

Rank	Name	Time	Distance	Calories	Resistance
01	Kevin L	03	78	500	125
02	Dan D	26	—	482	97
03	Leo H	10	135	480	90
04	—	—	—	—	—
05	—	—	—	—	—
06	—	—	—	—	—
07	—	—	—	—	—
08	—	—	—	—	—
09	—	—	—	—	—
10	—	—	—	—	—

BURN
CYCLE + KICK + YOGA

93
Lucy E.

01	Kevin L. 🌟	03	78	500	125
02	Dan D. 🏆	26	—	482	97
03	Leo H.	10	135	480	90
16	Matt J. 🌟	29	78	308	75
17	Rose	02	90	302	72
18	Charles T.	16	135	299	101
		70	289	53	
		90	286	97	
		122	281	109	
		135	278	84	
		90	269	92	
		135	266	70	
		122	265	76	
		135	255	55	
		135	235	82	
		90	231	95	
		90	231	20	
		90	211	10	





Powered Up Like Never Before

Packed with all of the best-in-class features of Schwinn's top tier indoor bikes, the new AC Power and SC Power bikes take your ride to a whole new level with the amazingly accurate 4iiii® crank arm powermeter, the new Echelon2G console, and a built in generator, preventing the continuous need to replace batteries.

Smarter. Faster. Safer.

With a rich history in developing sports technology, 4iiii Innovations has worked hand-in-hand with the world's best cyclists to develop an industry-leading powermeter. Using patented 3D strain gauge technology, the 4iiii crank delivers accurate, reliable and consistent data. Trusted by the best athletes in the world, the same technology is now available to indoor riders. Whether it's tracking calories or in-depth power analysis, the 4iiii crank offers accurate results to help riders reach their full potential.



- Most accurate direct crank based power measurement with 1.5% accuracy
- Bluetooth Smart and ANT+ provides reliable connection to leaderboards, personal tracking apps, sport watches, and consoles
- Reliable, robust and watertight
- The same technology used by professional World Tour cycling teams: Quick-Step Floors, BORA-hansgrohe and the Canadian National Cycling team
- 2000+ hours of battery life via 2 standard AA batteries



Carbon Blue®

Low maintenance

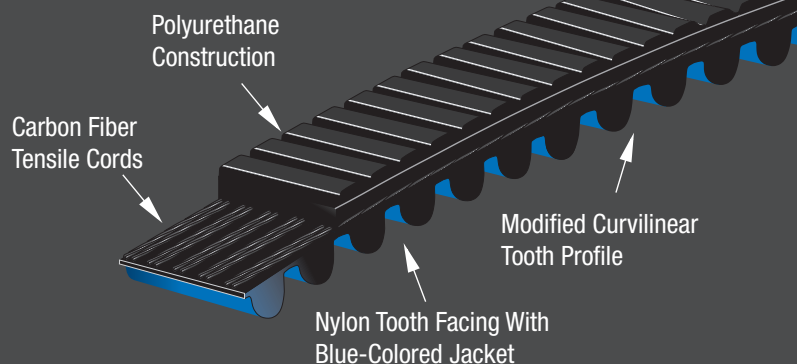
- Belt never requires lubrication
- Tension never needs to be adjusted

Real bike feel

- High-inertia drive train provides momentum and feel of chain drive
- Toothed belt provides rider feedback and road feel

5-YEAR warranty

- Carbon fiber reinforcement makes this belt incredibly durable
- The longest warranty of any belt or chain on the market



Triple Link Pedals

Triple Link pedals give users the freedom to choose between strapping in with the use of toe cages or using cycling shoes with pedal options for SPD® & Keo or SPD & Delta® compatible clips. Our pedals use a patent pending threadless spindle that virtually eliminates the potential for the pedal spindle to break or back out of the crank. With easy installation and worry-free performance, we think it's the best thing to happen to pedals since the clip.



Echelon2

- Large, easy-to-read backlit display with all measurements on one screen
- Pairs with the all-new 4iiii® powermeter to give you the most accurate power measurement system on the market
- Displays: Power (WATTS), RPM, Calories, Gear, Heart Rate, Time, Distance, AVG/MAX Power
- Get multiple options for tracking rider workouts, including Wireless ANT+ and USB
- Compatible with all AC & SC bikes



Cadence Pro

Add a variety of basic rider feedback tools -- time, distance, calories and RPM -- to your ride with the Cadence Pro. This console brings motivation and measurement to the group cycling studio at a budget and is compatible with all Schwinn bikes. A compact display that is easy to use and easy to read, makes a great bike even better.

Model
9-7300

Overall Weight
110 lbs (50 kg)

Width
21" (53 cm)

Length
54" (137 cm)

Height
51" (130 cm)

AC™ Power

- Customizable with frame paint, personally branded decals, and accessories (Model # 9-7340)
- Carbon Blue™ durable toothed drive train provides an Authentic Cycling experience
- Magnetic Resistance Brake for zero drive train maintenance
- 4iiii® crank arm powermeter delivers accurate strain gauge power feedback to help riders train harder and smarter.
- On-board generator powers Echelon2G Console without batteries
- Morse Taper pedals for increased durability and reliability
- Performance Plus™ handlebars ergonomically designed for reduced hand pressure in performance positions
- Schwinn® Fit System enables versatile seat and handlebar adjustments for refined positioning
- Frame Finish - Powder Coated Aluminum
- Seat Slider and handlebar materials - Aluminum



Model
9-7320

Overall Weight
102 lbs (46 kg)

Width
21" (53 cm)

Length
54" (137 cm)

Height
51" (130 cm)

AC™ Performance

- Customizable with frame paint, personally branded decals, and accessories (Model # 9-7320)
- Carbon Blue™ durable toothed drive train provides an Authentic Cycling experience
- Magnetic Resistance Brake for zero drive train maintenance
- Optional 4iiii® crank arm powermeter delivers accurate strain gauge power feedback to help riders train harder and smarter.
- Optional Echelon2 Console provides immediate feedback to help riders train with results
- Morse Taper pedals for increased durability and reliability
- Performance Plus™ handlebars ergonomically designed for reduced hand pressure in performance positions
- Schwinn® Fit System enables versatile seat and handlebar adjustments for refined positioning
- Frame Finish - Powder Coated Aluminum
- Seat Slider and handlebar materials - Aluminum



Model
9-7340

Overall Weight
115 lbs (52 kg)

Width
20" (51 cm)

Length
50" (127 cm)

Height
50" (127 cm)

AC™ Sport

- Carbon Blue™ durable toothed drive train provides an Authentic Cycling experience
- Magnetic Resistance Brake for zero drive train maintenance
- Optional 4iiii® crank arm powermeter delivers accurate strain gauge power feedback to help riders train harder and smarter.
- Optional Echelon2 Console provides immediate feedback to help riders train with results
- Morse Taper pedals for increased durability and reliability
- Schwinn® Fit System enables versatile seat and handlebar adjustments for refined positioning
- Frame Finish - E-Coated & Powder Coated Steel
- Seat Slider, Handlebars, Hardware Materials - Stainless Steel



Model
9-7420

Overall Weight
114 lbs (52 kg)

Width
20" (51 cm)

Length
50" (127 cm)

Height
48" (112 cm)

IC Classic

- Chain drive using forged steel crank and ISIS oversized bottom bracket
- Heavy Perimeter-Weighted Flywheel
- Direct Pressure Brake Resistance
- Narrow Q-Factor
- Optional Cadence Pro Console
- Trapezoidal seat adjustment
- Frame Finish - E-Coated & Powder Coated Steel





SC Power

- Customizable with frame paint, personally branded decals, and accessories (*Model # 9-7390*)
- Heavy Perimeter-Weighted Flywheel and quiet Poly-V belt Drive Train provide an Smooth Cycling experience
- Direct Pressure Brake Resistance
- 4iiii® crank arm powermeter delivers accurate strain gauge power feedback to help riders train harder and smarter.
- On-board generator powers Echelon2G Console without batteries
- Morse Taper pedals and bottom bracket for increased durability and reliability
- Multi-position handlebars accommodate a wide range of choreography
- Find your perfect riding position with easy micro seat and handlebar adjustments
- Frame Finish - Powder Coated Aluminum
- Seat slider and handlebar materials - Aluminum

Model
9-7310

Overall Weight
120 lb (54 kg)

Width
21" (53 cm)

Length
55" (140 cm)

Height
46" (117 cm)



SC 7

- Customizable with frame paint, personally branded decals, and accessories (*Model # 9-7330*)
- Heavy Perimeter-Weighted Flywheel and quiet Poly-V belt Drive Train provide an Smooth Cycling experience
- Direct Pressure Brake Resistance
- Optional 4iiii® crank arm powermeter delivers accurate strain gauge power feedback to help riders train harder and smarter.
- Morse Taper pedals and bottom bracket for increased durability and reliability
- Multi-position handlebars accommodate a wide range of choreography
- Find your perfect riding position with easy micro seat and handlebar adjustments
- Frame Finish - Powder Coated Aluminum
- Seat slider and handlebar materials - Aluminum

Model
9-7400

Overall Weight
120 lb (54 kg)

Width
21" (53 cm)

Length
55" (140 cm)

Height
46" (117 cm)



SC 5

- Heavy Perimeter-Weighted Flywheel and quiet Poly-V belt Drive Train provide an Smooth Cycling experience
- Direct Pressure Brake Resistance
- Optional 4iiii® crank arm powermeter delivers accurate strain gauge power feedback to help riders train harder and smarter.
- Optional Echelon2 Console provides immediate feedback to help riders train with results
- Morse Taper pedals and bottom bracket for increased durability and reliability
- Multi-position handlebars accommodate a wide range of choreography
- Find your perfect riding position with easy micro seat and handlebar adjustments
- Frame Finish - E-Coated & Powder Coated Steel
- Seat slider and handlebar materials - Aluminum

Model
9-7410

Overall Weight
134 lb (61 kg)

Width
21" (53 cm)

Length
55" (140 cm)

Height
47" (119 cm)



COMPATIBLE USER RANGE

(All Bikes)

Max User Weight
350 lb(159 kg)

User Height Range
4'11" to 6'8" (150 cm to 203 cm)

GET CERTIFIED


SCHWINN


FOR MORE INFORMATION VISIT COREHANDF.COM/CERTIFICATION

TRAINING & PROGRAMMING

Schwinn® has come a long way since building the first cycling bike. Today, in addition to manufacturing premium cycling equipment, we are a global organization of passionate Schwinn Master Trainers who educate thousands of instructors around the world every year. The bikes in your cycling room are only as good as the instructors who teach on them, that's why we are committed to developing cutting-edge programming and providing tools that can help any instructor elevate their class experience.





CORE HEALTH & FITNESS MASTER TRAINERS

The outstanding fitness programs we offer for each of our brands are only possible because they are backed by a world class team of dedicated and knowledgeable Master Trainers.

The purpose of the Master Trainer program is to enhance the experience your staff and members have with our equipment, certify your trainers in a variety of fitness programs (HIIT, Cycling, BoxMaster, etc) and help you start up or optimize your revenue generating programs. Different facilities have different needs and we customize our protocol to what is best for each customer.

The goal of each in-service seminar is to get the staff and members excited about their investment and provide a better understanding of how to use it to their best benefit. Our Master Trainer team will arrive with an understanding of your facility, the equipment purchased and a plan to educate your staff and members.

Our award-winning programming offers education to thousands of instructors all over the world annually. We view our team as an extension of the sales and marketing team. The Master Trainers have been trained extensively on our products and brands to support the company, provide you with the information required for a successful in-service and continue strengthening the relationship between our brands and your business.