

Align-Pilates®

PROFESSIONAL PILATES APPARATUS



ABOUT ALIGN-PILATES

Align-Pilates was founded in 2010 with the objective of making commercial quality Pilates equipment more affordable outside North America, so that Pilates Studios could flourish in other parts of the world as they have there. Setting up your own successful Pilates Studio has always been an exciting idea - Align-Pilates' mission is to make this a more viable and profitable prospect, whilst offering innovative, high performance, reliable equipment that you and your customers will love.

OUR EXPERIENCE

By combining the manufacturing experience of sister company, The Mad Group (whose Pilates-Mad brand has been the UK's leading matwork equipment brand since 2001), with the extensive Pilates knowledge of its customers, Align-Pilates has created Europe's own Pilates apparatus company. Align-Pilates is pleased to present its latest evolution of Pilates apparatus, which blends tried and tested reliability with rapid, customer led, design refinements.

OUR SERVICE IN THE UK

When it comes to service, we stand alone amongst the Pilates apparatus brands in the UK. We hold all of our products in stock, together with an extensive range of spares and accessories in our own warehouses. We offer a complete delivery and install service using our own staff and vehicles and we are open throughout the UK working week to handle your enquiries as and when they arise. These are simple things in themselves but take them away and it can play havoc with the smooth running of your Pilates business! Outside the UK, we appoint stocking Distributors so that you can receive similar service wherever you buy from.

TRY OUR APPARATUS IN THE UK & IRELAND

With Pilates apparatus there is nothing like experiencing the equipment first hand & finding out what it is really like. We actively encourage visits to our showroom at our UK headquarters, which is open in normal office hours - please just let us know when you want to come! We also regularly run open days around the UK, to make it more convenient to try the equipment closer to home. Please follow the link on the back cover of the catalogue for the latest venue list. For those in Ireland we have a distributor showroom in Dublin.

TRY OUR APPARATUS OUTSIDE THE UK

Align-Pilates has a growing following around the world with Distributors in; Australia, China, Finland, France, Germany, Greece, Holland, Italy, New Zealand, Republic of Ireland, Romania, South Korea and Spain with more being added all the time. Many of our Distributors have permanent showrooms where you can try the equipment. Please see the link on the back cover of the catalogue to find a Distributor or International trade show near you.



0% FINANCE NOW AVAILABLE

We now offer 0% finance to UK customers on all of our Pilates reformers, studio apparatus, and smaller accessories, so there has never been a better time to open the Pilates Studio you have been dreaming of! For existing Studios, adding that extra piece of Pilates equipment you have been wanting, or upgrading your Studio is that much easier.

With our interest-free credit, you can spread your repayments over 6/9/12 or even 24 months to match your cash flow, giving you extra time when expanding or, getting your Pilates business up and running!

0% CREDIT ELIGIBILITY

BELOW ARE THE REQUIREMENTS FOR OUR FINANCE OPTION:

- Only available to UK resident individuals (not Limited Companies) and subject to approval by V12 Retail Finance
- Minimum Order – £500 inc VAT for 6 & 9 months interest-free or, £1,000 inc VAT for 6, 9, 12 & 24 months interest-free
- Minimum deposit – 10%, or 50% for 24 months
- Max loan amount – £15,000 inc VAT
- Interest-free credit cannot be used in conjunction with other offers or discounts unless indicated and is subject to approval



GET A QUOTE

Please call us on [01386 425 923](tel:01386425923) or email us at customercare@align-pilates.com so we can discuss your requirements and tailor a package to suit your business expansion plans.

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M2-PRO REFORMER

The Align-Pilates M2-Pro Reformer is crafted from solid North American maple; designed to marry classical styling with contemporary functionality. The M2-Pro offers refined performance, whilst offering extensive adjustability, a luxurious oversize carriage and 104cm of smooth and silent travel! The M2-Pro has been designed for studio, rehab or private use, with the innovative design offering a host of easy adjustments to provide complete flexibility in use. The M2-Pro can accept a Half Cadillac and converts into a completely flat bed with removable shoulder rests and a two-part mattress converter. A jump board is also available, which is interchangeable with the included standing platform.

M2-PRO

REFORMER	DIMENSIONS	CODE
M2-PRO	249 X 76CM	PAPREFORMERM2P

OPTIONAL EXTRAS

Complete your M2-Pro with a selection of optional extras which include: Half Cadillac, Mattress Converter, Jump Board, Platform Extender, Plank Handles (see page 20), and Neck Pillow (examples shown on this page, and opposite).



M2 HALF CADILLAC BRACKETS

CODE: PAPM2PHALFCADBKT

FEATURES

- 104cm of smooth silent travel from the 8 PU wheel system
- North American Solid Maple Frame
- 3 position head rest
- 4 spring bar positions with easy adjustment system
- Locking foot bar with 4 positions including completely flat
- Quick and safe simultaneous rope adjustment system with additional Pro Rope Adjusters, our new rapid rope adjustment system
- Patented silent pulleys with silent design ropes & double loop handles
- Silent foot strap with fluffy
- 150kg maximum user weight

WHAT'S INCLUDED

Adjustable silent foot strap with fluffy, removable maple standing platform, pair silent double loop straps, 5 nickel plated quality music wire springs in 3 different strengths: 2 x light, 2 x medium and 1 x strong.



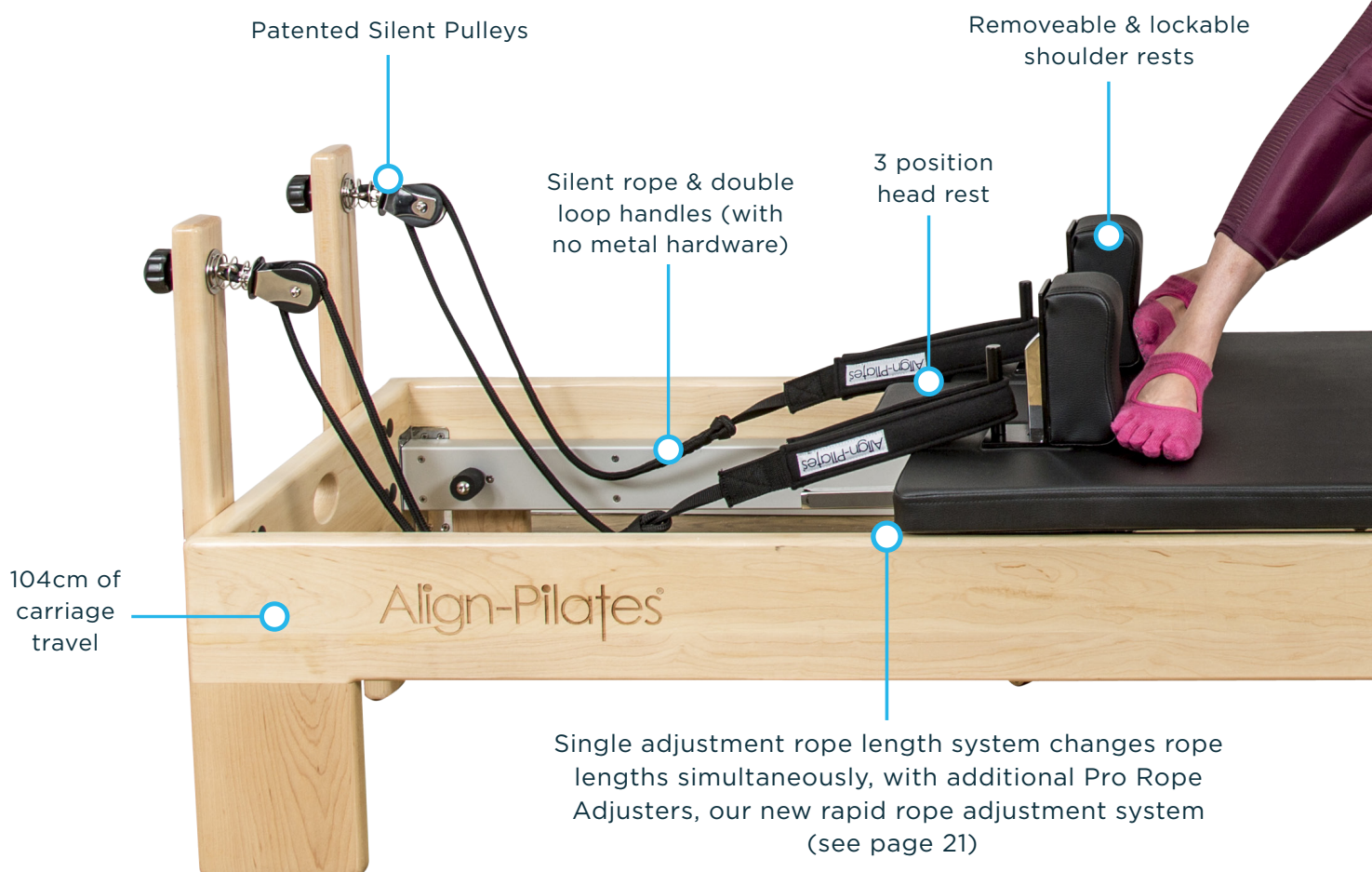
HALF CADILLAC

CODE: PAPHALFCADA2



NECK PILLOW

CODE: PAPNECKPAD





JUMP BOARD

CODE: PAPJUMPM2P



PLATFORM EXTENDER

CODE: PAPMATPLATM2P



MATTRESS CONVERTER

CODE: PAPMATM2P



PLANK HANDLES

CODE: PAPPLANKH

NEW

4 position spring bar

5 nickel plated music
wire springs in
3 strengths

Oversized
4 position foot bar
(including down)

Removeable
standing platform
(included)

Lockable
foot bar

Extra wide
carriage - 67cm

North American Solid
Maple Frame

A2RII REFORMER

The A2RII Reformer is our flagship aluminium reformer, offering refined performance, extensive adjustability, a luxurious oversize carriage and the longest travel of any standard reformer on the market! Now in its third generation the A2RII is the result of over 8 years of development. The A2RII Reformer offers 3 reformers in one, so you can adapt it to your changing circumstances. Choose your preferred leg height from 28, 42 or 64cm to suit your requirements and space, if these change later you can simply buy a different set of legs and swap them over.

The A2RII has been designed for studio, rehab or private use, with the innovative design offering a host of easy adjustments to provide complete flexibility in use. The A2RII Reformer can be stacked and has wheels for easy movement.

Note on A2 models & compatibility: All "A2" accessories fit any A2 Series reformers and almost all the product improvements since the original A2 are backwards compatible - future proofing your apparatus.



UPDATED
DESIGN
FOR 2019!

ASSEMBLING THE
A2RII VIDEO:



ADJUSTING THE
A2R & A2 HALF
CADILLAC:



FEATURES

- Market beating 113cm of smooth and quiet travel. More travel means less adjustment and easier transition between exercises.
- Wider & longer carriage (67cm x 90cm) for improved comfort and to suit more body types than other reformers.
- Future proof - Choice of 3 interchangeable leg heights.
- Convenient - Wheeled for easy moving
- Quick release spring bar allows rapid and safe adjustment of the spring bar in to 4 positions (20cm of adjustment).
- A2R Foot bar locks in 6 positions including flat (this adds one higher position to the original A2 reformer).
- Removable & lockable shoulder rests allow for a completely flat bed using the optional mattress converter.
- Stainless rope risers for rapid adjustment of rope heights. Risers fold down for use with half cadillac. Risers feature an eyelet so springs can be attached for additional exercise possibilities.
- Ropes connected through our patented silent pulley adjustment system ensures both ropes stay the same length and now features the Pro Rope Adjusters, our new rapid rope adjustment system.
- Adjustable feet to ensure the reformer sits flat and runs true even on unlevel floors.
- Max User Weight 150Kg
- CE Tested. Independently tested to EN ISO 20957-1:2013 by V-Trust. Report # STUESO018122008165HS

WHAT'S INCLUDED

Adjustable silent foot strap with fluffy, integral standing platform, pair silent double loop straps, 5 nickel plated quality music wire springs in 3 different strengths: 2 x light, 2 x medium and 1 x strong.

BONUS EXTRAS

Removable platform extender that can be used at either end of the reformer (worth over £120!).



LEG EXTENSIONS	HEIGHT	CODE
LOW LEG SET	28CM	PAPA2LEGSM
STANDARD LEG SET	42CM	PAPA2LEGSTD
REHAB LEGS SET	64CM	PAPA2LEGREHAB

PRODUCT	DIMENSIONS	CODE
A2RII WITH LOW LEG	257 X 75 X 28CM	PAPREFORMERA2R2L
A2RII WITH STANDARD LEG	257 X 75CM X 42CM	PAPREFORMERA2R2S
A2RII WITH REHAB LEGS SET	257 X 75CM X 64CM	PAPREFORMERA2R2R
A* SERIES MATTRESS CONVERTER	118.5CM X 67CM X 5CM	PAPMATA2
A* SERIES PLATFORM EXTENDER	74CM X 30CM X 7CM	PAPMATPLATA2R
A* SERIES JUMP BOARD	82.5CM X 68.5CM X 8.5CM	PAPJUMPA2
PLANK HANDLES	51CM X 32.5CM X 7CM	PAPPLANKH
A2* CARDIO JUMP DOME	82.5CM X 68.5CM X 8.5CM	PAPJUMPDOME
A2RII HALF CADILLAC BUNDLE	-	PAPHALFCADSETA2RS
WOODEN SITTING BOX	73.5CM X 44.5CM X 33CM	PAPBOX

THE A2 SERIES EVOLUTION



April 2015 A2 revised into the A2R

improving the original design, the A2R brought in a change to the spring bar design for easier spring selection and an additional foot bar position, going from 5 to 6 positions to benefit shorter users.



2017

2017 Quiet please, A2RII in use...

A2RII wheel compound upgraded to European engineered plastic for a smoother and quieter ride, patented silent pulleys introduced plus a number of subtle enhancements to reduce maintenance & optimise reliability.



2014

2014 A2 Reformer was born

With the longest travel in the industry, a bigger carriage for greater comfort & the choice of 3 leg heights on one machine; the A2 reindexed the price & expectations for a Studio quality reformer.



2015

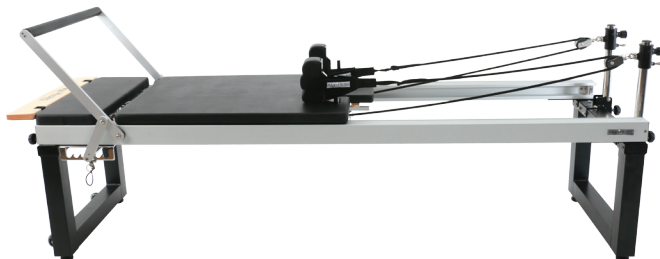
December 2015 A2R fine tuned for speedy servicing

Subtle adjustments to the carriage runner design were made to make it easy and quick to remove the reformer carriage for rapid maintenance.

2016

2016 The A2RII arrives!

The A2RII improved the dual rope adjustment system for faster and safer adjustments. Silent ropes, handles and foot straps were introduced as standard for a quieter & better user experience. Updated for maximum user weight from 120 to 150kg.



2018

2018 Further refinements

2018 sees further refinements to our A2RII, with improved C-shape ultra-smooth runners, self-centering carriage design, new oversize foot bar for greater stiffness and comfort, and our new rapid rope adjusters plus new Planking Handle accessory (see p. 20).

Over 20 enhancements*

Makes the A2RII the ultimate reformer for Studios, Physios & Sports Conditioning... a pleasure to use, easy to adjust, reliable & affordable!

**fully backward compatible to protect your investment*

A2RII REFORMER EXPLORED

ONE REFORMER, MANY POSSIBILITIES

Our flagship reformer, offering refined performance, extensive adjustability, a luxurious oversize carriage & the longest travel of any standard reformer on the market!

Customise your A2RII with the optional additions of a Half Cadillac Tower, Jump Board, Mattress Converter, Wooden Sitting Box, Gondola Pole and the Cardio Jump Dome.

Plus, you can change the working height of the reformer. Choose from low, standard or high leg heights to suit your studio's and client's needs.

The A2RII can also be stacked, meaning you can save on Studio space for when the reformers aren't in use!

FULL SIDE BY SIDE
COMPARISON OF
A2RII & C2-PRO:



New enhanced oversized footbar

Platform Extender included

5 nickel plated music wire
springs in
3 strengths

6 foot bar positions



Extra safe quick adjust
spring bar with 6 spring
bar positions

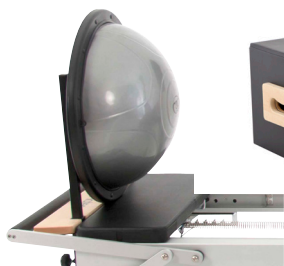
Longest travel of any standard
reformer at 113cm
- suits more people & requires
less adjustment



A2* SERIES JUMP BOARD



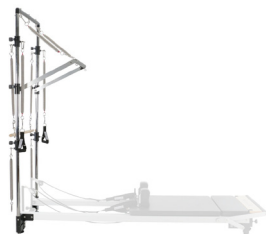
A2* SERIES MATTRESS CONVERTER



A2* SERIES CARDO JUMP DOME



WOODEN SITTING BOX



HALF CADILLAC



PLANK HANDLES



LOW LEG



STANDARD LEG

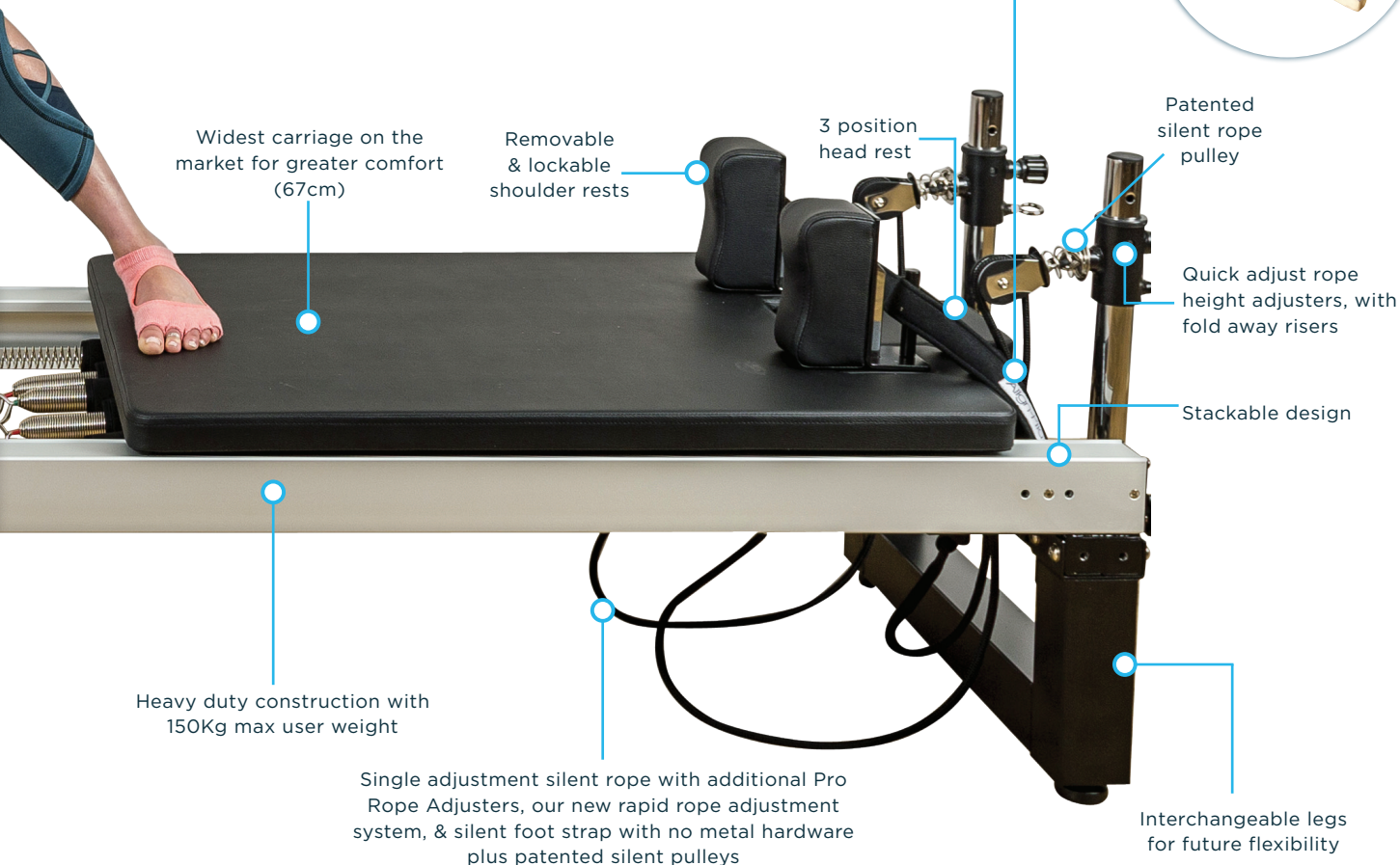


REHAB LEG

CHANGE THE HEIGHT OF THE A2R II REFORMER ANY TIME WITH OPTIONAL LEG EXTENSIONS!



Improved single adjuster for both ropes:



Widest carriage on the market for greater comfort (67cm)

Removable & lockable shoulder rests

3 position head rest

Patented silent rope pulley

Quick adjust rope height adjusters, with fold away risers

Stackable design

Heavy duty construction with 150Kg max user weight

Single adjustment silent rope with additional Pro Rope Adjusters, our new rapid rope adjustment system, & silent foot strap with no metal hardware plus patented silent pulleys

Interchangeable legs for future flexibility

MAIN IMAGE: A2R II WITH STANDARD LEGS (42CM HIGH) - THE MOST POPULAR CONFIGURATION

C2-PRO REFORMER



The Align-Pilates C2-Pro is an incredibly versatile Pilates reformer, which has been designed to adapt to your changing requirements.

Now in its the 4th generation, the C2-Pro continues to offer the best value on the market, but now with longer travel, a larger carriage and the ability to add leg extensions and both full or half cadillac frames. The C2-Pro offers class leading adaptability and refined performance.

FEATURES

- Light commercial warranty - perfect for Group Exercise, Studio and home use.
- Travel: 106.5cm
- 3 position head rest
- Foot bar positions : 4 positions inc. flat
- Removable & lockable shoulder rest
- Removable rope risers with 7 height positions (if leg extensions are used)
- Height adjustable feet for perfect alignment
- Align-Pilates 'silent' system with metal free double loop handles, ropes & foot strap and now patented silent pulleys for a super quiet user experience
- Resistance: 5 nickel plated quality music wire springs 3 different strengths (2 light, 2 medium and 1 strong)
- Rapid rope length adjustment system adjusts both ropes simultaneously, with 7 rope length variations
- Space saving - The C2-Pro is wheeled for ease of movement & storage and can be stacked or stood against a wall. It can "free stand" when selected with the extension leg option
- Improved anodized aluminium runners with new self centering carriage for smooth and jam free operation

- New self-lubricating European engineered plastic wheels for a smoother, quieter ride and dramatically reduced maintenance
- Max User Weight: 150kg. Suitable for users: 145cm - 193cm (4'10" - 6'4")
- Ships 95% assembled and ready to use. Weighs only 59Kg.
- Standing height for storage: 238cm
- ISO20957-1 Class S Item.

AVAILABLE EXTRAS

- Platform Extender
- Mattress Converter
- Jump Board
- Plank Handles
- Pro Rope Adjusters - our new rapid rope adjustment system!
- Free Standing Jump Board Adapters
- Leg Extensions
- Half Cadillac
- Full Cadillac

ASSEMBLING
THE C2-PRO
VIDEO:



PRODUCT	DIMENSIONS	CODE
C2-PRO REFORMER	235 (L) X 66CM X 24CM	PAPREFORMERC2P
C2-PRO REFORMER WOOD FX	235 (L) X 66CM X 24CM	PAPREFORMERC2PW
C1/C2-PRO LEG EXTENSION	RAISES BED TO 42CM HIGH	PAPC1RPLEGS
C SERIES PLATFORM EXTENDER	58CM X 25.5CM X 5.5CM	PAPMATC1PE
C SERIES MATTRESS CONVERTER	104.5CM X 60CM X 8.7CM	PAPMATC1MC
C SERIES JUMP BOARD	52CM (H) X 58CM (W)	PAPJUMPC1
WOODEN SITTING BOX	70CM (L) X 40CM (W) X 28CM (H) 9KG	PAPBOX

PLEASE SEE VISIT OUR WEBSITE FOR THE FULL CADILLAC, HALF CADILLAC OR STUDIO BUNDLE PRICES.

THE C SERIES EVOLUTION



2016 The C1 evolves into the C1R

The 2nd generation C1 was born, the C1R - bringing the option of leg extensions to raise the working height whilst allowing the reformer to freestand! The C1R introduced 'silent' ropes and handles, abandoning the metal hardware for a quieter user experience.

2016



2018

2018 C2-Pro takes the C Series to new heights!

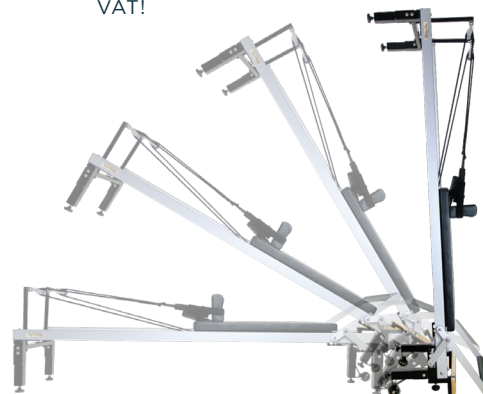
The C2-Pro adds 6cm of travel and a 6cm longer carriage in the same overall size whilst remaining compatible with all C Series accessories! Performance improvements include a locking foot bar and patented silent rope pulleys, plus a self-centering carriage system for the smoothest and quietest ride to date.



2015

2015 C1 Reformer was born

The C1 Pilates Reformer broke new ground in the European Pilates community in 2015, making a commercially warranted reformer available for only a shade over £1,000 + VAT!



2017

2017 The C1R turns Pro!

In 2017 we decided our best-selling reformer deserved more, so we made it possible for the Pro to accept a Half Cadillac (which can work with both available leg heights) and going one step further, to have a Full Cadillac option!

On the reformer itself, we upgraded the rope adjustment system to match the A2R11 and introduced new 'whisper quiet' wheels, made from specialised European engineered plastic for the quietest ride yet. We changed to removeable shoulder rests to improve the stackability & enable a completely flat matwork station.

Looks count too, and aluminium isn't for everyone. So, we made the C1-Pro available in a Wood Effect version - for those wanting a reformer which looks like wood but has the reliability of aluminium! Plus, it's more scratch resistant too - another first from Align-Pilates!

2019

2019 price comparison

With a number of minor enhancements the C2-Pro retains the title for the best value light commercial reformer on the market whilst also being the most versatile and adaptable too!

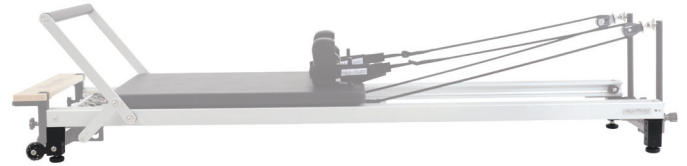
New accessory options include: Plank Handles and Pro Rope Adjusters (see pages 20 & 21)

C2-PRO REFORMER EXPLORED

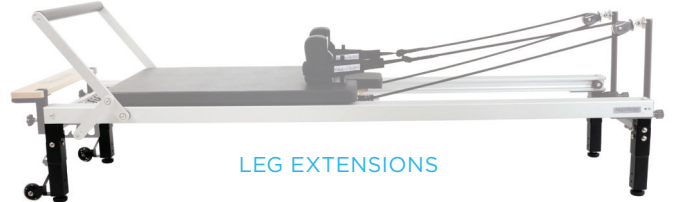
VERSATILE & FLEXIBLE

The C2-Pro adapts to your teaching requirements! Available with or without leg extensions. It can free stand or be stacked, and can accept either Half or Full Cadillac frames, giving you the most flexibility and versatility for how you wish to work with your clients and your studio space.

The C2-Pro ships 95% assembled and ready for use and weighs only 59kg. For further information about our Half or Full Cadillac, please see pages 13 & 14.



STANDARD LEG (AS SUPPLIED)



LEG EXTENSIONS

CHANGE THE HEIGHT OF THE C2-PRO REFORMER ANY TIME WITH OPTIONAL LEG EXTENSIONS!



WOOD EFFECT ALUMINIUM

THE WOOD FX FEATURES A SPECIALIST FINISH WHICH LOOKS LIKE REAL WOOD YET IS MORE SCRATCH-RESISTANT THAN ALUMINIUM!



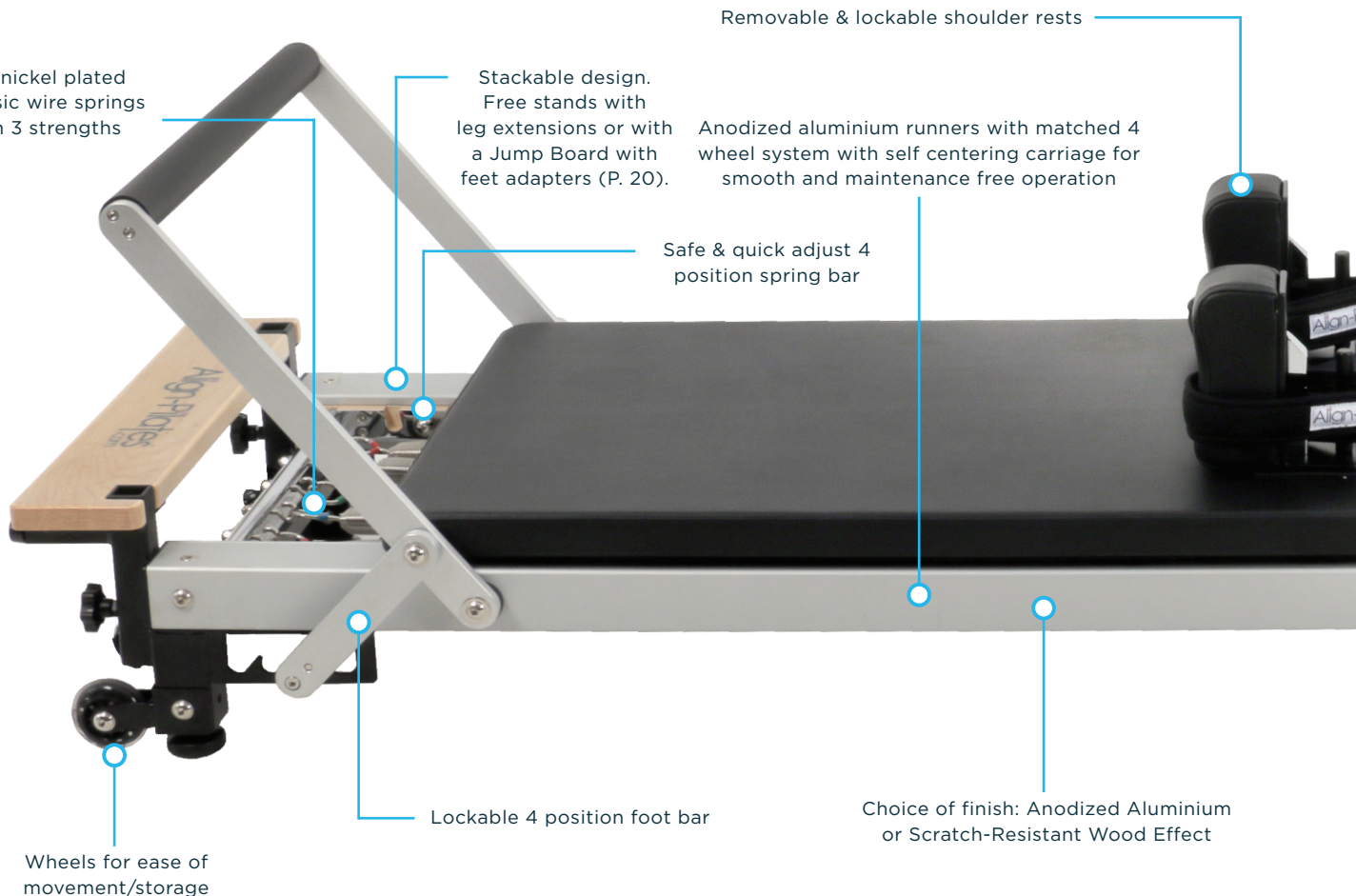
FULL CADILLAC

CODE: PAPC1PROFCAD



HALF CADILLAC

CODE: PAPHALFCADA2



5 nickel plated music wire springs in 3 strengths

Stackable design. Free stands with leg extensions or with a Jump Board with feet adapters (P. 20).

Removable & lockable shoulder rests
Anodized aluminium runners with matched 4 wheel system with self centering carriage for smooth and maintenance free operation

Safe & quick adjust 4 position spring bar

Lockable 4 position foot bar

Choice of finish: Anodized Aluminium or Scratch-Resistant Wood Effect

Wheels for ease of movement/storage



C* SERIES JUMP BOARD



C* PLATFORM EXTENDER



C* SERIES MATTRESS CONVERTER



FREE STANDING*



WOODEN SITTING BOX



STACKABLE*

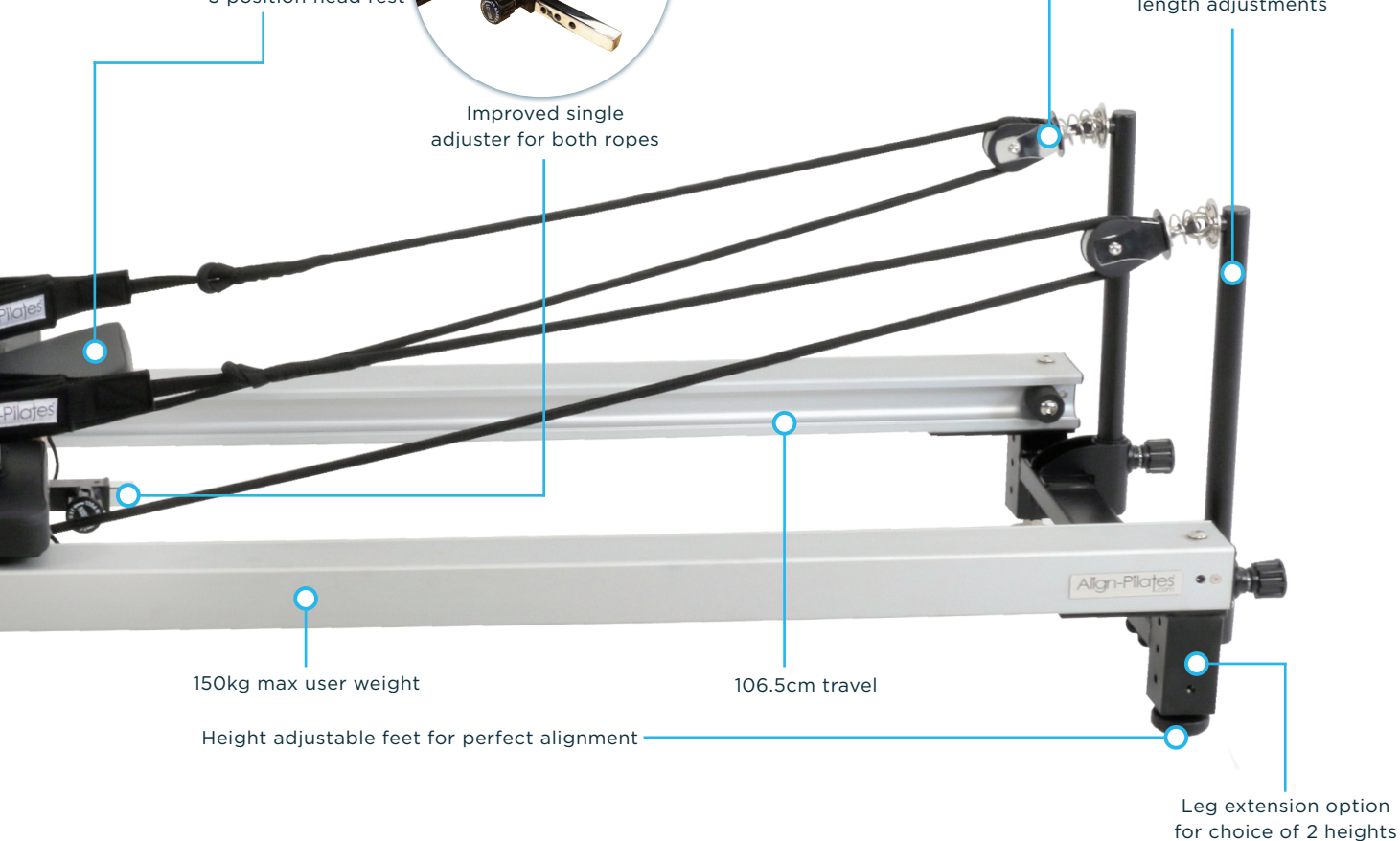


3 position head rest

Improved single
adjuster for both ropes

Silent rope, foot strap &
patented silent pulleys
system

Removable rope risers with 7
height positions and 7 rope
length adjustments



150kg max user weight

106.5cm travel

Height adjustable feet for perfect alignment

Leg extension option
for choice of 2 heights

*FREESTANDING WITH LEG EXTENSION OR JUMP BOARD ADAPTERS ONLY SEE PAGE 20 FOR MORE INFO FOR THE JUMP BOARD ADAPTERS .

HALF CADILLAC - A2*, C*PRO & M2 PRO

Our Half Cadillac tower is compatible with the A2 Series, C*- Pro, M2-Pro Reformers and the Wall Unit adapter. This unit allows you to perform the majority of the repertoire of the Cadillac / Trapeze table on your reformer and can be bought with a reformer as a bundle or added at a later date! The Half Cadillac tower works with all leg height options.

WHAT'S INCLUDED:

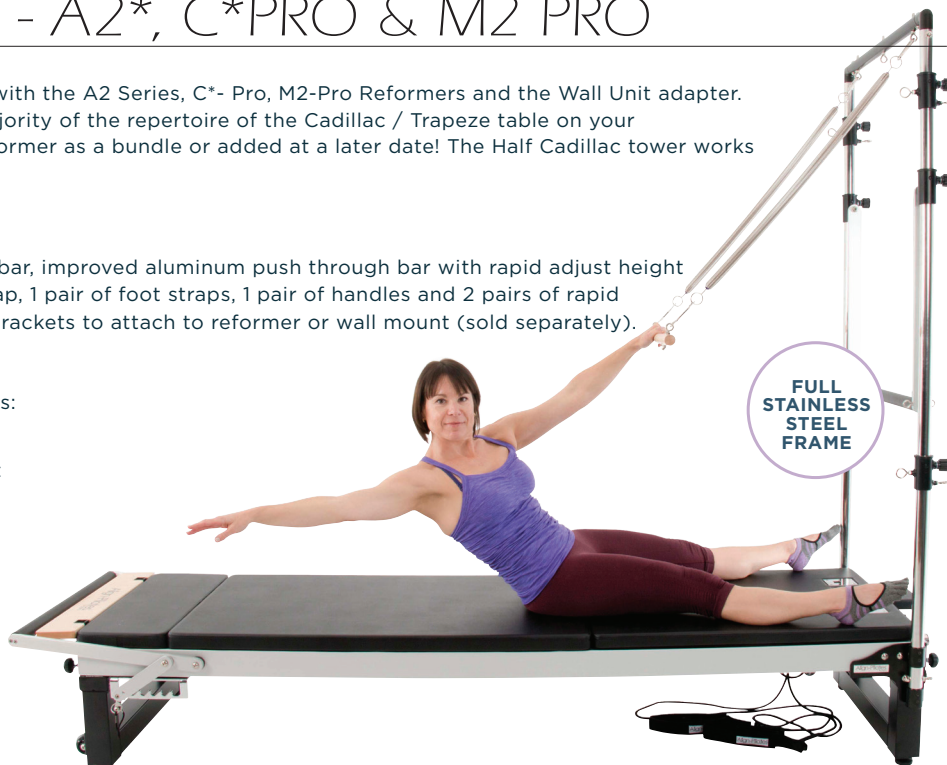
Stainless Steel frame, Maple roll down bar, improved aluminum push through bar with rapid adjust height changers, new quick release safety strap, 1 pair of foot straps, 1 pair of handles and 2 pairs of rapid adjust, double eyelet, spring holders. Brackets to attach to reformer or wall mount (sold separately).

SPRING PACKAGE:

Quality nickel plated music wire springs:

- 2 x 47cm Very Light
- 2 x 47cm Light, 2 x 64cm Very Light
- 2 x 64cm Strong
- 8 Aluminium Carabiners
- 8 double snaps

A2 Low Leg Height:	199cm
A2 Std Leg Height:	213cm
A2 Rehab Leg Height:	235cm
C2-Pro Low Leg Height:	208cm
C2-Pro Std Leg Height:	212cm
M2-Pro Height:	213cm



A2RII AND HALF CADILLAC WITH QUICK ADJUST SLIDING EYELETS & HEIGHT ADJUSTABLE SWING THROUGH BAR

ITEM	HEIGHT FROM FLOOR	CODE
A2 & C*PRO HALF CADILLAC TOWER ONLY	189CM	PAPHALFCADA2
A2 HALF CADILLAC BRACKET ADAPTER	-	PAPA2HALFCADBKT
C2-PRO HALF CADILLAC BRACKET ADAPTER	-	PAPC1PROHCADBKT
M2-PRO HALF CADILLAC BRACKET ADAPTER	-	PAPM2PHALFCADBKT

HALF CADILLAC WALL UNIT ADAPTER

Convert your A2 Half Cadillac with the Adapter Bracket so it can attach to a wall! Use as a standalone work station or, with a reformer butted up against it. Limited assembly required. Fixings to attach the unit to the wall are not included as these are wall dependent. This improved design does not require attachment to the floor.

WARNING:

This unit is only suitable for attachment to solid walls & cannot be used on stud walls.

DIMENSIONS

190cm (H) x 78cm (W) x 63cm (D)



Wall Mounted Half Cadillac Set installation at Queens St Pilates Studio - Australia. Supplied by our Australian distributors, Pilates Reformers Australia.



ITEM	CODE
HALF CADILLAC WALL BRACKET ADAPTER ONLY (CONVERSION KIT)	PAPHALFADAPTA2
A2 HALF CADILLAC INCL ADAPTER	PAPHALFCADA2WALLSET

FULL CADILLAC

The A2 Cadillac, features an aluminium base frame with full stainless steel upper frame, which takes the best features from our class leading half cadillac to make the ultimate full cadillac. The oversize bed (78cm x 206cm) makes for a more spacious working area, whilst the ease of adjustment and multiple anchor points facilitate numerous exercises. The full stainless steel upper frame is superior to standard chromed steel frames, ensuring a long and corrosion free life. The Cadillac is supplied complete with all the required accessories so there are no expensive add on purchases required.

FEATURES

- Aluminium frame with steel legs and height adjustable feet.
- Full stainless upper frame.
- Sliding horizontal and vertical cross bars.
- Trapeze with adjustable sling and padded spring covers.
- Maple roll down bar and one pair of fuzzies.
- Rapid adjust (5 position) aluminium swing through bar with quick release safety strap.
- 64cm bed height matches the combo chair height for additional exercise possibilities.
- Bonus removable foot board and fold down head rest - worth over £100!

Assembly: Leg and frame assembly required, or request our delivery and assembly option.



SPRING PACKAGE

Includes 12 finest music wire springs:

- 2 x Standard Very Light
- 2 x Standard Light
- 2 x Standard Medium
- 2 x Standard Very Strong (for Trapeze)
- 2 x Long Very Light
- 2 x Long Strong

REFORMER OPTION NOW AVAILABLE:

The new modular system from Align-Pilates means you can truly future-proof your Pilates studio with the A2 Cadilliac. The A2 Cadilliac frame will fit onto the C2-Pro reformer, perfect if you have a smaller size studio or if you're looking to add a Full Cadillac to your studio, without having to purchase another piece of large Pilates apparatus!



ITEM	DIMENSIONS	CODE
A2 CADILLAC BASE FRAME ONLY	-	PAPCADILLACA2F
A2/C SERIES UPPER FRAME EXC. BRACKET	-	PAPC1PROFCAD
A2 FULL CADILLAC BUNDLE [PICTURED]	216CM [L] X 78CM [W] X 216CM [H]	PAPCADA2FULLFRAME
C2-PRO FULL CADILLAC BRACKET	-	PAPC1PROFCADBKT
C2-PRO FULL CADILLAC BUNDLE	216CM [L] X 78CM [W] X 216CM [H]	PAPC2PFULLCAD

F2 REFORMER

The F2 reformer was developed to bring the benefits of a Pilates Reformer workout in to your home, without the need to have a dedicated space for a Pilates reformer. Featuring the same springs as our professional reformers, the F2 offers smooth progressive resistance and a range of adjustments to fine tune the machine for your workout. The F2 folds up in a matter of minutes into a compact and self-contained machine that can be easily wheeled around and stored safely out of the way. The F2 can be used for jumping exercises with the addition of the C Series Jumpboard, or with our new Plank bars (see P. 20) .

FEATURES

- Resistance: Classic style 4 Nickel plated music wire springs (2 Medium, 1 Strong and 1 Light).
- Foot bar positions: 4 including down.
- Removable rope risers with 3 height options & 4 easy rope length adjustments.
- New Align-Pilates double loop handles with “silent” metal free connectors for a quieter workout.
- 3 position head rest, with locking string for storage.
- Steel frame with 8 wheel design and 95cm travel.
- Removable & lockable shoulder rests.
- Locks open and closed and can be wheeled in either state.
- Adjustable feet to ensure your reformer sits flat and can run smoothly.

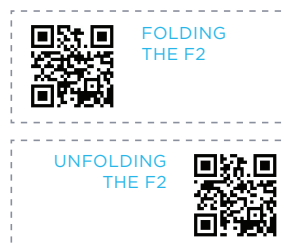
Please note: Not warrantied for commercial use. 2 year frame warranty.

DIMENSIONS

- Open Size (maximums): 247cm x 70cm x 47cm
- Carriage size: 89cm x 58cm (w)
- Folded size (maximums) 143.5cm x 70cm x 34.5cm
- Weight: 55Kg
- Max User Weight: 120Kg. Suitable for users: 145cm – 193cm (4’10 – 6’4”)

OPTIONAL ACCESSORIES

The F2 is compatible with the C* Series Jump Board, Plank Handles, & the Frame Sitting Box, which is the perfect size to compliment the F2 carriage. A silent foot strap is also available for use with the sitting box as well as a neck pillow for a more comfortable option to raising the head rest.



FRAME SITTING BOX (PRE-BUILT)

CODE: PAPBOXMBUILT
(also see page 19)



ITEM	CODE
F2 REFORMER	PAPREFORMERF2



F2 SHOWN WITH OPTIONAL C* SERIES JUMP BOARD

H1 REFORMER

The H1 is the ultimate home Pilates reformer. The mirrored stainless steel runners guarantee a smooth and quiet ride. Featuring the same springs as our professional reformers, the H1 offers fluid, progressive resistance and a range of adjustments to personalise the machine for your workout. The H1 is a self-contained machine which can be stored safely out of the way by raising the height of the carriage. The H1 has optional leg extensions to raise the bed from 23cm to the more popular 40cm.



FEATURES

- Travel: 95cm
- Resistance: Classic style 4 Nickel plated music wire springs set-up (2 Medium, 1 Strong and 1 Light)
- Foot bar positions: 4 including down
- Removable rope risers with 3 height options & 4 easy rope length adjustments
- New Align-Pilates double loop handles with "silent" metal free connectors for a quieter workout
- 3 position head rest, with locking string for storage
- Adjustable feet to ensure your reformer sits flat and can run smoothly.
- Freestanding with use of fold out and lockable standing legs
- Removable and lockable shoulder rests



DIMENSIONS

- Size (maximums): 247cm (L) x 70cm (W) x 47cm (H)
- Standing height for storage: 235cm
- Carriage size: 89cm (L) x 58cm (W)
- Carriage bed height with low legs: 23cm
- Extended carriage bed height with standard legs: 40cm
- Weight: 50kg
- Max User Weight: 120kg.
- Suitable for users: 145cm - 193cm (4'10 - 6'4")
- ISO20957-1 Class H Item.

Please note: Not warrantied for commercial use. 2 year frame warranty.

OPTIONAL ACCESSORIES

The H1 is compatible with the C1 Jump Board, Neck Pillow, Plank Handles, and Frame Sitting Box which is the perfect size to compliment the H1 carriage. A 'silent' foot strap is also available for use with the sitting box. Increase the height of your H1 reformer with optional leg extensions which raise the bed of the reformer to 40cm high.

ITEM	CODE
H1 REFORMER	PAPREFORMERH1
H1 LEG EXTENSIONS	PAPH1LEGS
C SERIES JUMP BOARD	PAPJUMPCI



LADDER BARREL II

The Align-Pilates Ladder Barrel is designed to challenge the abdominal and waist muscles and strengthen the spinal cord whilst improving flexibility. The Align-Pilates Ladder Barrel features a revised frame and solid maple ladder rungs for that classic look. Further upgrades include improved padding and upholstery for greater comfort and the addition of wheels for ease of movement. The Align-Pilates Ladder Barrel remains the most adjustable on the market, offering an unmatched 31cm of travel, both opening and closing more than our competitors for maximum flexibility. Available in a flatpack or pre-built option.

FEATURES

- Super strong powder coated steel frame for added strength, durability and stability
- Solid North American Maple ladder rungs
- Adjustable feet ensure smooth adjustment of the barrel

BONUS EXTRAS

Two Padded standing boards worth over £100!

DIMENSIONS

When fully built: 105cm (H) x 90cm (W) x 135cm (L)



DIMENSIONS	TYPE	CODE
105CM (H) X 90CM (W) X 135CM (L)	FLATPACK	PAPLADDER2
105CM (H) X 90CM (W) X 135CM (L)	PRE-BUILT	PAPLADDER2BUILD

COMBO CHAIR II

The Align-Pilates Split-Pedal Combo Chair II has been praised by a number of leading International Pilates professionals as “the best chair on the market” due to its comfort and ease of use. This combo chair brings you a choice of 4 spring positions for each spring, and 2 spring strengths to provide a wide variety of resistances. The addition of stylish looking cut out sides means you can easily change over the spring strength whilst the chair is against a wall. The Combo Chair II can also be fitted with an optional extra A* Series Jump Board to create a high back chair for scapular work, or to provide more security for clients. Add arm repertoire with 4 eyelets to attach resistance bands, tubes or even covered springs for one-to-one work. The removable handles adjust easily via a single ‘twist and pull’ knob and offer a height range from 115 to 145cm. The pedals are easily joined or separated using a simple locking slider underneath the pedals. Wheels allow for easy movement of the apparatus. Available as a flatpack or pre-built option.

FEATURES

- Stylish cut out sides for easy spring change access when the chair is against a wall.
- Help to develop perfect posture - you can now insert an A2 jump board to create a high back chair for scapular support work.
- Add arm repertoire with 4 eyelets to attach resistance bands, tubes or covered springs for one-to-one work.
- Maple veneered marine ply on steel frame for excellent structural strength.
- Rattle free handles with easy and secure single knob adjustment.
- Single or split pedal functionality.
- Height matches Cadillac and A2 rehab reformer.
- Large rubber feet prevent trapping fingers under the pedals.
- Easy rolling wheels allow for easy movement of the apparatus.
- Removable handles with easy adjust ‘twist & pull’ knob to adjust height

SPRINGS PACKAGE

Nickel plated music wire springs:

- 2 x strong
- 2 x extra strong



DIMENSIONS	TYPE	CODE
64CM (H) X 55CM (W) X 82.5CM (D)	FLATPACK	PAPCHAIR2
64CM (H) X 55CM (W) X 82.5CM (D)	PRE-BUILT	PAPCHAIR2BUILD

FUSE LADDER

Meet the Fuse Ladder, a dynamic new piece of apparatus designed by Fuse Pilates, Washington, D.C.'s most popular Pilates studio. After extensive development in their studio, Fuse Pilates worked with Align-Pilates to create the latest version - complete with quick adjust springs, a padded backboard, moveable eyelets and infinite exercise possibilities!

The Fuse Ladder appeals to students and teachers who want a resistance or bodyweight-training, functional fitness workout that's tough, unique, and ever-changing. The Fuse Ladder is less expensive than most reformers or, weight machines and takes up much less space. Further, the same space that hosts Ladder classes can be used for mat-based classes, doubling your Studio's offering. The Fuse Ladder offers a powerhouse of a workout with major curb appeal (everyone from barre aficionados to HIIT instructors are swooning over this tough workout!). Plus, it's unbelievably fun, capturing moves you haven't done since you were a kid in the playground. With a focus on standing work (and climbing and hanging), it's the perfect antidote to the sedentary lifestyle most of us live.

The Fuse Ladder offers a fun and challenging workout combining spring resistance exercises, like a Pilates Half Cadillac but with climbing, hanging, agility, and balancing challenges to take you to a new level. Standing exercises include squat variations, lunges, and balance challenges, both using the springs and using just the ladder or backboard. Floor work incorporates springs and the ladder rungs for even more challenge. Two high bars offer possibilities for hanging exercises, pull-ups and additional upper body strengthening and lengthening of the spine. The upper eyelets can also be used in conjunction with Suspension Trainers. To get a flavour for Fuse Ladder and explore the programming options visit:

fuseladder.com

FEATURES

- 1 x Roll Down Bar
- 1 x Padded Back Board which hooks onto the ladder
- 2 pairs of Sliding Spring Eyelets
- 3 x Fixed Eyelets
- 2 x 47cm Extra Light Short Springs (yellow)
- 2 x 64cm Light Long Springs (purple)
- 2 x 64cm Medium Long Springs (red)
- 1 x pair of Hand/Foot Straps with double d rings and metal clips
- 1 x pair of Handles

DIMENSIONS OF THE LADDER

237cm (H) x 80cm (W) x 49cm (D)

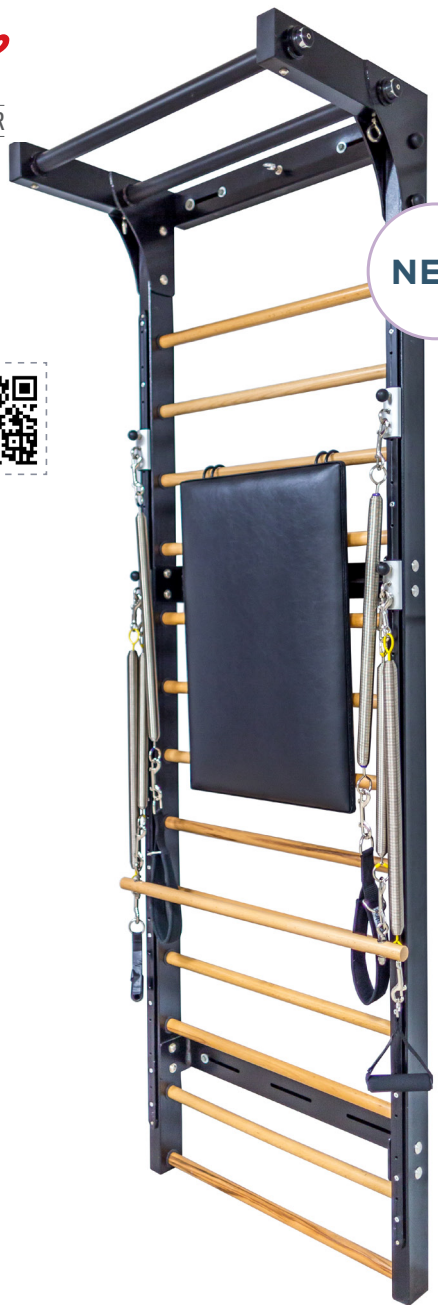
Please note: limited assembly required and fixings not included.

Fuse
LADDER

FUSE LADDER
IN MOTION



NEW



DIMENSIONS

237CM (H) X 80CM X (W) X 49CM (D)

CODE

FUSELADDER

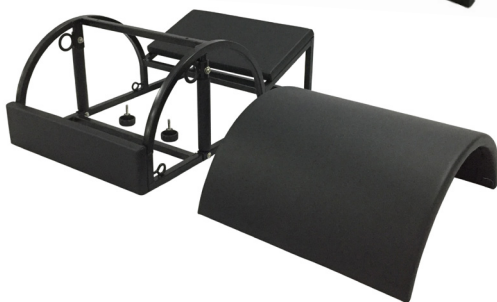
BARRELS, BOXES & ARCS

All our barrels and arcs are made from custom formed marine ply that offers the strongest possible arcs. Like our boxes, these are then covered with hi-memory eva foam for comfort & abrasion-resistant vinyl upholstery to ensure a long life. All our barrels and boxes USE real maple veneer and are fully finished inside as well as outside.

MODULAR STEP BARREL & ARC

The new Modular Step barrel from Align-Pilates adds extensively to the core functionality of the traditional Step barrel, which has long been known to help improve posture by lengthening and strengthening the back, feet and shoulder muscles. The Modular Step barrel slots conveniently over the shoulder rests of all of our reformers, so that it can be used on the reformer as well as on the floor. For floor use our step features an anti-slip base, and can be used with our standard 32" maple pole (not included) for extra exercise possibilities! The arc is also removable (as well as locking in place) so this can be used independently, offering an alternative curvature to our regular stacking arc. Finally, this step barrel includes 3 eyelets on each side for use with resistance bands for resistance exercises to further extend the functionality of this diverse piece of apparatus.

NEW



OPTIONAL EXTRAS

- 32" Maple Roll Up Pole
- Resistance Bands

DIMENSIONS	CODE
79CM [L] X 48CM [W] X 34CM [H] 13KG	PAPSTEP3

ALIGN-PILATES STACKING ARC BARREL

Arc barrels are great for adding an extra dimension to mat work classes, offering various workout possibilities that help to improve the posture, lengthen and strengthen the back, feet and shoulder muscles.



DIMENSIONS	CODE
60CM (L) X 55CM (W) X 19.5CM (H) 7KG	PAPARCST

ALIGN-PILATES SITTING BOX

Sitting boxes make many seated exercises more comfortable and make new exercises possible on your reformer.



DIMENSIONS	CODE
70CM (L) X 40CM (W) X 28CM (H) 9KG	PAPBOX

ALIGN-PILATES FRAME SITTING BOX

The Frame Sitting Box is a little smaller than our other sitting box making it the ideal length for the earlier C Series, F Series and H1 reformer carriages. The frame box does everything a normal sitting box does at a fraction of the cost! The box is the same height as the C1* Series reformer and so can be used as a Moon box alongside this reformer in low leg configuration. Available as Pre-Built or Flatpack.



DIMENSIONS	TYPE	CODE
66CM (L) X 38CM (W) X 25CM (H) 7KG	FLAT PACK	PAPBOXM
66CM (L) X 38CM (W) X 25CM (H) 7KG	PRE-BUILT	PAPBOXMBUILT

A2* CARDIO JUMP DOME

The Cardio Jump Dome merges a traditional reformer jump board with a balance dome to provide a cushioned landing surface when performing jump board exercises on the reformer. This allows users to do extended plyometric activity on the reformer without discomfort. The jump dome also allows for high energy aerobic workouts with very low-impact on the body which adds new exercise possibilities. The Cardio Jump dome fits all A2 series reformers from Align-Pilates.



DIMENSIONS	CODE
WORKS WITH ALL A2 SERIES REFORMERS	PAPJUMPDOME

ALIGN-PILATES ROTATIONAL DISKS

Rotational Disks are used to develop balance and strength through rotation whilst standing or sitting. Made from high quality 18mm marine ply with maple veneer, the rotational disks have three transparent anti-slip strips on the top and two anti-slip pads on the bottom to prevent them sliding on the floor. These disks are also great for dancers, to help improve turnout as well as strengthen and maintain their turnout, safely! They can also be used for injury rehabilitation under the guidance of a physiotherapist or certified professional.



DIMENSIONS	CODE
30CM/12" DIAMETER. SOLD IN PAIRS	PAPROTATION

GONDOLA AND ROLL UP POLES

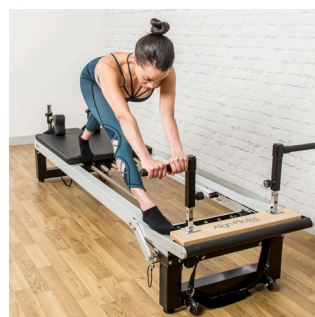
Gondola Poles are used for aiding balance when performing standing work on the Reformer and therefore has anti-slip rubber end caps, to provide a firm grip on the floor. Roll Up Poles are used to aid alignment, for arm work and to increase the focus on scapular stabilization. Made from solid maple.



DIMENSIONS	TYPE	CODE
152CM / 60"	GONDOLA POLE	PAPPOLE60
81CM/32"	ROLL UP POLE	PAPPOLE32

PLANK HANDLES

Planking handles can be used with everyone, from your rehab clients to athletes. Great for plank based exercises, the handles also offer much more; by turning the handles at right angles to the foot bar it creates an ideal position for when you are working with clients suffering with carpal tunnel syndrome, RSI, arthritis, or difficulty being able to weight bear for any length of the time on the foot bar. This alternative position can reduce the pressure through the wrists reducing discomfort and pain. When rotated externally, the handle acts like an extended foot bar. This allows better postural alignment in exercises which are off set to the reformer such as scooter. They can also act as a wider foot bar for larger clients be it hands on bar or, feet on bar, or act as a stability point for standing rehab-based exercises.



Another great advantage of the planking handles over a foot bar is they can be used in offset positions, e.g. one high, one low, or one facing the foot bar end and the other the head end. This allows for some really challenging exercises and useful for working on reducing the influence of a dominant arm or leg.

These Planking Handles are a great addition to any C, A2, H or F series Align-Pilates reformer, or Combo Pilates Chair. The planking handles are rotatable so they can face in four different directions and they can lock at 4 different heights in each of the directions, offering a total of 16 different positions.



PRODUCT	CODE
WORKS WITH A, C, F & H SERIES REFORMERS	PAPPLANKH

C SERIES JUMP BOARD FEET TO ENABLE FREESTANDING

Adapt your C Series Pilates reformer to freestanding without requiring leg extensions with the use of these C Series Jump Board Feet adapters. Sold in pairs. Jump Board sold separately.



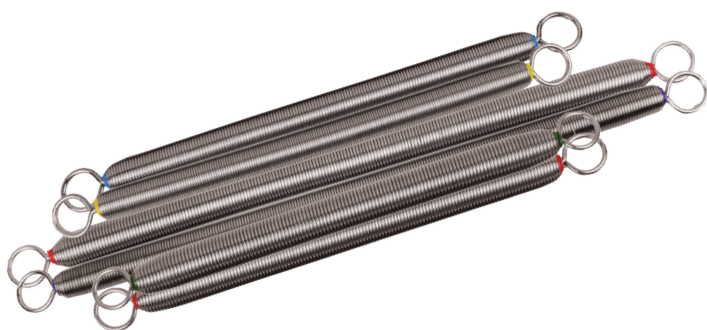
PRODUCT	CODE
FREE STANDING FEET ADAPTERS (PAIR)	PAPJUMPCFEET

ACCESSORIES & SPARES

Fine tune your reformer and Pilates studio with extra accessories including carriage protectors, neck pillows, replacement ropes, straps, springs or handles as well as gondola or roll up poles.

UNIVERSAL SPRINGS

Our springs are made from top quality nickel plated Music Wire. Springs are standardized on all Align-Pilates equipment, except the Combo chair.



REFORMER/HALF CADILLAC	CODE
47CM - VERY LIGHT (VL) ●	PAPSPRINGSVLIGHT
47CM - LIGHT (L) ●	PAPSPRINGSLIGHT
47CM - MEDIUM (M) ●	PAPSPRINGSMED
47CM - STRONG (S) ●	PAPSPRINGSSTRONG
64CM - VERY LIGHT ● / MEDIUM ● / STRONG ●	PAPSPRINGL



CHAIR/TRAPEZE	CODE
47CM STRONG ●	PAPSPRINGCHS
47CM X-STRONG ●	PAPSPRINGCHXS

SPRING SUPPORT FOR V. LIGHT SPRING

Spring Cover designed to support the very light spring for those wishing to use this on a reformer.



FOR USE WITH	CODE
VERY LIGHT OR LIGHT SPRING	PAPSPRINGCOVERS

UNIVERSAL REFORMER ROPES

Our whipped reformer ropes are black to avoid showing dirt and are sold in pairs. Choose from the new "silent" design, which has an enlarged eyelet in the rope but no noisy metal hardware (for use with silent handles only) or, traditional ropes with dog clips. Both are suitable for any reformer using a rope of 2.8m or less and are sold in pairs.



DIMENSIONS	TYPE	CODE
2.8 M	METAL CLIPS	PAPROPESBLK
2.75 M	SILENT (NO CLIPS)	PAPROPESBLKS

PRO ROPE ADJUSTERS

Quickly and easily adjust or install your ropes with the addition of the Pro Rope Adjusters to your reformer! Note these are included on M2 Pro & the A2RII from 2019.



COMPATIBILITY	TYPE	CODE
A2R / A2RII / C*PRO	METAL	PAPROPECTRL

SILENT ROPE PULLEY

The Align-Pilates Silent Rope Pulley and Spring are the latest development in our quest for a totally silent Pilates reformer! Our patented design ensures complete silence from the pulley spring and eyelet, regardless of the angle the pulley moves. The silent rope pulley can be retrofitted to any A2*, C, F, and H series Align-Pilates reformer and the silent pulleys are standard for all Align-Pilates commercial reformers manufactured from 2018. Along with our silent ropes, silent handles, silent foot strap and performance wheels this is an excellent retro fit performance enhancement for your Align-Pilates reformer!



FOR	CODE
ANY A2/C/F/H SERIES REFORMER	PAPPULLEYSIL

EXTENSION STRAPS FOR 1/2 CADILLAC



PRODUCT	CODE
EXTENSION STRAP 80CM LONG (PAIR)	PAPEXTENSION

SILENT FOOT STRAP WITH FLUFFY



PRODUCT	CODE
SILENT FOOT STRAP WITH FLUFFY	PAPFOOTSTRAP

ANKLE STRAPS (PAIR)



PRODUCT	CODE
ANKLE STRAPS (PAIR)	PAPANKLE

ALIGN-PILATES NECK PILLOW

The Align-Pilates Neck Pillow fits neatly on to any reformer head rest to create a soft cushioned support for the head and neck. Clients love them!



DIMENSIONS	CODE
27CM (L) X 15CM (W) X 8.5CM (H) 0.3KG	PAPNECKPAD

PERFORMANCE WHEELS

Get a better performance from your Pilates reformer with these European engineered plastic wheels. We've refined these wheels for a quieter, smoother and cleaner ride. These wheels are standard for all Align-Pilates reformers manufactured from 2018. Along with our silent ropes, patented silent pulleys, silent handles and silent foot strap these are an excellent retro fit performance enhancement for your Align-Pilates reformer!

Note: wheels sold individually.



FOR USE ON	CODE
ANY C* SERIES REFORMER	PAPWHEELC2P
ANY A2* SERIES REFORMER	PAPWHEELA2P

SILENT DOUBLE LOOP STRAPS (PAIR)



PRODUCT	CODE
DOUBLE LOOP SILENT STRAP (PAIR)	PAPSTRAPDLS

DOUBLE RING STRAPS (PAIR)



PRODUCT	CODE
DOUBLE RING FOOT/HANDLE STRAP (PAIR)	PAPSTRAP

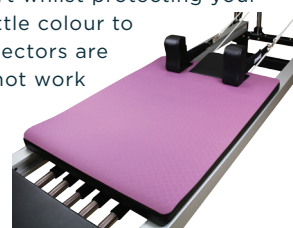
PADDED HANDLES (PAIR)



PRODUCT	CODE
PADDED HANDLES (PAIR)	PAPHANDLE

CARRIAGE PROTECTORS

Carriage protectors add an extra 6mm of cushioning to your carriage for extra comfort whilst protecting your upholstery. They also add a little colour to your studio. The carriage protectors are made for an exact fit, so will not work with other brands. Use either way up for colour and pattern variation.



FOR	COLOUR	CODE
A2 OR A2R	AUBERGINE / GREY OR BLUE / GREY	PAPA2TOPPER
C2 PRO	AUBERGINE / GREY OR BLUE / GREY	PAPC2TOPPER

ANTI-SLIP PADS

Anti-Slip pad for use on Pilates apparatus to prevent slipping. Also useful to hold a mat on a ladder barrel or arc when extra padding is wanted. Phthalate Free PVC.



DIMENSIONS	COLOUR	CODE
40CM X 30CM X 3MM	BLACK	PAPANTISLIP-BLK
40CM X 30CM X 3MM	RED	PAPANTISLIP-RED

MAT WORK ACCESSORIES

Sister brand Pilates-Mad has been the UK's leading Pilates matwork & accessory brand for over 15 years. To see the complete range of Pilates-Mad equipment and find out more about our fantastic studio pricing please visit mad-HQ.com/pilates-studios-teachers. Shown here is a core selection of popular Pilates mats and accessories.

ALIGN-PILATES ISOTONER RING 12 OR 14"

Rings are commonly used in Pilates to add intensity to floor exercises. The ring's resistance speeds up toning by targeting specific muscles. Especially useful in problem areas like the inner and outer thighs, upper arms, the chest and even the pelvic muscles. The Pro edition Pilates Isotoners from Align-Pilates feature the classic double handle design and quality sprung steel rings. Available in 12" or 14".



DIMENSIONS	CODE
12"Ø	PAPRING12
14"Ø	PAPRING14

PILATES-MAD RESISTANCE RING 14"

Lightweight double handled Pilates isotoner, with foam padded fibre glass ring for extra comfort. This 14" ring offers slightly lighter resistance than the Align-Pilates Steel Isotoner ring (above), but this has been a best seller for many years.



DIMENSIONS	CODE
14"Ø DOUBLE HANDLE FIBRE GLASS	FRING14L

SOFT WEIGHTS

Soft weights are designed for strengthening, plyometrics, balance training and mobilisation exercises. In addition to offering a more fluid range of motion to using a standard dumbbell, the soft weight design is safer, reducing the risk of damage or injury if dropped. The shape also helps to promote the development of functional grip strength. **PVC OUTER SHELL WITH IRON SAND FILLING.**



DIMENSIONS	COLOUR	CODE
2 X 0.5KG. 12CMØ	BLUE	FSOFT1
2 X 1KG. 12CMØ	BLUE	FSOFT2
2 X 1.5KG. 12CMØ	BLUE	FSOFT3

PILATES BLOCKS

The large block is used to level the pelvis, the small block is used to slightly raise the head in reclining postures in order to achieve the correct neck alignment. It can also be used to correct the tilt on the pelvis or for support between the knees. First Grade EVA foam.

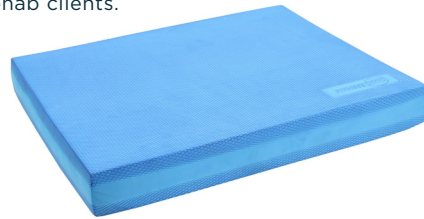


MATERIAL: CLOSED CELL, WIPE CLEAN EVA FOAM.

DIMENSIONS	CODE
HEAD BLOCK - 20.5CM (L) X 15CM (W) X 25MM (H)	FBLOCK25
SITTING BLOCK - 32CM (L) X 25CM (W) X 60MM (H)	FBLOCK60

BALANCE PAD

A balance pad is an excellent prop for use with a combo chair, where greater cushioning is required. Ideal for working with rehab clients.



DIMENSIONS	CODE
39.5CM X 47.5CM X 5.8CM 0.7KG	FBALANCE

BALANCE PODS

Increase your coordination, improve your balance and challenge your core with these Balance Pod Domes by Fitness-Mad. Designed to help develop your core strength muscles such as your abdomen, back and pelvis by adding extra challenge to numerous bodyweight exercises, they also help to improve your balance which can help with body toning and posture.

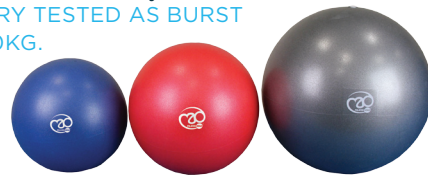
These Balance Pod Domes feature a flat side and a dome side covered with small spikes, meaning you can use them flat or dome side up for varying levels of difficulty. Ideal for physiotherapists, sports therapists, personal trainers and fitness instructors to use for programmes for their clients, or for home use. Sold in pairs.



DIMENSIONS	CODE
8CM X 16.5CMØ	FPODDOME

EXER-SOFT BALLS

Ideal for pelvic floor exercises, the ball will enhance your Pilates workout and help develop strength, endurance and concentration as well as promoting relaxation and coordination. The balls are anti-slip offering excellent grip. Ball size is down to preference, though it is common to have multiple sizes for greater diversity. **DINP PVC. FACTORY TESTED AS BURST RESISTANT AT 100KG.**



DIMENSIONS	COLOUR	CODE
18CM (7")Ø	BLUE	FEXBALL7
23CM (9")Ø	RED	FEXBALL9
30CM (12")Ø	GRAPHITE	FEXBALL12

RESISTANCE BANDS & MULTI PACKS

Resistance bands in packs of 10 are perfect for studios. Each band is sealed in its own zip lock bag plus there is one user guide per 10 pack. Ideal for clubs, 10 packs are a much more professional alternative to buying rolls.



DIMENSIONS	COLOUR	CODE
LIGHT - RED MULTI	BEGINNERS & REHAB	FRESBAND9LX10
LIGHT - RED SINGLE	USERS	FRESBAND9LO
MEDIUM - BLUE MULTI	FAMILIAR & MODERATE	FRESBAND9MX10
MEDIUM - BLUE SINGLE	USERS	FRESBAND9MO
STRONG - BLACK MULTI	STRONG, ATHLETIC	FRESBAND9SX10
STRONG - BLACK SINGLE	USERS	FRESBAND9SO

HAND WEIGHTS

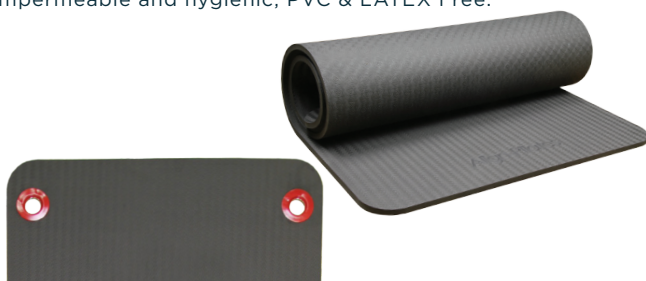
Pro Hand Weights with straps are made from steel handle with non-slip NBR foam covering for a soft and comfortable grip, complete with elasticated strap for added safety. Great for use while walking, jogging and aerobics as they help to tone your arms and increase workout intensity.



DIMENSIONS	COLOUR	CODE
2 X 0.5KG	PINK	FDBELLHAND05
2 X 0.75KG	PURPLE	FDBELLHAND3Q
2 X 1KG	GREEN	FDBELLHAND1

ALIGN-PILATES STUDIO MAT 10MM

Align-Pilates Studio Mat perfectly balances size and weight offering excellent cushioning and memory. Available with or without eyelets. Made from 100% degradable TPE. Impermeable and hygienic; PVC & LATEX Free.



DIMENSIONS	COLOUR	CODE
NO EYE 180CM X 60CM X 10MM	GRAPHITE	PAPMAT10
EYELET 180CM X 60CM X 10MM	GRAPHITE	PAPMAT10EYE

STUDIO PRO-MAT 15MM

The Studio Pro-Mat is our best mat for exercise, Pilates and therapy. The TPE material has superb memory and at 15mm thick this mat offers excellent support for the spine and knees. As the mat is thick and does not roll up tightly it is best for studio or home use rather than carrying to and from classes. The mat is double sided and will not slide on the floor.

MADE FROM 100% DEGRADABLE TPE. IMPERMEABLE AND HYGIENIC; PVC & LATEX FREE.



DIMENSIONS	COLOUR	CODE
180CM X 60CM X 15MM [2.6KG]	BLUE	FMATTP180

TEACHER'S KIT BAG

An extra large kit bag especially designed for Pilates Instructors or Yoga Teachers - fit your class mats, blocks, rings, soft weights and bands into this bag with ease. Includes two large A4 pockets for paperwork storage, and an easy zip fold top to assist when putting your accessories away, or taking them out. This extra large bag can carry many different kit combinations.



DIMENSIONS	COLOUR	CODE
67CM [L] X 46CM [H] X 30CM [W]	BLACK	YBAGKITXL

CORE FITNESS MAT 10MM & 15MM

A lightweight and super comfortable Pilates or exercise mat for those on the move, or for studios tight on storage space. The NBR foam offers excellent cushioning and memory, yet a 10mm mat weighs only a fraction over 1kg, making it light enough to carry around, with the included removable carry strap (10mm only).

The 15mm mat offers improved comfort but as it is too big to carry around, these mats come flat packed as they are primarily designed for use in a Studio or to be left in the home.

Both the 10 and 15mm are also available with eyelets. **MADE FROM NBR RUBBER - DOP, AZO, HEAVY METAL AND PHENOL FREE.**



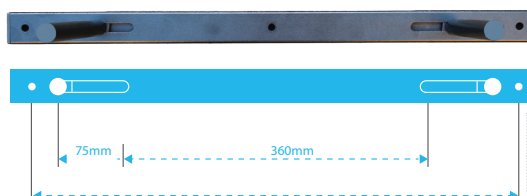
DIMENSIONS	COLOUR	CODE
182CM X 58CM X 10MM [1.1KG] INC CARRY STRAP	BLUE	FMATNBRI0-BLU
182CM X 58CM X 10MM [1.1KG] INC CARRY STRAP	BLACK	FMATNBRI0-BLK
182CM X 58CM X 15MM [1.65KG] NO CARRY STRAP	BLUE	FMATNBRI5



DIMENSIONS	CODE
182CM X 58CM X 10MM [1.1KG]	FMATNBRI0EYE
182CM X 58CM X 15MM [1.65KG]	FMATNBRI5EYE

EXERCISE MAT RACK

Adjustable Mat Rack available for use with Eyelet Mats like the Align-Pilates studio mat, the club aerobic & core fitness mats. Can be used with mats with eyelets 36cm to 51cm apart. Min. hole diameter is 1.95cm.



CODE
FMATRACK

toesox®

Align-Pilates sister company, The-Mad Group, is the exclusive EU* distributor (excl. E. Europe & Scandinavia) for ToeSocks and Tavi Noir grip sock brands from the USA.

Grip



ToeSocks unique five-toe design allows the entire foot to perform naturally, encouraging the toes to separate and activate the muscles in the feet. They help to increase dexterity, tactile sensitivity and awareness during any activity. ToeSocks help strengthen the muscles of your feet allowing for better circulation, balance and posture. Plus they are hygienic and practical, keeping your feet warm during normal barefoot activities, whilst preventing you from slipping.

Please note: all of the product images shown on pages 25 and 26 are only a small selection of what we stock, in example styles and colours. To see the full range of ToeSocks or Tavi Noir, to enquire about becoming a stockist, and for further information please call us on: +44(0)1386 425 928.

Core Colours



Styles



Bellarina

Bella

Elle



Merchandising stands available to purchase for retailers, gyms, clubs and studios!



Ankle



Low Rise



Scrunch Knee High



Luna



Grip Gloves

Available in Full & Half Toe styles. Colours & styles are subject to availability.

FOR FURTHER INFORMATION PLEASE CONTACT US: E: CUSTOMERCARE@ALIGN-PILATES.COM | T: 01386 425 928

TOESOX

25



Tavi Noir are the sock to wear if you're unable to wear a regular ToeSox. The special high density silicone is designed to last through many washes and physical wear. Step into the studio in grip socks which keep your feet safely in place and your workout style on point. Tavi Noir plays with colour while supporting your strong body.

We will see you at the Barre, on the Pilates reformer and flowing in yoga.

Available in a range of styles:

Low Rise, Crew, Knee High and Over the Knee styles for endless choices!

Please note: products shown are only a small selection of colours and styles we stock, please contact us for further information.



Chloe



Emma



Jess



Savvy



Lily



Maddie



Selah



Stella



Kris



Levi



Charlie



Johnny



Merchandising stands available to purchase for retailers, gyms, clubs and studios!

INTRODUCING

BASE

X X X I I I

You sweat. You push. You crush every class.
Don't slip, lose form, or break focus. Stay steady.
Get the most out of every movement. No
distractions...GET A GRIP!



NO SLIP / MAX HEX GRIP / COMPRESSION / VENTED COOLING / CUSHIONED SOLE / QUICK DRY



THE GRIP SOCK FOR MEN WHO DO PILATES, BARRE, OR YOGA.

PILATES TEACHER OR STUDIO OWNER?

GET DISCOUNT ON A HUGE RANGE OF PILATES, YOGA AND FITNESS ACCESSORIES
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