial use. 2 year frame warranty.

OPTIONAL ACCESSORIES

The H1 is compatible with the C Series Jump Board, Neck Pillow, Plank Handles, and Frame Sitting Box which is the perfect size to compliment the H1 carriage. A ‘silent’ foot strap is also available for use with the sitting box. Increase the height of your H1 reformer with optional leg extensions which raise the bed of the reformer to 40cm high.

ITEM	CODE
H1 REFORMER	PAPREFORMERH1
H1 LEG EXTENSIONS	PAPHILEGS
C SERIES JUMP BOARD	PAPJUMPC1



LADDER BARREL II

The Align-Pilates Ladder Barrel is designed to challenge the abdominal and waist muscles and strengthen the spinal cord whilst improving flexibility. Features a steel frame with solid maple ladder rungs for a classic look. Further upgrades include improved padding and upholstery for greater comfort and the addition of wheels for ease of movement. The Align-Pilates Ladder Barrel remains the most adjustable on the market, offering an unmatched 31cm of travel, both opening and closing more than our competitors for maximum flexibility. Available in a flatpack or pre-built option.

FEATURES

- Super strong powder coated steel frame for added strength, durability and stability
- Solid North American Maple ladder rungs
- Adjustable feet ensure smooth adjustment of the barrel

BONUS EXTRAS

Two Padded standing boards worth over £100!

DIMENSIONS

When fully built: 105cm (H) x 90cm (W) x 135cm (L)

DIMENSIONS	TYPE	CODE
105CM (H) X 90CM (W) X 135CM (L)	FLATPACK	PAPLADDER2
105CM (H) X 90CM (W) X 135CM (L)	PRE-BUILT	PAPLADDER2BUILD



COMBO CHAIR II

The Align-Pilates Split-Pedal Combo Chair II has been praised by a number of leading International Pilates professionals as “the best chair on the market” due to its comfort and ease of use. This combo chair brings you a choice of 4 spring positions for each spring, and 2 spring strengths to provide a wide variety of resistances. The addition of stylish looking cut out sides means you can easily change over the spring strength whilst the chair is against a wall. The Combo Chair II can also be fitted with an optional extra A* Series Jump Board to create a high back chair for scapular work, or to provide more security for clients. Add arm repertoire with 4 eyelets to attach resistance bands, tubes or even covered springs for one-to-one work. The removable handles adjust easily via a single ‘twist and pull’ knob and offer a height range from 115 to 145cm. The pedals are easily joined or separated using a simple locking slider underneath the pedals. Wheels allow for easy movement of the apparatus. Available as a flatpack or pre-built option.

FEATURES

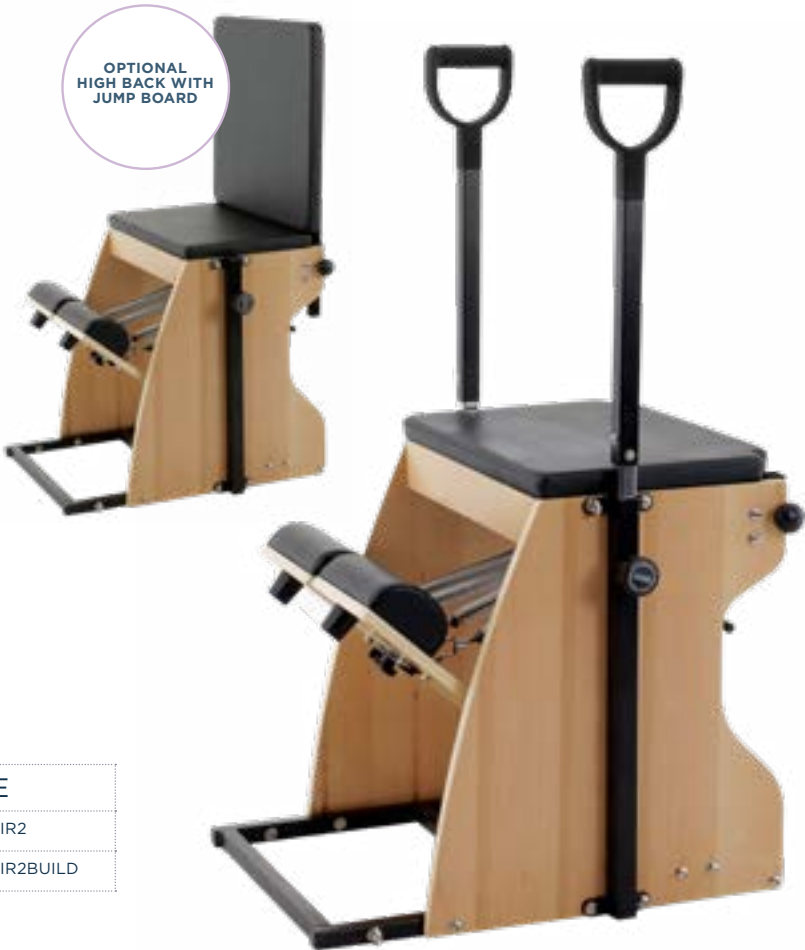
- Stylish cut out sides for easy spring change access when the chair is against a wall.
- Help to develop perfect posture - you can now insert an A2 jump board to create a high back chair for scapular support work.
- Add arm repertoire with 4 eyelets to attach resistance bands, tubes or covered springs for one-to-one work.
- Maple veneered marine ply on steel frame for excellent structural strength.
- Rattle free handles with easy and secure single knob adjustment.
- Single or split pedal functionality.
- Height matches Cadillac and A2 rehab reformer.
- Large rubber feet prevent trapping fingers under the pedals.
- Easy rolling wheels allow for easy movement of the apparatus.
- Removable handles with easy adjust ‘twist & pull’ knob to adjust height

SPRINGS PACKAGE

Nickel plated music wire springs:

- 2 x strong
- 2 x extra strong

DIMENSIONS	TYPE	CODE
64CM (H) X 55CM (W) X 82.5CM (D)	FLATPACK	PAPCHAIR2
64CM (H) X 55CM (W) X 82.5CM (D)	PRE-BUILT	PAPCHAIR2BUILD



FUSE LADDER

Meet the Fuse Ladder, a dynamic new piece of apparatus designed by Fuse Pilates, Washington, D.C.’s most popular Pilates studio. After extensive development in their studio, Fuse Pilates worked with Align-Pilates to create the latest version – complete with quick adjust springs, a padded backboard, moveable eyelets and infinite exercise possibilities!

The Fuse Ladder appeals to students and teachers who want a resistance or bodyweight-training, functional fitness workout that’s tough, unique, and ever-changing. The Fuse Ladder is less expensive than most reformers or, weight machines and takes up much less space. Further, the same space that hosts Ladder classes can be used for mat-based classes, doubling your Studio’s offering. The Fuse Ladder offers a powerhouse of a workout with major curb appeal (everyone from barre aficionados to HIIT instructors are swooning over this tough workout!). Plus, it’s unbelievably fun, capturing moves you haven’t done since you were a kid in the playground. With a focus on standing work (and climbing and hanging), it’s the perfect antidote to the sedentary lifestyle most of us live.

The Fuse Ladder offers a fun and challenging workout combining spring resistance exercises, like a Pilates Half Cadillac but with climbing, hanging, agility, and balancing challenges to take you to a new level. Standing exercises include squat variations, lunges, and balance challenges, both using the springs and using just the ladder or backboard. Floor work incorporates springs and the ladder rungs for even more challenge. Two high bars offer possibilities for hanging exercises, pull-ups and additional upper body strengthening and lengthening of the spine. The upper eyelets can also be used in conjunction with Suspension Trainers. To get a flavour for Fuse Ladder and explore the programming options visit:

fuseladder.com

FEATURES

- 1 x Roll Down Bar
- 1 x Padded Back Board which hooks onto the ladder
- 2 pairs of Sliding Spring Eyelets
- 3 x Fixed Eyelets
- 2 x 47cm Extra Light Short Springs (yellow)
- 2 x 64cm Light Long Springs (purple)
- 2 x 64cm Medium Long Springs (red)
- 1 x pair of Hand/Foot Straps with double d rings and metal clips
- 1 x movable padded wrung wrap
- 1 x pair of Handles

DIMENSIONS OF THE LADDER

237cm (H) x 80cm (W) x 49cm (D)

Please note: limited assembly required and fixings not included.



DIMENSIONS	CODE
237CM (H) X 80CM X (W) X 49CM (D)	FUSELADDER



BARRELS, BOXES & ARCS

All our barrels and arcs are made from custom formed marine ply that creates the strongest possible arcs. Like our boxes, these are then covered with hi-memory eva foam for comfort & abrasion-resistant vinyl upholstery to ensure a long life. All our barrels and boxes use real maple veneer and are fully finished inside as well as outside.

MODULAR STEP BARREL & ARC

The Modular Step barrel adds extensively to the core functionality of the traditional Step barrel, which has long been known to help improve posture by lengthening and strengthening the back, feet and shoulder muscles. The Modular Step barrel slots conveniently over the shoulder rests of all of our reformers, so that it can be used on the reformer as well as on the floor. For floor use our step features an anti-slip base, and can be used with our standard 32" maple pole (not included) for extra exercise possibilities! The arc is also removable (as well as locking in place) so this can be used independently, offering an alternative curvature to our regular stacking arc. Finally, this step barrel includes 3 eyelets on each side for use with resistance bands for resistance exercises to further extend the functionality of this diverse piece of apparatus.



OPTIONAL EXTRAS

- 32" Maple Roll Up Pole
- Resistance Bands

DIMENSIONS	CODE
79CM [L] X 48CM [W] X 34CM [H] 13KG	PAPSTEP3

STACKING ARC BARREL

Arc barrels are great for adding an extra dimension to mat work classes, offering various workout possibilities that help to improve the posture, lengthen and strengthen the back, feet and shoulder muscles.



DIMENSIONS	CODE
60CM (L) X 55CM (W) X 19.5CM (H) 7KG	PAPARCST

SITTING BOX

Sitting boxes make many seated exercises more comfortable and make additional exercises possible on your reformer.



DIMENSIONS	CODE
70CM (L) X 40CM (W) X 28CM (H) 9KG	PAPBOX

FRAME SITTING BOX

The Frame Sitting Box is a little smaller than our other sitting box making it the ideal length for the earlier C Series, F Series and H1 reformer carriages. The frame box does everything a normal sitting box does at a fraction of the cost! The box is the same height as the C1 & 2* Series reformers and so can be used as a Moon box alongside this reformer in low leg configuration. Available as Pre-Built or Flatpack.



DIMENSIONS	TYPE	CODE
66CM (L) X 38CM (W) X 25CM (H) 7KG	FLAT PACK	PAPBOXM
66CM (L) X 38CM (W) X 25CM (H) 7KG	PRE-BUILT	PAPBOXMBUILT

A SERIES CARDIO JUMP DOME

The Cardio Jump Dome merges a traditional reformer jump board with a balance dome to provide a cushioned landing surface when performing jump board exercises on the reformer. This allows users to do extended plyometric activity on the reformer without discomfort. The jump dome also allows for high energy aerobic workouts with very low-impact on the body which adds new exercise possibilities. The Cardio Jump dome fits all A series reformers.



DIMENSIONS	CODE
WORKS WITH ALL A SERIES REFORMERS	PAPJUMPDOME

ROTATIONAL DISKS (PAIR)

Rotational Disks are used to develop balance and strength through rotation whilst standing or sitting. Made from high quality 18mm marine ply with maple veneer, the rotational disks have three transparent anti-slip strips on the top and two anti-slip pads on the bottom to prevent them sliding on the floor. These discs are also great for dancers, to help improve turnout as well as strengthen and maintain their turnout, safely! They can also be used for injury rehabilitation under the guidance of a physiotherapist or certified professional.



DIMENSIONS	CODE
30CM/12" DIAMETER. SOLD IN PAIRS	PAPROTATION

GONDOLA AND ROLL UP POLES

Gondola Poles are used for aiding balance when performing standing work on the Reformer and therefore has anti-slip rubber end caps, to provide a firm grip on the floor. Roll Up Poles are used to aid alignment, for arm work and to increase the focus on scapular stabilization. Made from solid maple with laser engraved Align-Pilates logo.



DIMENSIONS	TYPE	CODE
152CM / 60"	GONDOLA POLE	PAPPOLE60
81CM/32"	ROLL UP POLE	PAPPOLE32

PLANK HANDLES

Planking handles can be used with everyone, from your rehab clients to athletes. Great for plank based exercises, the handles also offer much more; by turning the handles at right angles to the foot bar it creates an ideal position for when you are working with clients suffering with carpal tunnel syndrome, RSI, arthritis, or difficulty being able to weight bear for any length of the time on the foot bar. This alternative position can reduce the pressure through the wrists reducing discomfort and pain. When rotated externally, the handle acts like an extended foot bar. This allows better postural alignment in exercises which are off set to the reformer such as scooter. They can also act as a wider foot bar for larger clients be it hands on bar or, feet on bar, or act as a stability point for standing rehab-based exercises.



These Planking Handles are a great addition to any C, A2, H or F series Align-Pilates reformer, or Combo Pilates Chair. The planking handles are rotatable so they can face in four different directions and they can lock at 4 different heights in each of the directions, offering a total of 16 different positions.

PRODUCT	CODE
WORKS WITH A, C, F & H SERIES REFORMERS	PAPPLANKH

NECK PILLOW

The Align-Pilates Neck Pillow fits neatly on to any reformer head rest to create a soft cushioned support for the head and neck. Clients love them!



DIMENSIONS	CODE
27CM (L) X 15CM (W) X 8.5CM (H) 0.3KG	PAPNECKPAD

C SERIES FREESTANDING LEGS

Adapt your C2 Pro-RC or C8-Pro Pilates reformer to freestanding without with these simple to attach locking legs

Note: this is not required if you have Leg extensions. Does not work with C1 and non RC C2-Pro reformers



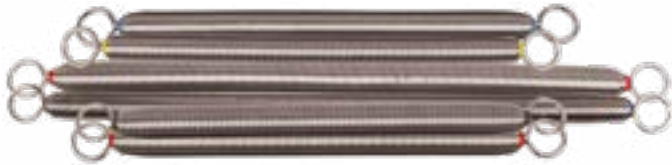
PRODUCT	CODE
FREE STANDING LEGS	PAPCFREELEGS

ACCESSORIES & SPARES

Fine tune your reformer and Pilates studio with extra accessories including carriage protectors, neck pillows, replacement ropes, straps, springs or handles as well as gondola or roll up poles.

UNIVERSAL SPRINGS

Our springs are made from top quality nickel plated Music Wire. Springs are standardized on all Align-Pilates equipment, except the Combo chair.



REFORMER/HALF CADILLAC	CODE
47CM - VERY LIGHT (VL) ●	PAPSPRINGSVLIGHT
47CM - LIGHT (L) ●	PAPSPRINGSLIGHT
47CM - MEDIUM (M) ●	PAPSPRINGSMED
47CM - STRONG (S) ●	PAPSPRINGSSTRONG
64CM - VERY LIGHT / MEDIUM/ STRONG ●●●	PAPSPRINGL



CHAIR/TRAPEZE	CODE
47CM STRONG ●	PAPSPRINGCHS
47CM X-STRONG ●	PAPSPRINGCHXS

SPRING SUPPORT FOR V. LIGHT SPRING

Spring Cover designed to support the very light spring for those wishing to use this on a reformer.



FOR USE WITH	CODE
VERY LIGHT OR LIGHT SPRING	PAPSPRINGCOVERS

UNIVERSAL REFORMER ROPES

Our whipped reformer ropes are black to avoid showing dirt and are sold in pairs. Choose from the new “silent” design, which has an enlarged eyelet in the rope but no noisy metal hardware (for use with silent handles only) or, traditional ropes with dog clips. Both are suitable for any reformer using a rope of 2.8m or less and are sold in pairs.



DIMENSIONS	TYPE	CODE
2.8 M	METAL CLIPS	PAPROPESBLK
2.75 M	SILENT (NO CLIPS)	PAPROPESBLKS

PRO ROPE ADJUSTERS

Quickly and easily adjust or install your ropes with the addition of the Pro Rope Adjusters to your reformer! Note these are included on M2 Pro & the A8-PRO.



COMPATIBILITY	TYPE	CODE
A2R / A2RII / C*PRO	METAL	PAPROPECTRL

SILENT ROPE PULLEY

The Align-Pilates Silent Rope Pulley and Spring are the latest development in our quest for a totally silent Pilates reformer! Our patented design ensures complete silence from the pulley spring and eyelet, regardless of the angle the pulley moves. The silent rope pulley can be retrofitted to any A2*, C, F, and H series Align-Pilates reformer and the silent pulleys are standard for all Align-Pilates commercial reformers manufactured since 2018. Along with our silent ropes, silent handles, silent foot strap and performance wheels this is an excellent retro fit performance enhancement for your Align-Pilates reformer!



FOR	CODE
ANY A2/C/F/H SERIES REFORMER	PAPPULLEYSIL

EXTENSION STRAPS FOR 1/2 CADILLAC



PRODUCT	CODE
EXTENSION STRAP 80CM LONG (PAIR)	PAPEXTENSION

SILENT FOOT STRAP WITH FLUFFY



PRODUCT	CODE
SILENT FOOT STRAP WITH FLUFFY	PAPFOOTSTRAP

ANKLE STRAPS (PAIR)



PRODUCT	CODE
ANKLE STRAPS (PAIR)	PAPANKLE

CARRIAGE PROTECTORS

Carriage protectors add an extra 6mm of cushioning to your carriage for extra comfort whilst protecting your upholstery. They also add a little colour to your studio. The carriage protectors are made for an exact fit, so will not work with other brands. Use either way up for colour and pattern variation.



FOR	COLOUR	CODE
A SERIES	AUBERGINE / GREY OR BLUE / GREY	PAPA2TOPPER
C2*/ C8-PRO	AUBERGINE / GREY OR BLUE / GREY	PAPC2TOPPER

PERFORMANCE WHEELS

Get a better performance from your Pilates reformer with these European engineered plastic wheels. We've refined these wheels for a quieter, smoother and cleaner ride. These wheels are standard for all Align-Pilates reformers manufactured from 2018. Along with our silent ropes, patented silent pulleys, silent handles and silent foot strap these are an excellent retro fit performance enhancement for your Align-Pilates reformer! *Note: wheels sold individually.*



FOR USE ON	CODE
ANY C* SERIES REFORMER	PAPWHEELC2P
ANY A2* SERIES REFORMER	PAPWHEELA2P

LOOP STRAPS (PAIR)



PRODUCT	CODE
DOUBLE LOOP SILENT STRAP (PAIR)	PAPSTRAPDLS
DOUBLE RING FOOT/HANDLE STRAP (PAIR)	PAPSTRAP

PADDED HANDLES (PAIR)



PRODUCT	CODE
PADDED HANDLES (PAIR)	PAPHANDLE

TPE ANTI-SLIP PADS

Introducing the all new anti-slip pad to help prevent slipping on Pilates reformers & equipment. Can be used to hold a mat on a ladder barrel or arc when extra padding is wanted. Made from TPE which is recyclable and degradable. Made from TPE.



DIMENSIONS	COLOUR	CODE
42CM X 29CM X 4MM	AUB/GREY	PAPANTISLIPTPE-AUBGRY
42CM X 29CM X 4MM	DARK BLUE/GREY	PAPANTISLIPTPE-BLUGRY
42CM X 29CM X 4MM	PURPLE/GREY	PAPANTISLIPTPE-PURGRY

ANTI-SLIP PADS

Anti-Slip pad for use on Pilates apparatus to prevent slipping. Also useful to hold a mat on a ladder barrel or arc when extra padding is wanted. Phthalate Free PVC.



DIMENSIONS	COLOUR	CODE
40CM X 30CM X 3MM	BLACK	PAPANTISLIP-BLK
40CM X 30CM X 3MM	RED	PAPANTISLIP-RED

MAT WORK ACCESORIES

We now have a fantastic selection of professional quality matwork accessories to complete your Pilates Studio with!

ALIGN-PILATES ISOTONER RING 12 OR 14"

Rings are commonly used in Pilates to add intensity to floor exercises. The ring's resistance speeds up toning by targeting specific muscles. Especially useful in problem areas like the inner and outer thighs, upper arms, the chest and even the pelvic muscles. The Pro edition Pilates Isotoners from Align-Pilates feature the classic double handle design and quality sprung steel rings. Available in 12" or 14".



DIMENSIONS	CODE
12"Ø	PAPRING12
14"Ø	PAPRING14

PADDED PILATES RING - DOUBLE HANDLE

Lightweight double handled Pilates isotoner, with foam padded fibre glass ring for extra comfort. This 14" ring offers slightly lighter resistance than the Align-Pilates Steel Isotoner ring (above), but this has been a best seller for many years.



DIMENSIONS	CODE
14"Ø DOUBLE HANDLE FIBRE GLASS	PAPRING14L

SOFT WEIGHTS

Soft weights are designed for strengthening, plyometrics, balance training and mobilisation exercises. In addition to offering a more fluid range of motion to using a standard dumbbell, the soft weight design is safer, reducing the risk of damage or injury if dropped. The shape also helps to promote the development of functional grip strength. **PVC OUTER SHELL WITH IRON SAND FILLING.**



DIMENSIONS	COLOUR	CODE
2 X 0.5KG. 10CMØ	GRAPHITE	PAPSOFT1
2 X 1KG. 10CMØ	GRAPHITE	PAPSOFT2
2 X 1.5KG. 10CMØ	GRAPHITE	PAPSOFT3

7" & 9" EXER-SOFT BALLS

The Align-Pilates soft Pilates ball is perfect for matwork, and use on a Pilates reformer and apparatus or part of physiotherapy and rehabilitation routine. It helps to target and strengthen smaller muscle groups, perfect for pelvic floor exercises, as well as deep core muscles. It can also help to develop endurance, concentration, and coordination. This softball, also known as an over ball, is anti-slip which provides excellent grip. These balls are super popular for adding variation and interest for clients as well as providing support and gentle resistance. **DINP PVC. FACTORY TESTED AS BURST RESISTANT AT 100KG.**



DIMENSIONS	COLOUR	CODE
18CM (7")Ø	PURPLE	PAPEXBALL7
23CM (9")Ø	LIGHT BLUE	PAPEXBALL9

PILATES BLOCKS

We have a selection of varying sized blocks which are a useful prop in every Pilates studio. The smallest is generally used as a head block, or for very small adjustments, the mid-size has a variety of edges for different purposes, and then the largest block which is ideal for use as a sitting block to level the pelvis. First Grade EVA foam.

MATERIAL: CLOSED CELL. WIPE CLEAN EVA FOAM.



DIMENSIONS	CODE
1" X 6" X 9" BLOCK	PAPBLOCK169
3" X 6" X 9" BLOCK	PAPBLOCK369
2" X 10" X 13" BLOCK	PAPBLOCK21013



ALIGN-PILATES STUDIO MAT 10MM

Align-Pilates Studio Mat perfectly balances size and weight offering excellent cushioning and memory . Available without eyelets in 10mm and with eyelets in 10mm or 15mm. Made from 100% degradable TPE. Impermeable and hygienic; PVC & LATEX Free.



DIMENSIONS	COLOUR	CODE
NO EYELET 180CM X 60CM X 10MM	GRAPHITE	PAPMAT10
EYELET 180CM X 60CM X 10MM	GRAPHITE	PAPMAT10EYE



EXERCISE MAT RACK

Adjustable Mat Rack available for use with Eyelet Mats like the Align-Pilates studio mat, the club aerobic & core fitness mats. Can be used with mats with eyelets 36cm to 51cm apart. Min. hole diameter is 1.95cm.



CODE
FMATRACK20

HAND WEIGHTS

Pro Hand Weights with straps are made from steel handle with non-slip NBR foam covering for a soft and comfortable grip, complete with elasticated strap for added safety. Great for use while walking, jogging and aerobics as they help to tone your arms and increase workout intensity.



DIMENSIONS	COLOUR	CODE
2 X 0.5KG	PINK	FDBELLHAND05
2 X 0.75KG	PURPLE	FDBELLHAND3Q
2 X 1KG	GREEN	FDBELLHAND1

TEACHER'S KIT BAG

An extra large kit bag especially designed for Instructors fit your class mats, blocks, rings, soft weights and bands into this bag with ease. Includes two large A4 pockets for paperwork storage, and an easy zip fold top to assist when putting your accessories away, or taking them out. This extra large bag can carry many different kit combinations.



DIMENSIONS	COLOUR	CODE
67CM [L] X 46CM [H] X 30CM [W]	BLACK	YBAGKITXL

BALANCE PODS

Increase your coordination, improve your balance and challenge your core with these Balance Pod Domes by Fitness-Mad. Designed to help develop your core strength muscles such as your abdomen, back and pelvis by adding extra challenge to numerous bodyweight exercises, they also help to improve your balance which can help with body toning and posture. These Balance Pod Domes feature a flat side and a dome side covered with small spikes, meaning you can use them flat or dome side up for varying levels of difficulty. Ideal for physiotherapists, sports therapists, personal trainers and fitness instructors to use for programmes for their clients, or for home use. Sold in pairs.



DIMENSIONS	CODE
8CM X 16.5CMØ	FPODDOME

RESISTANCE BANDS & MULTI PACKS

Resistance bands in packs of 10 are perfect for studios. Each band is sealed in its own zip lock bag plus there is one user guide per 10 pack. Ideal for clubs, 10 packs are a much more professional alternative to buying rolls.



DIMENSIONS	COLOUR	CODE
LIGHT - RED MULTI	BEGINNERS & REHAB	FRESBAND9LX10
LIGHT - RED SINGLE	USERS	FRESBAND9LO
MEDIUM - BLUE MULTI	FAMILIAR & MODERATE	FRESBAND9MX10
MEDIUM - BLUE SINGLE	USERS	FRESBAND9MO
STRONG - BLACK MULTI	STRONG, ATHLETIC	FRESBAND9SX10
STRONG - BLACK SINGLE	USERS	FRESBAND9SO

BALANCE PAD

A balance pad is an excellent prop for use with a combo chair, where greater cushioning is required. Ideal for working with rehab clients.



DIMENSIONS	CODE
39.5CM X 47.5CM X 5.8CM 0.7KG	FBALANCE



toesox®

Align-Pilates sister company, The-Mad Group, is the exclusive UK & Benelux distributor for ToeSox and Tavi Noir grip sock brands from the USA.



ToeSox unique five-toe design allows the entire foot to perform naturally, encouraging the toes to separate and activate the muscles in the feet. They help to increase dexterity, tactile sensitivity and awareness during any activity. ToeSox help strengthen the muscles of your feet allowing for better circulation, balance and posture. Plus they are hygienic and practical, keeping your feet warm during normal barefoot activities, whilst preventing you from slipping.

Styles



Bellarina Bella Elle



Low Rise Mia Luna



Scrunch Knee High Grip Gloves Ankle

Core Colours



Please note: the product images shown are only a small selection of what we stock, to show examples of styles and colours. To see the full range of ToeSox or Tavi Noir, to enquire about becoming a stockist, and for further information please call us on: +44(0)1386 425 928 or visit www.mad-hq.com/toesox-home
Available in Full & Half Toe styles. Colours & styles are subject to availability.

tavi noir

Tavi Noir are the sock to wear if you're unable to wear a regular ToeSox. The special high density silicone is designed to last through many washes and physical wear. Step into the studio in grip socks which keep your feet safely in place and your workout style on pointe. Tavi Noir plays with colour while supporting your strong body.

We will see you at the Barre, on the Pilates reformer and flowing in yoga.



Available in a range of styles:

Low Rise, Crew, Knee High and Over the Knee styles for endless choices!

Please note: products shown are only a small selection of colours and styles we stock, please contact us for further information.

Merchandising stands available to purchase for retailers, gyms, clubs and studios!



Chloe Emma Jess Lola



Savvy Chey Maddie Lily



Selah Stella Kris



Levi Charlie Johnny

PILATES TEACHER OR STUDIO OWNER?

GET DISCOUNTS ON A HUGE RANGE OF PILATES, YOGA AND FITNESS ACCESSORIES WITH ONE OF OUR TRADE ACCOUNTS - VISIT [OUR WEBSITE](#) FOR DETAILS.

STUDIO BOOKLET

CHECK OUT ALIGN-PILATES STUDIOS FROM AROUND THE WORLD.

INT'L DISTRIBUTORS

LOOKING FOR AN ALIGN-PILATES DISTRIBUTOR NEAR YOU? CHECK OUT OUR DISTRIBUTORS ONLINE.

ALIGN-PILATES EVENTS

SEE WHERE WE WILL BE EXHIBITING NEAR YOU SO YOU CAN TRY THE EQUIPMENT FOR YOURSELF.

ALIGN-PILATES VIDEOS

FOR A RANGE OF HOW-TO VIDEOS AS WELL AS SOME ONLINE CLASSES FOR HOME USERS PLEASE VISIT OUR YOUTUBE CHANNEL

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STAR TRAC GREECE ΕΠΕ,
Παπαφλέσσα 1Α', Ελληνικό 16777,
Τηλ. 2109632638, E-mail: sales@starfitness.gr
www.starfitness.gr

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