



PRODUCT CATALOGUE

SPART[®]
SMART TRAINING SOLUTIONS





IMPROVE YOURSELF

HARD TRAINING FOR BODY
AND MIND

SPART





SPART PHILOSOPHY

Strength, balance and agility: these are the three keywords on which we build a collection entirely dedicated to the functional training.

The SPART name comes from the old Greek warriors, which is the most strong fighter in the world! Our equipments allow you to focus on managing your own body weight that fights against the gravity force.

Our philosophy is to think of your training as a way to develop and improve your strength, coordination and balance, giving the best-quality tools in order to achieve it.

Discover our SMART TRAINING SOLUTIONS!

PRIMORDIAL MOVEMENTS IN THE DNA



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07

WEIGHT LIFTING

HEX BAR
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KETTLEBELL, WEIGHT PLATE & BARBELLS
WEIGHTLIFTING PLATFORM
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HEX BAR

TECHNICAL MEASURES

ASSEMBLY SIZE: 168 x 80 x 29CM

MAIN PIPE: 50 x 3MM

PACKING SIZE: 96 x 45 x 19CM(SPLIT DESIGN IN SMALL PACKAGE)

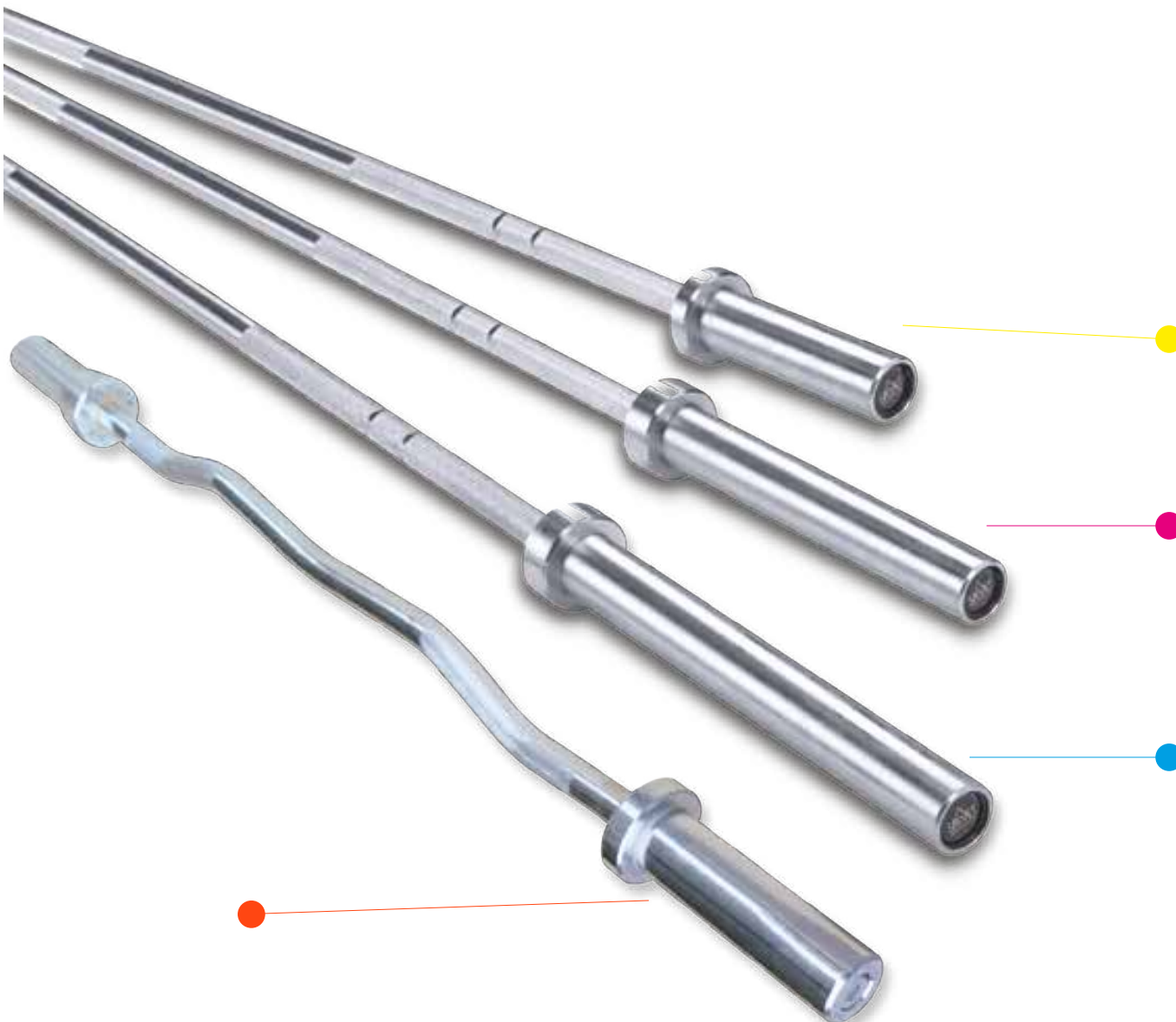
G.W./N.W.: 27KG / 24KG

MAX LOAD: 300KG

PRODUCT FEATURES

Ideal for Dead lifts, Squats, Shrugs, Farmers Walk and Core Fitness
The SPART Hex Bar comes with rotating handles which enables a user to vary the grip, intensifying and adjusting the workout. Three different handles ranges which can adapt to any workout.
Patent num. 201130240929.9, 201110209953.5, 201120265670.8

▷ OBM-86-80-66-47C



OLYMPIC BAR

PRODUCT FEATURES

- **OLYMPIC WL BAR(OBM-86)**
Total Length: 2200mm
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
20KG 28MM BEARING 190K PSI TENSILE STRENGTH
- **WOMEN'S OLYMPIC WL BAR(OBM-80)**
Total Length: 2010mm
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
15KG 25MM BEARING 190K PSI TENSILE STRENGTH
- **JUNIOR TRAINING BAR(OBM-66)**
Total Length: 1680mm
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
10KG 25MM BEARING 150K PSI TENSILE STRENGTH
- **SHAPED BAR(OBM-47C)**
Total Length: 1200mm
Satin Finish: Abrasion resistant industrial hard rock oxide on the bar and chrome on the sleeves
10KG 28MM BEARING 150K PSI TENSILE STRENGTH

BAR PAD

TECHNICAL MEASURES

Size: Length: 45 cm

▷ WE7003



BARBELL PAD

TECHNICAL MEASURES

It is designed with high-density thick foam, which provides supreme cushion (even with very heavy weights) where the body contacts the barbell to provide maximum cervical vertebrae (neck) support.

Size: 100 x 100 x 450mm

▷ WE7004



GIMNASTIC GRIPS

TECHNICAL MEASURES

This beginner grip is a basic palm protector made of soft leather
Polypropylene wrist cuff and hook and loop closures

Size: S, M, L, XL

▷ WE7005



▷ CL1003



▷ CL1001



▷ WL4500



▷ FK1018



▷ WL8014



BARBELL COLLARS

CL1003 Aluminium
CL1001 Plastic

Designed to be used on 50mm Olympic Bar
Sleeves
Rubberized interior lining to protect bar
Locking clamp mechanism for secure hold

BAR SUPPORT

WL4500 Bar support nine barbells
WL4500 Assembly Size: L50 x W50 x H16cm

FK1018 Bar support eight barbells
FK1018 Assembly Size: L83 x W50 x H30 cm

GYM CHALK

TECHNICAL MEASURES

It is designed for climbing on rock or artificial walls. It's also great for use on flying trapeze or for absorbing excess adhesive after taping an aerial hoop.

RUBBER BUMPER PLATE

TECHNICAL MEASURES

Plates feature solid rubber construction
Include solid steel inserts to protect
equipment as well as facilitate easier plate
loading and removal
Durable, rugged plates are engineered to
meet the most demanding bumper plate
standards

Drop test :
2m x 5000 repetitions
Steel rim bushing.
Weights:
5kg-25kg in 5kg increments

▷ WL5001



BUMPER PLATE RACK

TECHNICAL MEASURES

Assembly Size: 146x34x28cm

The rack can be loaded with bumper plate:
1.25kg x 4pcs, 2.5kg x 2pcs,
5kg x 2pcs, 10kg x 2pcs,
15kg x 2pcs, 20kg x 2pcs
25kg x 2pcs

▷ WL5002



URETHANE BUMPER PLATE(CPU)

TECHNICAL MEASURES

CPU Urethane encased outer shell provides
unsurpassed durability
One-piece steel hub, no bolts or welds
Urethane shell is molded and cured around
a large inner flange to ensure strength and
stability of the bumper as one unit
Urethane encasing has low bounce crea
ting a safer environment for athletes

Drop test :
2m x 10000 repetitions
Steel rim bushing.
Weights:
5kg-25kg in 5kg increments

▷ WL5005



▷ WL5006



▷ WL5009



▷ WL6021



URETHANE BUMPER PLATE

TECHNICAL MEASURES

Weights:
1kg, 1.5kg, 2kg, 2.5kg

BLACK BUMPER PLATE

TECHNICAL MEASURES

Drop test: 2m x 5000 repetitions
Steel rim bushing
Weights: 5kg-25kg in 5kg increments

CLUBBELL

SPART clubbells have a special knurled handle and are made of polyurethane, so excellent quality, strength, grip and durability.

Weights from 2.25 to 20.25 kg.

Black colour.

COMPETITION STEEL KETTLEBELL

TECHNICAL MEASURES

Steel kettlebells have an unpainted handle, allowing chalk to stick better. Competition colors are used for easy identification. All kettlebells are the same size and diameter-makes going up in weight an easier transition.

Weights:
8kg-24kg in 2kg increments
28kg, 32kg, 40kg, 44kg, 48kg

SOFT KETTLEBELL

TECHNICAL MEASURES

Made of heavy-duty vinyl, strong and hard-wearing.
Black painting iron handle.
Don't worry about dropping them on your toe or damaging your floor by accident.

Weights:
4kg-16kg in 2kg increments

CLASSICAL KETTLEBELL

TECHNICAL MEASURES

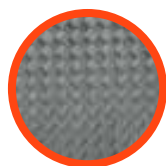
One piece, cast iron bell has no fillers.
New coating makes bells more consistent and durable.
Use for squats, cleans, jerks, snatches, rotational swings and more.

Weights:
4kg, 8kg-20kg in 2kg increments
24kg, 28kg, 30kg, 32kg, 36kg, 40kg

▷ WL6002



▷ WL6003



▷ WL6001



▷ WL6007



▷ WL7103



▷ WL7104



PRO STYLE KETTLEBELL

Professional kettlebells with different color for each weight increment. The wide and flat base allows stability and safety when used as a support for various exercises. All kettlebells feature a matte black, powder coat finish.

Weights: 4kg-12kg in 2kg increments;
16kg-32kg in 4kg increments

URETHANE KETTLEBELL

TECHNICAL MEASURES

The new kettlebell range delivers the durability, toughness and performance exercisers expect from hammer strength. Featuring a rugged rubber shell and smooth handle, these kettlebells help both athletes and everyday exercisers achieve outstanding results.

Weights:
4kg-12kg in 2kg increments
16kg-24kg in 4kg increments

KETTLEBELL RACK

TECHNICAL MEASURES

Assembly Size: 120 x 52 x 85 cm

RUBBER HEXAGON DUMBBELL

TECHNICAL MEASURES

Cast metal dumbbell heads encased with a thick rubber coating to prevent chipping and help protect floors and equipment. Solid steel knurled ergonomic handle with zinc coating.

Weights:
1kg-10kg in 1kg increments
12.5kg-50kg in 2.5kg increment
55kg-80kg in 5kg increments

▷ WL3005



▷ WL7101

URETHANE DUMBBELL

TECHNICAL MEASURES

Novel exterior, eco-friendly Polyurethane material, high quality, Commercial resistance to high impacts, Steel inside with Hard Chrome handle, Top quality for the professional gym!

Weights:
1kg-10kg in 1kg increments
12.5kg-50kg in 2.5kg increments



▷ WL7105

URETHANE OLYMPIC PLATE

TECHNICAL MEASURES

Aesthetically pleasing design. Perfect for the professional gym! Eco-friendly polyurethane. Commercial resistance to high impacts. Stainless steel rim.

Weights:
1.25kg 2.5kg 5kg-25kg in 5kg increments



▷ WL3105



▷ WL7102 WL7112



▷ WL7106



DUMBBELL RACK

TECHNICAL MEASURES

Assembly Size: 143 x 65 x 87 cm

DUMBBELL RACK

TECHNICAL MEASURES

WL7102(6 Pairs)

Assembly Size: 125 x 52 x 81 cm

WL7112(12 Pairs)

Assembly Size: 245 x 52 x 81 cm

PLATE RACK

TECHNICAL MEASURES

Assembly Size: 130 x 103 x 121 cm

URETHANE BARBELL SET

TECHNICAL MEASURES
10kg-45kg in 5kg increments

URETHANE BARBELL SET

TECHNICAL MEASURES
10kg-45kg in 5kg increments

BARBELL RACK

TECHNICAL MEASURES
Assembly Size: 106 x 90 x 126 cm

▷ WL7107



▷ WL7108



▷ WL7109





WEIGHT LIFTING PLATFORM

TECHNICAL MEASURES

ASSEMBLY SIZE : 256 x 206 x 3.2CM

PRODUCT FEATURES

The weightlifting platform has a 50×25mm steel frame that bolts together.

Easily with gusseted comers.

The rubber surface is shock absorbing and will cause less wear and tear on your equipment

It also dampens the sound when dropping a fully loaded barbell.

Also it is with additional band peg set for your dynamic effort work.



WOODEN JERK BLOCK

TECHNICAL MEASURES

SIZE :

76 x 43 x 6CM

91 x 51 x 15CM

91 x 51 x 30CM

91 x 51 x 38CM

PRODUCT FEATURES

The jerk blocks are not limited to only the push jerk, some other potential uses would be: partial deadlifts, barbell rows, box jumps, shoulder presses, step ups, bodyweight bar rows, and more.

The top platform must be used on top of the stack when the sets are in use.



POWER BAND

TECHNICAL MEASURES

A power lifter's favorite! Resistance bands attach to bars and benches for added resistance during lifts. Bands are also an effective stretching tool. Sturdy seamless construction.

Size:

200cm x 1.3cm x 0.45cm
(Resistance is 7kg - 16kg)
200cm x 2.2cm x 0.45cm
(Resistance is 11kg - 30kg)
200cm x 3.2cm x 0.45cm
(Resistance is 16kg - 38kg)
200cm x 4.4cm x 0.45cm
(Resistance is 22kg - 56kg)
200cm x 6.5cm x 0.45cm
(Resistance is 30kg - 80kg)

HANDLEBARS

REVOLVING LAT BAR

▷ WL8100



REVOLVING LAT BAR

▷ WL8101



REVOLVING LAT BAR

▷ WL8102



REVOLVING LAT BAR

▷ WL8103



REVOLVING CURL BAR

▷ WL8200



REVOLVING LAT BAR

▷ WL8201



REVOLVING CURL BAR

▷ WL8202



REVOLVING CURL BAR

▷ WL8203



REVOLVING CURL BAR

▷ WL8204



TRICEP PRESS DOWN BAR

▷ WL8300



REVOLVING PRESS DOWN BAR

▷ WL8301



TRICEP PRESS DOWN BAR

▷ WL8302



MULTI PURPOSE V-BAR

▷ **WL8303**



REVOLVING MULTI EXERCISE BAR

▷ **WL8304**



SINGLE TRICEP ROPE

▷ **WL8305**



PRO TRICEP ROPE

▷ **WL8306**



SINGLE GRIP HANDLE

▷ **WL8307**



REVOLVING LOW PULLEY BAR

▷ **WL8308**



CABLE ATTACHMENT RACK

▷ **WL8400**

Assembly Size : 47 x 43 x 101cm



SINGLE GRIP HANDLE

▷ **WL8307**



LOW PULLEY BAR

▷ **WL8309**



SINGLE GRIP HANDLE STRAP

▷ **WL8310**



SPRING COLLARS

▷ **WL8501**

Ideal for Ø 30mm bar



SPRING COLLARS

▷ **WL8502**

Ideal for Ø 30mm bar





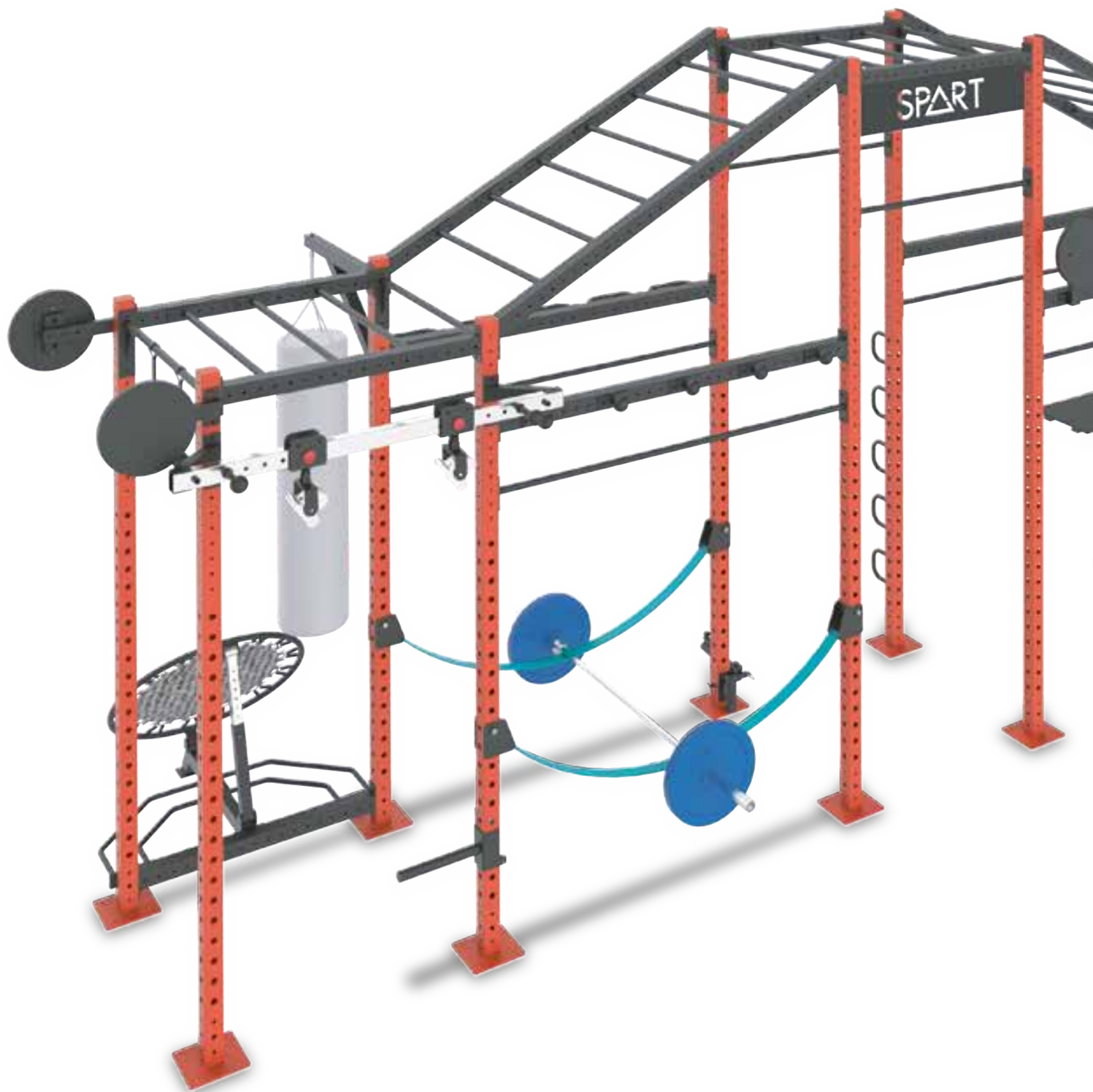


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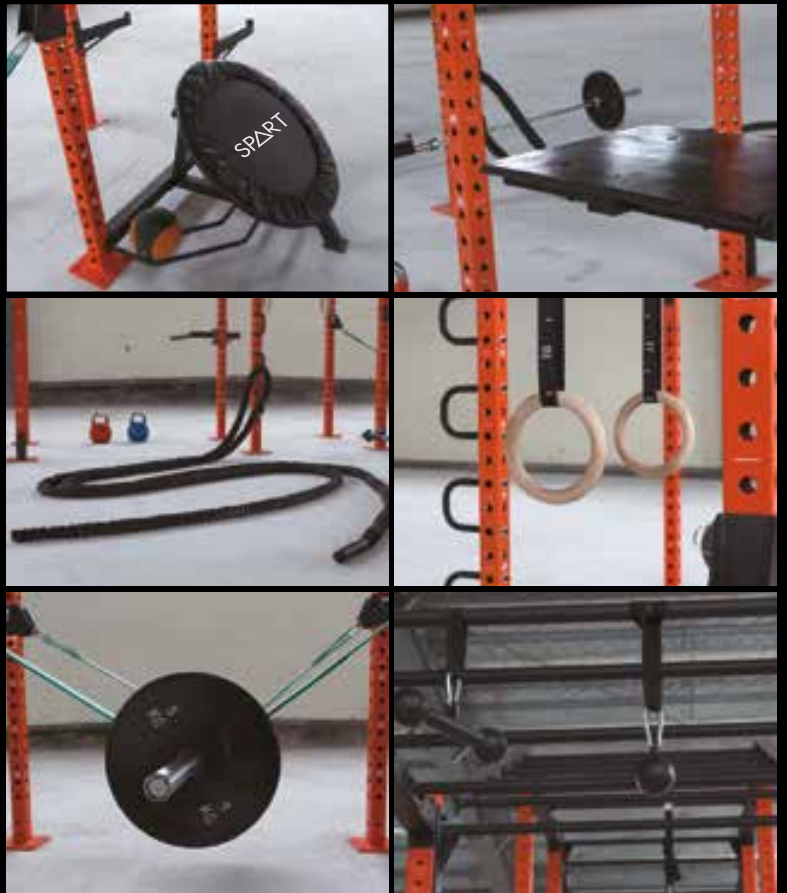
STRENGTH & FUNCTIONAL EQUIPMENT

FUNCTIONAL TRAINING STATION
CROSSRIG COMPONENTS
POWER RACK
FLAT BENCH
ADJUSTABLE BENCH
GHD
SQUAT RACK
STORAGE RACK
FLOORING MAT

▷ ST1001



FUNCTIONAL TRAINING STATION



ACCESSORIES NOT INCLUDED.

TECHNICAL MEASURES

ASSEMBLY SIZE : L827 x W227 x H368CM

PRODUCT FEATURES

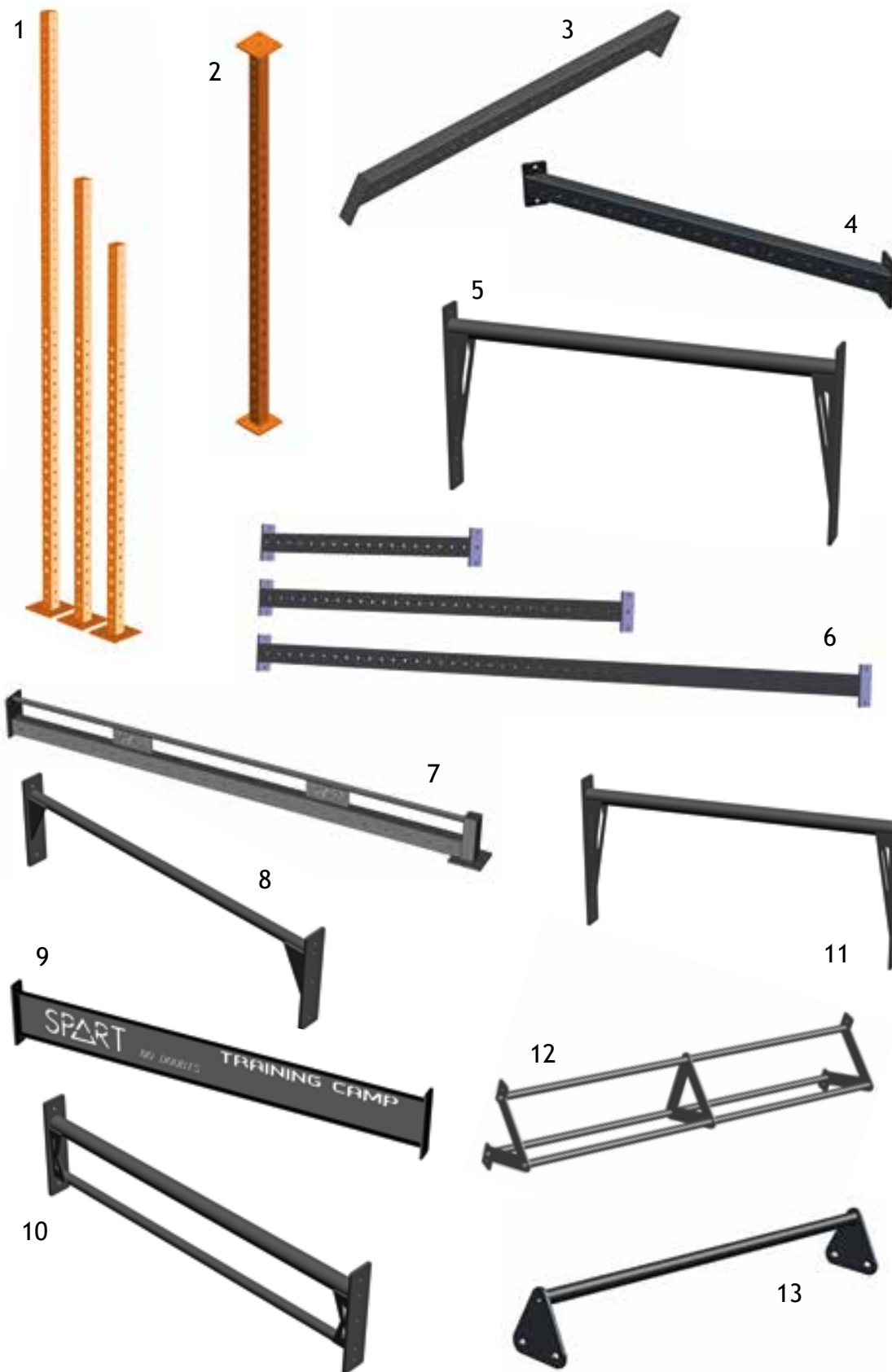
Provides a dedicated space for countless functional training exercise.

Monkey bars are great for developing shoulder and arm strength.

Attach any bodyweight training device, such as climbing ropes, rings etc for unique training options.

Includes specially designed holders for resistance bands, training ropes, Olympic Bars and weight plates.

/01 STRENGTH & FUNCTIONAL EQUIPMENT CROSSRIG COMPONENTS



BODY COMPONENTS

1. **CF1002-A1/A2/A3**

UPRIGHT TUBE
2,7 / 3,7 / 2,4m

2. **CF1002-A3B**

UPRIGHT TUBE DOUBLE FLANGE
2,4m

3. **CF1002-B1/B2**

ELEVATION CROSSBAR
1,08 / 1,8m

4. **CF1002-B3**

ELEVATION CROSSBAR
0,8m

5. **CF1002-C1/C2**

MONKEY BAR
1,8 / 1,08m

6. **CF1002-E1/E2/E3**

CROSS BAR
1,8 / 1,08 / 2,8m

7. **CF1002-E8**

CROSS BAR BRIDGE
2,8m

8. **CF1002-F1/F2**

CHIN-UP BAR
1,8 / 1,08 m

9. **CF1002-Z8**

CONNECTION SPART
1,8m

10. **CF1001-B1/B2**

CHIN-UP BAR
1,8 / 1,08 m

11. **CF1001-C1/C2**

OVERPASS
1,8 / 1,08 m

12. **CF1001-J1/J6**

TRIANGULAR CROSSES
1,8 / 1,08 m

13. **CF1001-J4/J5**

UP & DOWN BAR
1,08 / 1,8m

/01 STRENGTH & FUNCTIONAL EQUIPMENT CROSSRIG COMPONENTS

CHIN UP BAR

14. **CF1001-E1/E2**

PULL UP RAMP
1,08 / 1,8m

15. **CF1001-O**

SLIDING PULL UP SYSTEM

16. **CF1002-G1**

CHIN-UP BAR

17. **CF1002-G2**

CHIN-UP BAR

18. **CF1002-G3**

CHIN-UP BAR

19. **CF1002-G4**

CHIN-UP BAR
1,08m

GRIP TRAINING

20. **CF1002-I1**

D SHAPE HANDLE

21. **CF1002-J1**

RACK BALL

DIP HORN

22. **CF1001-M**

DIP HORN

23. **CF1001-G**

DIP HORN

WALL BALL TARGET

24. **CF1001-F2**

LONG WALL BALL TARGET

25. **CF1002-O1**

WALL BALL TARGET

BAND PEGS

26. **CF1001-I2**

POWER BAND PEGS SET

27. **CF1001-I**

PEGS BAR



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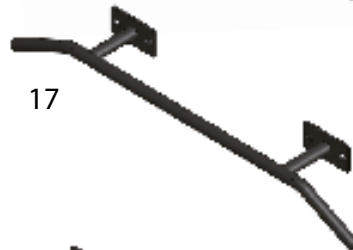
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/01 STRENGTH & FUNCTIONAL EQUIPMENT CROSSRIG COMPONENTS

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BAR AND SAFETY HOLDER

28. **CF1001-D1**
J HOOKS

29. **CF1001-D2**
SAFETY HOLDER

30. **CF1001-N**
SLING BRIDGE
1,8m

SINGLE STATION

31. **CF1001-K1**
PULLEY STATION
WEIGHT STACK

32. **CF1001-K3**
PULLEY STATION PLATE

33. **CF1001-L5**
PLYO BOX BOARD

34. **CF1001-Q1**
ROTATIONAL CORE

35. **CF1001-S2**
PUNCHING BAG

36. **CF1001-V**
TRAMPOLINE

37. **CF1001-V2**
TRAMPOLINE

38. **CF1001-W1**
SISSY SQUAT

39. **CF1001-W2**
GHD

40. **CF1001-W4**
ABDOMINAL BENCH

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/01 STRENGTH & FUNCTIONAL EQUIPMENT CROSSRIG COMPONENTS

ROPE ATTACHMENTS

41. **CF1001-02**
A-HANGER WITHOUT RINGS

42. **CF1001-05**
HOOK

43. **CF1002-I11**
HOOK

44. **CF1002-I2**
U HANDLE FOR ROPE

45. **CF1002-I5**
BRAZILIAN ROPE ONE DRUM

STORAGE

46. **CF1001-H1**
PLATE STORAGE

47. **CF1001-H2**
BAR HOLDER

48. **CF1001-R2/R7**
DUMBBELL STORAGE
1,08 / 1,8m

49. **CF1001-R3/R8**
KETTLEBELL STORAGE
1,08 / 1,8m

50. **CF1001-R4/R9**
SLAM & MED. BALL STORAGE
1,08 / 1,8m

51. **CF1001-R5/R10**
GYM BALL STORAGE
1,08 / 1,8m

52. **CF1001-R6/R11**
OLYMPIC WEIGHT STORAGE
1,08 / 1,8m

53. **CF1001-S**
PUNCHING BAG BRACKET

54. **CF1067-12**
PLATE STORAGE SLEEVE



▷ ST1003



POWER RACK



TECHNICAL MEASURES

ASSEMBLY SIZE : 226 x 234 x 225CM

PRODUCT FEATURES

Extremely stable base to support the hardest cross trainer.
Perform any exercise you would normally perform on a regular power rack such as presses, lifts, squats.
Can be used with the optional bumper plate toaster rack for tidy storage and easy selection of bumper plates.



▷ ST1005



FLAT BENCH

TECHNICAL MEASURES

ASSEMBLY SIZE : L134 x W61 x H46CM

PRODUCT FEATURES

Backrest = 120cm (Length) x 30cm (Width) x 6cm densely thick padding. Gives you some of the best free weight exercises to build a rock solid body!

Get a full-body workout with the strongest and most versatile Flat Bench available.

Front handle & Dual rear transport wheels allows you to easily move and roll the bench anywhere you like without having to pick up the bench completely.

▷ ST1028



ADJUSTABLE BENCH

TECHNICAL MEASURES

Adjustable bench is a reclining bench with exclusive design, equipped with three different seat settings and eight additional back rest positions, allowing a wide variety of exercises. Also easy to move due to handle and built-in wheels.

Size: cm 140 x 65 x 48 (H)

Color: Black – Silver available on request



POWER RACK

TECHNICAL MEASURES

ASSEMBLY SIZE : L126 x W140 x H230CM

PRODUCT FEATURES

Ideal rack for squats & bench press exercises, provides safety when working out.

2 x full length safety bars, 2 x barbell rests, built in solid steel pull up bar.

Solid construction for commercial use.



GHD

TECHNICAL MEASURES

ASSEMBLY SIZE : L221.5 x W74.8 x H109.4CM

PRODUCT FEATURES

The GHD is stable and solidly constructed of steel. Perfect for commercial or home gym use. The half moon pad is made of high density foam and upholstered in vinyl, making it very resistant to crushing and easy to clean. The single pop-pin adjustability makes it easy to change pad-to-foot roller lengths when moving between exercises or athletes. Bolt-together design allows it to be shipped flat, resulting in considerable freight savings.



▷ ST3001



SQUAT RACK

TECHNICAL MEASURES

ASSEMBLY SIZE : L228 x W101 x H186CM

PRODUCT FEATURES

Many incremental adjustments for the perfect height required for your exercise. Weight holder on back for extra storage. Dip handles included as standard (slightly angled so very ergonomic). Adjustable width squat stands.

ST1017



KETTLEBELL SHELF ST1017-B



MEDICINE BALL SHELF ST1017-C



PLATE SLEEVE ST1017-F



DUMBBELL SHELF ST1017-E



ACCESSORY (Band, Belt, etc.) SHELF ST1017-G



UPRIGHT TUBE

ST1017-A10

Height: 1m

ST1017-A15

Height: 1.5m

ST1017-A10W

Height: 1m(with wheels)

ST1017-A15W

Height: 1.5m(with wheels)



WALL BALL/SLAM BALL SHELF ST1017-D



BUMPER PLATE SHELF ST1017-H

MODULAR STORAGE RACK

TECHNICAL MEASURES

Assembly Size: L543 x W40 x H101cm

Shelf Length: 122 cm

PRODUCT FEATURES

This amazing storage rack is expandable to any length and shapes, available in 2-tier and 3-tier.

Fulfill all of your storage needs in one system.

Fully adaptable and expandable in length, size, and trays to choose from.

Additional wheel helps you move it easily.

- ▷ PG1001
- ▷ PG1002



- ▷ PG1003



RUBBER FLOORING MAT

MEDIUM AND
ULTRAFINE GRANULE

TECHNICAL MEASURES

Made in Italy gym floor made of ecological rubber. Shock absorbent and perfect for exercise rooms, multifunctional training areas, and locker rooms. Easy to install, low maintenance. Supplied in black or other colours on request.

Size :
 100 x 100 x 1.0cm
 100 x 100 x 1.5cm
 100 x 100 x 2.0cm
 100 x 100 x 2.5cm

ROLL RUBBER FLOORING MAT

TECHNICAL MEASURES

Made in Italy, durable athletic, gym and exercise flooring. Great for home gym floors, exercise rooms, multifunctional training areas and locker rooms. Easy to install, low maintenance.

Size:
 10 m x 125 cm – thickness 6 mm
 8 m x 125 cm – thickness 8 mm
 6 m x 125 cm – thickness 10 mm





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CONDITIONING EQUIPMENT

AGILITY & SPEED
SLAM BALL
MEDICINE BALL
POWER BAG
SLED
JUMP ROPE
PLYOMETRIC BOX

CONES

TECHNICAL MEASURES

Saucer Cones are bright and easy to see on any surface.

Made of strong, pliable PVC, cones resist damage from direct foot strikes.

Size: 5cm

▷ CD8002



HURDLES

TECHNICAL MEASURES

15/22.5/30/45cm steps for intermediate to advanced polymeric exercise.

Change heights for speed or strength work and lateral movement drills.

▷ CD8001



REACTION BALL

TECHNICAL MEASURES

The random bounces of the reaction ball improve overall coordination.

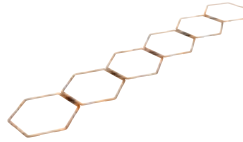
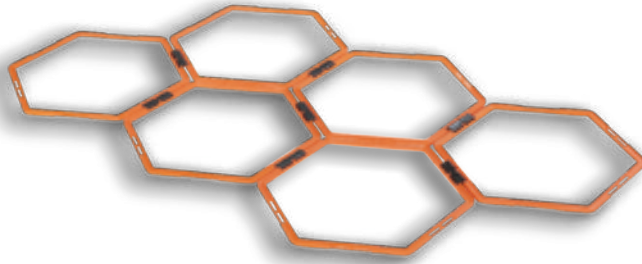
Ball can be bounced off any hard surface.

Dia: 6.7cm

▷ CD8003



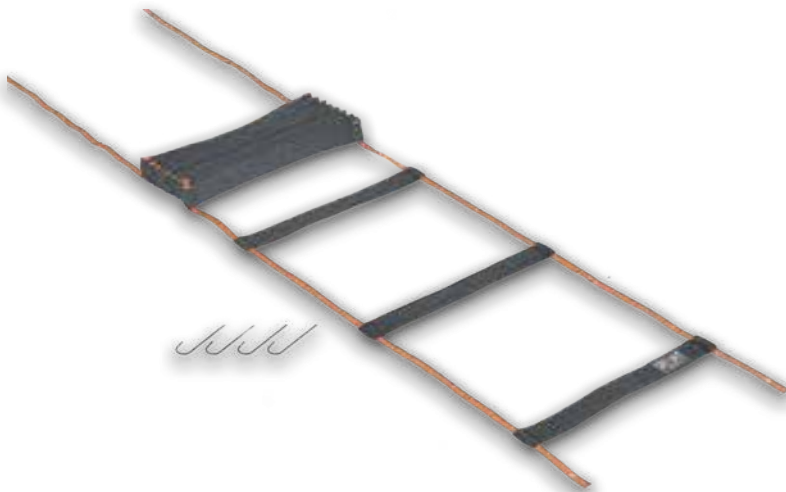
▷ CD8023



▷ CD8004



▷ CD8005



AGILITY RINGS

TECHNICAL MEASURES

Ideal tool to improve foot speed, coordination, overall balance and general fitness. 6 individual rings can create a variety of shapes for preferential needs.

POWER CHUTE

TECHNICAL MEASURES

Increase speed, explosiveness, and acceleration. The power chute provides both resistance and explosive training to improve the 2 key elements of speed: stride length and frequency. Chute opens during training runs for resistance and the Velcro belt allows for mid-stride release for overspeed training.

Power Chute includes: Adjustable belt with storage pocket.

AGILITY LADDER

TECHNICAL MEASURES

Develop rapid, precise foot strikes and focus. Fixed round rungs save set-up time and withstand abuse from cleats and other turf shoes. Use indoors or outdoors. High-impact round PVC rungs.

Includes carry bag. 9.15m L x 50.8cm W ladder has 20 rungs. 4.6m L x 50.8cm W ladder has 10 rungs.

Material: Fabric

TIMER

The Timer offers a variety of standard functions including clock display, stop watch to the hundredths of a second and 20 min count down. In addition, the timer can also be used to program custom intervals and can save up to eight custom programs.

▷ CD8006



▷ CD8008

ROLL OUT LADDER

The Roll Out Ladder resists bunching-up and stays in place on all types of indoor surfaces, and some outdoor surfaces. Made of heavy-duty, durable, non-skid recycled rubber, this ladder quickly unrolls and lies flat, then rolls up for easy storage and portability.
Size: 454 x 41 x 0.35cm



▷ CD8009

RESISTANCE TUBE

Improve speed by training stride length and frequency in 2 athletes simultaneously. The resistance tube provides a smooth, consistent tension for both athletes while offering maximum safety. Swivel waist belt allows athletes to change direction of the tension easily without removing belt. Supplied with 2 belts and 2 elastic bands.
Size: 6 x 13 x 2000mm



▷ CD8019

RESISTANCE TUBE

Made in Italy elastic tube, supplied with belt for traction. Great system for explosive strength training. Available in two versions, length 300 or 120 cm.



▷ CD8010



▷ CD8007



▷ WL7005



CORE TRAINER

TECHNICAL MEASURES

This ground-based rotational training device works the entire body. Perform explosive 1 and 2-arm movements and other rotational exercises simply by inserting any Olympic-size bar (not included) into the pivoting sleeve at the unit's base. A 14cm sleeve is also available to hold standard 2.5cm bars. Portable for use in or out of the weight room.

Assembly Size: 81 x 69 x 27cm
Without Plate & Bar

SLAM BALL

TECHNICAL MEASURES

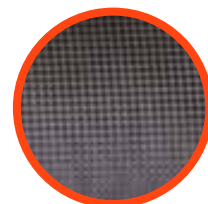
Durable, sand-filled no-bounce balls are ideal for tossing and slamming activities. Heavy-duty rubber shell provides maximum durability. Pliable, tacky surface is easy to grasp and throw. Perfect for rebounder, wall and floor slams.

Weight:
1kg-10kg in 1kg increments
12kg, 15kg, 16kg, 18kg, 20kg, 23kg
25kg, 30kg, 50kg, 70kg

WALL BALL RACK

TECHNICAL MEASURES

Dia.: 77x77x132cm



HEAVY-DUTY VINYL



HEAVY-DUTY VINYL MEDICINE BALL

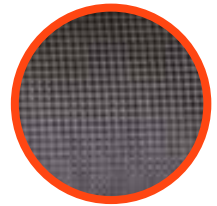
TECHNICAL MEASURES

Dia.: 35.5cm

3kg-13kg in 1kg increments

PRODUCT FEATURES

The soft-shell construction and balanced, uniform weight of this ball make it easy to handle. It is covered with heavy-duty vinyl coated nylon. Water and scuff resistant. This non-slam, oversized ball is ideal for toss-and-catch activities and soft on the hands.



HEAVY-DUTY VINYL

POWER BAG

TECHNICAL MEASURES

5KG-25KG IN 5KG INCREMENTS

PRODUCT FEATURES

POWER BAGS are excellent for complex motion based workouts with multi-joint movements that require a high emphasis on stability. Movement training, such as fast feet, ladder drills, heel flicks etc. Jumps & drops, which are hard to do due to awkwardness of bags. Throwing, hard to achieve with most items other than a medicine ball which doesn't often exceed over 15kg.

Catching and absorbing impact, hard to achieve with most items. Dynamic movements with a partner, throw..move..catch..throw..move..catch.

Total resistant core stability movements.



CORDURA POWER BAG

TECHNICAL MEASURES

One Set Including:
1 Bag + 2 Inner Bags;
max loading 35kg

PRODUCT FEATURES

The sand bags are built with heavyweight Military Spec 1000D Cordura; That means they are tough as nails! This material is relied upon in the most demanding of conditions every day! The Cordura material has a DWR coating to make each sand bag water resistant so you can wash these if needed.

▷ CD8055



TRAM- POLINE

TECHNICAL MEASURES

Size	Box Size	Main Tube	Feet Tube	Feet Q'ty	Spring Q'ty	Spring dia
40"	103×103×5.5(cm)	Φ25X1.0	Φ25X1.5	6	36	3.0

PREMIUM SLED

TECHNICAL MEASURES

This heavy-gauge steel, solid welded construction, 42kg sled trains speed, quickness, and explosiveness. Dual-point harness attachment provides an even load while pulling. Flat bottom rails slide smoothly on most surfaces. 36cm center post accommodates up to 143kg in Olympic plates.

Assembly Size: L121 x W114 x H88cm

Max load capacity: 225kg

▷ CD8014



SMALL SLED

TECHNICAL MEASURES

Assembly Size: L102 x W73 x H84cm

Max load capacity: 135kg

▷ CD8048





▷ CD1101 CD1102 CD1103 CD1105



SPEED ROPE

TECHNICAL MEASURES

● (CD1101)

CABLE SIZE: Φ 2.5MM x 3M

PRODUCT FEATURES

Designed and tested to outperform any other jump rope available. The Speed Rope has an ergonomically-designed handle that eliminates friction. Outstanding durability and unmatched speed in competitive categories. Additional features of the rope include: a height adjustable cord with a vinyl coating and technically superior speed bearings to ensure fluid and precise movement at high speeds.



TECHNICAL MEASURES

● (CD1103)

REMOVABLE WEIGHT PER HANDLE :

40G x 2 OR 75G x 2

CABLE SIZE: $\Phi 2.5\text{MM} \times 3\text{M}$

BEARING: WITH VERSATILE BALL

PRODUCT FEATURES

The optional weight in the handles allows you to push your shoulder and forearm conditioning to their limits! Once you're feeling the burn, you can unscrew the bottom of the handle and remove the weight to relax the common fatigue areas of your forearms and shoulders.

TECHNICAL MEASURES

● (CD1102)

WIREROPE LENGTH: 3M

PP HANDLE WITH SWEATBAND
WITH REMOVABLE WEIGHTS.

DURABLE STEEL CABLE FEATURING STEEL
BALL JOINT FOR SMOOTH ROTATION.

● (CD1105)

ALUMINUM HANDLE
BEARING SWIVEL.

CABLE SIZE: $\Phi 2.5\text{MM} \times 3\text{M}$

SOFT PLYOMETRIC BOX

TECHNICAL MEASURES

Outside cover is heavy duty vinyl leather, inter layer is soft material, inside is high density board.

CD9001:40 x 50 x 60cm
CD9001S:50 x 60 x 75cm

Patent num. 201520792550.1

▷ CD9001-9001S



PLYOMETRIC BOX

TECHNICAL MEASURES

Get the advantage of three plyo boxes in one.

CD9002:40 x 50 x 60cm
CD9002S:50 x 60 x 75cm

▷ CD9002-9002S



▷ CE4102



PEG BOARD

TECHNICAL MEASURES

Ideal to improve muscle strength and endurance of the arms, shoulders and core. The height of 245 cm (official competition size) allows to train people of different stature. Two sticks 170mm long are included, useful for climbing. Size: Height 245 cm - Width 30 cm - Thickness 45 mm

▷ CD9004



PLYOMETRIC STEEL BOX

TECHNICAL MEASURES

These plyometric boxes provide maximum stability and durability with their steel construction and fully welded frames. Athletes can use these boxes for forward jumps, lateral jumps and other plyometric drills. Available in multiple heights for developing reaction time and overall explosiveness. Nonslip platform maximizes safety.

HEIGHT	TOP	BASE
30cm	33 x 33cm	38 x 38cm
46cm	36 x 36cm	46 x 46cm
61cm	38 x 38cm	53 x 53cm
76cm	41 x 41cm	58 x 58cm
91cm	51 x 51cm	71 x 71cm
107cm	56 x 56cm	81 x 81cm





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GYMNASTIC EQUIPMENT

RING
AB SLING
AB MAT
EXERCISE WHEEL
EQUALIZER
WEIGHT VEST
WALL MOUNTED
ROPES

GYM RING

TECHNICAL MEASURES

(CE2101)ABS

Dia of handle: $\Phi 2.8\text{cm}$

Width of strap: 2.5cm

Length of strap: 4.6m

(CE2102)WOODEN

Made with the same superior quality you have come to expect, but with a thicker 3.2cm diameter for secure gripping.

▷ CE2101 CE2102



AB SLING

TECHNICAL MEASURES

For strengthening and toning abdominal muscles.

Brushed nylon lining for enhanced comfort.

Forged steel carabineers lock on to any universal gym.

▷ CE2103



AB MAT

TECHNICAL MEASURES

The AbMat is a totally one-of-a-kind abdominal exerciser and core trainer. A safe, comfortable design contoured to your lower back to provide support and to help prevent injury. One size fits all! Small & portable.

▷ CE2104



▷ CE2105



▷ CE2106



▷ CE2107



EXERCISE WHEEL

TECHNICAL MEASURES

Build firmer, stronger abs and strength in the shoulders, chest, and core. Extra-wide single wheel with ergonomic handles lets you perform roll-outs, inch worms, lat/diagonal pulls, and rolling planks.

EQUALIZER

TECHNICAL MEASURES

It is a total-body strength training piece of equipment that is extremely versatile. Train the arms, back and core muscles using your own body weight for resistance. Strong design supports up to 181kg. Stack together for efficient storage when not in use.

Size : 64cm x 80cm x 73cm

PARALLETTES

TECHNICAL MEASURES

Build upper body pressing strength while improving hand balancing and inverted skills.

Powder coated handles for better grip. Welded Joint for extra rigidity. Made from 38mm steel tube with 2mm thick ness.

Size : 36cm x 59cm x 31cm

WEIGHT VEST

TECHNICAL MEASURES

This sweat-resistant cordura adjustable vest comes with flexible 1kg weighted iron blocks that fit easily and securely into hook-and-loop vest pockets. Large overlapping hook-and-loop waist straps secure vest tightly to body even while running, jumping, and bounding.

Weights:10kg, 20kg, 30kg

▷ CE3101



▷ CE3102



WEIGHT VEST

TECHNICAL MEASURES

Fashion camouflage pattern
Comes with flexible 2kg weighted iron blocks that fit easily and securely into hook-and-loop vest pockets. Large overlapping hook-and-loop waist straps secure vest tightly to body.

Weights:10kg, 20kg

▷ CE4101



MULTI-GRIP CHIN UP

TECHNICAL MEASURES

Chin-ups are arguably the best upper body exercise around. There is no other pulling exercise that can replace its functional value; and no, the lat pull down is a not a suitable replacement.

A chin-up bar in a gym is a highly useful fixture, given that it can also be used as an anchor for rings, bands or a suspension training device.

Assembly Size : 131 x 58 x 60cm

▷ CE5101



▷ CE5102



▷ CE5103



CLIMBING ROPE

TECHNICAL MEASURES

Great for building upper body strength. Superior quality "Grade A" manila rope complete with specially-designed mounting bracket for easy installation to ceiling attachments. This natural fiber rope absorbs perspiration for the best grip and is extremely durable. 38mm/50mm diameter and custom lengths available.

Material: sisal
Φ 38mm x L15m Φ 38mm x L4m
Φ 38mm x L7m Φ 50mm x 15m

BATTLE ROPE

TECHNICAL MEASURES

Nothing works the body for developing power and explosiveness quite like rope training. Various lengths and diameters push your stamina, grip strength and overall conditioning like no other. Find out what all of the excitement is about. Available in Black or White both 38mm and 50mm diam. Custom lengths is available.

Material: polypropylene fibre
Size: Φ 38mm x L15m Φ 50mm x L15

NYLON COVERED BATTLE ROPE

TECHNICAL MEASURES

With nylon cover
The same great metabolic and strength workout as before, now with the all-weather covered training ropes designed to withstand the toughest indoor and outdoor conditions. Each rope is available in various lengths.

Size: Φ 38mm x L15m Φ 50mm x L15m





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GROUP TRAINING

PUMP SET
BODY BAR
STEPPER
YOGA MAT
BALLS

PUMP SET

TECHNICAL MEASURES

Rubber plate pl26c: 1.25kg / 2pcs, 2.5kg /

2pcs, 5kg / 2pcs

Chromed hollow bar: 28 / 30 x 1300 mm

Spring collar: 1pr

▷ GT1000



PUMP SET RACK

TECHNICAL MEASURES

Assembly Size: 153 x 80 x 150 cm

▷ GT1500



BODY BAR

TECHNICAL MEASURES

Steel tube covered with tearproof foam.

Φ25 / 2kg / L1250mm

Φ25 / 3kg / L1250mm

Φ25 / 4kg / L1250mm

Φ25 / 5kg / L1250mm

Φ28 / 6kg / L1250mm

Φ32 / 8kg / L1250mm

Φ36 / 10kg / L1250mm

Φ40 / 12kg / L1250mm

▷ GT1010



▷ GT1501



▷ CD8033



▷ CD8034



BODY BAR RACK

TECHNICAL MEASURES

Assembly Size: 126 x 68 x 131 cm

AEROBIC STEP

TECHNICAL MEASURES

Dimension: 98L x 38W x 15H cm

Adjust: from 15cm to 20cm to 25cm for all heights and fitness levels.

AEROBIC STEP

TECHNICAL MEASURES

SIZE A

Dimension: 110L x 41W x 11H cm

Adjust: from 10cm to 15cm to 20cm for all heights and fitness levels.

SIZE B

Dimension: 72L x 36.5W x 15H cm

Support blocks: 5cm when placed in position.

Adjust: from 10cm to 15cm for all heights and fitness levels.

NBR YOGA MAT

TECHNICAL MEASURES

Size:

183 x 58 x 1.0 cm

183 x 58 x 1.5 cm

TPE YOGA MAT

TECHNICAL MEASURES

Size: 175 x 60 cm

Thickness: 0.6 cm

MAT RACK

Dimension 60x30 cm.

Max number of mats: about 20

▷ FY1002



▷ FY1003



▷ GT1020



▷ CD8045



▷ CD8037



▷ GT3502



EXERCISE BALL

TECHNICAL MEASURES

Ball Size: 55 / 65 / 75 cm
Weight: 1800 / 1800 / 1800 g

MEDICINE BALL

TECHNICAL MEASURES

Weight:
1kg-10kg in 1kg increments

MEDICINE BALL RACK

TECHNICAL MEASURES

Stores up to 10 medicine balls.
Assembly size: 107 x 56 x 147 cm

▷ CE6101 CE6102 CE6103



FOAM ROLLER

TECHNICAL MEASURES

- CE6101: SIZE: 90 x 15CM.
- CE6102: SIZE : 14 x 33CM MAXIMUM USER WEIGHT : 60KGS
- CE6103: SIZE : 14 x 33CM MAXIMUM USER WEIGHT : 60KGS

PRODUCT FEATURES

Ideal for pilates, core, ab and back stabilization and strengthening.

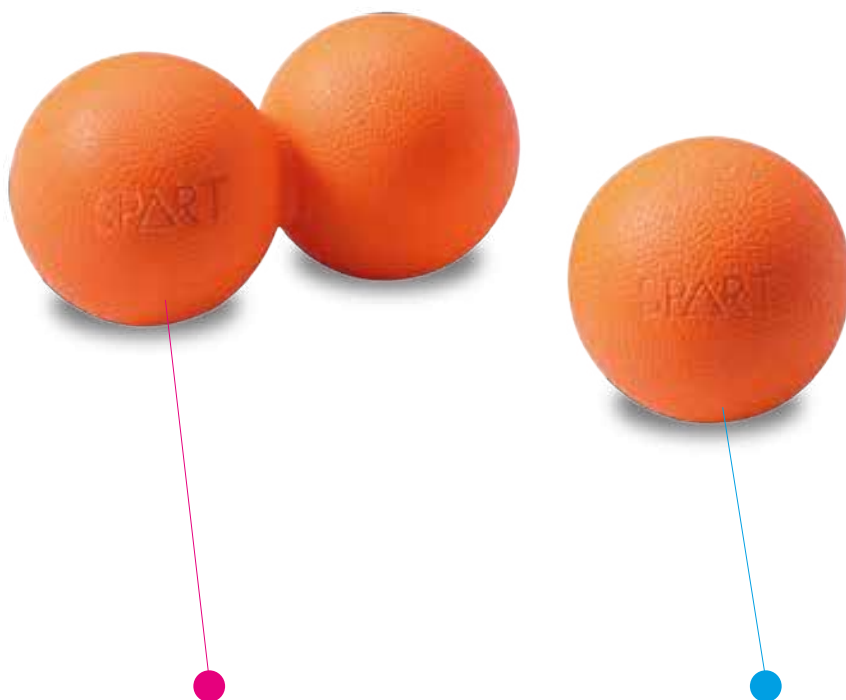
Made from premium EVA foam

Essential balance training tool.

Release myofascial tightness and self massage of the back, calf, hamstring, glutes and quads.

Designed to maintain its shape even after years of use.

▷ CE7001 CE7002



LACROSSE MASSAGE BALL

TECHNICAL MEASURES

- CE7001:
MATERIAL: SILICA GEL
DIAMETER: 65MM
- CE7002:
MATERIAL: SILICA GEL
DIAMETER: 65MM







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