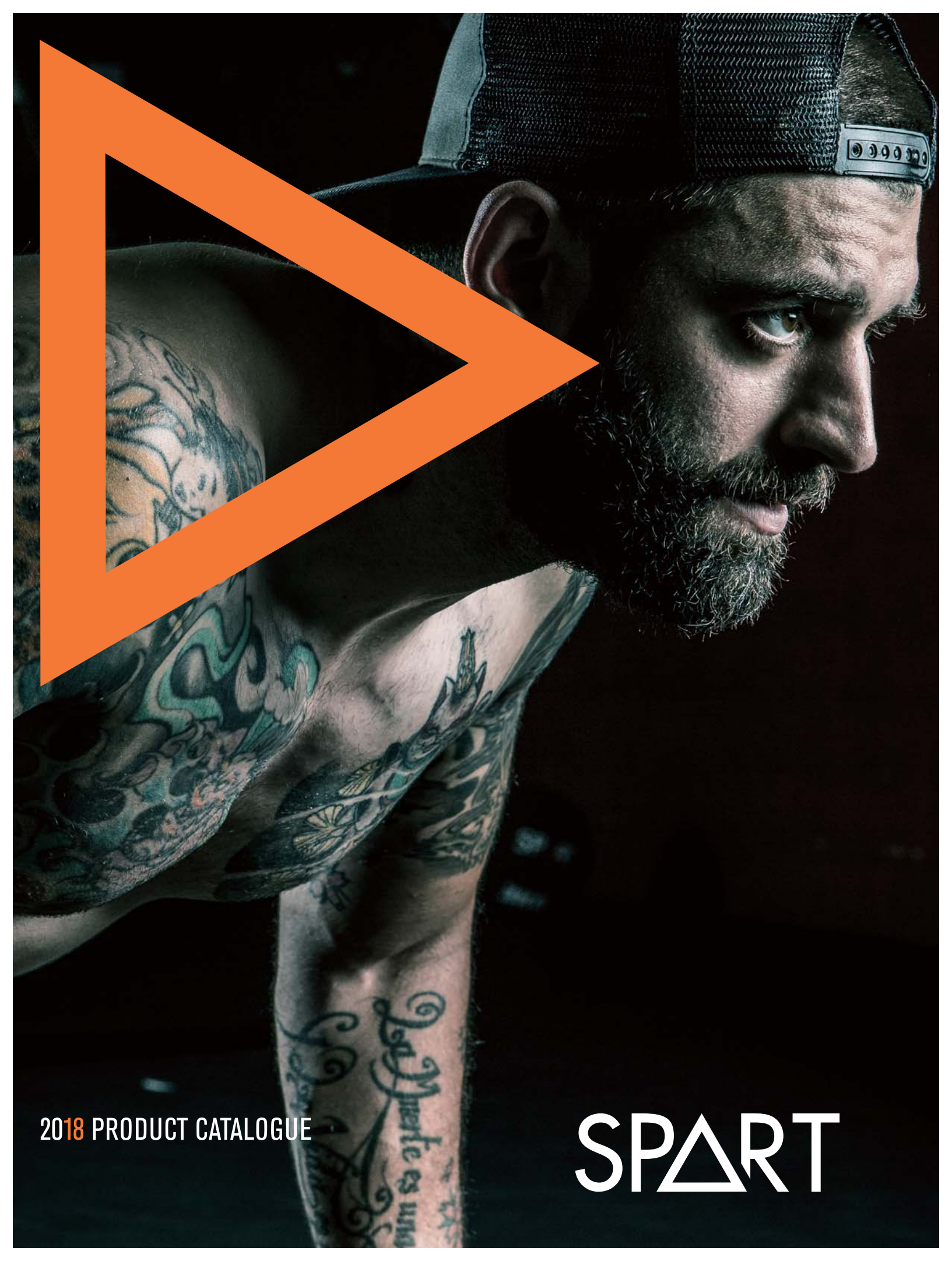




2018 PRODUCT CATALOGUE

SPART

IMPROVE YOURSELF

HARD TRAINING ON THE BODY
AND THE MIND



SPART



SPART PHILOSOPHY

Strength, balance and agility: these are the three keywords on which we build a collection entirely dedicated to the functional training.

The SPART name comes from the old Greek warriors, which is the most strong fighter in the world! Our equipments allow you to focus on managing your own body weight that fights against the gravity force.

Our philosophy is to think of your training as a way to develop and improve your strength, coordination and balance, giving the best-quality tools in order to achieve it.

BE A SPART NO DOUBT!

PRIMORDIAL MOVEMENTS IN THE DNA

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09

WEIGHT LIFTING

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KETTLEBELL, WEIGHT PLATE & BARBELLS
WEIGHTLIFTING PLATFORM
CHAIN SET
POWER BAND
CABLE ATTACHMENTS

▶ WL4001



HEX BAR

TECHNICAL MEASURES

ASSEMBLY SIZE: 168 x 80 x 29CM

MAIN PIPE: 50 x 3MM

PACKING SIZE: 96 x 45 x 19CM(SPLIT DESIGN IN SMALL PACKAGE)

G.W./N.W.: 27KG / 24KG

PRODUCT FEATURES

Ideal for Dead lifts, Squats, Shrugs, Farmers Walk and Core Fitness
The SPART Hex Bar comes with rotating handles which enables a user to vary the grip, intensifying and adjusting the workout. Three different handles ranges which can adapt to any workout.
Patent num. 201130240929.9, 201110209953.5, 201120265670.8

▶ OBM-86 80 66



OLYMPIC BAR

PRODUCT FEATURES

- OLYMPIC WL BAR(OBM-86)
Total Length: 2200mm
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
20KG 26MM BEARING 190K PSI TENSILE STRENGTH
- WOMEN'S OLYMPIC WL BAR(OBM-80)
Total Length: 2010mm
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
15KG 25MM BEARING 190K PSI TENSILE STRENGTH
- JUNIOR TRAINING BAR(OBM-66)
Total Length: 1680mm
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
10KG 25MM BEARING 150K PSI TENSILE STRENGTH
- DEADLIFT BAR(OBM-90)
Total Length: 2300mm
Satin Finish: Abrasion resistant industrial hard black oxide on the bar and chrome on the sleeves
20KG 27MM BEARING 190K PSI TENSILE STRENGTH

BAR PAD

TECHNICAL MEASURES

Size: Length: 45 cm

BARBELL PAD

TECHNICAL MEASURES

It is designed with high-density thick foam, which provides supreme cushion (even with very heavy weights) where the body contacts the barbell to provide maximum cervical vertebrae (neck) support.

Size: 100 x 100 x 450mm

GIMNASTIC GRIPS

TECHNICAL MEASURES

This beginner grip is a basic palm protector made of soft leather
Polypropylene wrist cuff and hook and loop closures

Size: S, M, L, XL

▷ WE7003



▷ WE7004



▷ WE7005



▷ CL1003



▷ WL4500



▷ WL8014



BARBELL COLLARS

TECHNICAL MEASURES

(Aluminum)
Designed to be used on 50mm Olympic Bar Sleeves
Rubberized interior lining to protect bar
Locking clamp mechanism for secure hold

BAR SUPPORT

TECHNICAL MEASURES

Assembly Size: L45 x W55 x H26 cm
12.5kg-50kg in 2.5kg in

GYM CHALK

TECHNICAL MEASURES

It is designed for climbing on rock or artificial walls. It's also great for use on flying trapeze or for absorbing excess adhesive after taping an aerial hoop.

RUBBER BUMPER PLATE

TECHNICAL MEASURES

Plates feature solid rubber construction
Include solid steel inserts to protect equipment as well as facilitate easier plate loading and removal
Durable, rugged plates are engineered to meet the most demanding bumper plate standards

Drop test :
2m x 5000 repetitions
Steel rim bushing.
Weights:
5kg-25kg in 5kg increments

BUMPER PLATE RACK

TECHNICAL MEASURES

Assembly Size: 146x34x28cm

The rack can be loaded with bumper plate:
1.25kg x 4pcs, 2.5kg x 2pcs,
5kg x 2pcs, 10kg x 2pcs,
15kg x 2pcs, 20kg x 2pcs
25kg x 2pcs

URETHANE BUMPER PLATE(CPU)

TECHNICAL MEASURES

CPU Urethane encased outer shell provides unsurpassed durability
One-piece steel hub, no bolts or welds
Urethane shell is molded and cured around a large inner flange to ensure strength and stability of the bumper as one unit
Urethane encasing has low bounce creating a safer environment for athletes

Drop test :
2m x 10000 repetitions
Steel rim bushing.
Weights:
5kg-25kg in 5kg increments

▷ WL5001



▷ WL5006



URETHANE BUMPER PLATE

TECHNICAL MEASURES

Weights:
1kg, 1.5kg, 2kg, 2.5kg

▷ WL5002



▷ WL5009



BLACK BUMPER PLATE

TECHNICAL MEASURES

Drop test: 2m x 5000 repetitions
Steel rim bushing
Weights: 5kg-25kg in 5kg increments
12.5kg-50kg in 2.5kg in

▷ WL5005



▷ WL6001



CLASSICAL KETTLEBELL

TECHNICAL MEASURES

One piece, cast iron bell has no fillers.
New coating makes bells more consistent and durable.
Use for squats, cleans, jerks, snatches, rotational swings and more.

Weights:
4kg, 8kg-20kg in 2kg increments
24kg, 28kg, 30kg, 32kg, 36kg, 40kg
12.5kg-50kg in 2.5kg in

COMPETITION STEEL KETTLEBELL

TECHNICAL MEASURES

Steel kettlebells have an unpainted handle, allowing chalk to stick better. Competition colors are used for easy identification. All kettlebells are the same size and diameter-makes going up in weight an easier transition.

Weights:
8kg-24kg in 2kg increments
28kg, 32kg, 40kg, 44kg, 48kg

SOFT KETTLEBELL

TECHNICAL MEASURES

Made of heavy-duty vinyl, strong and hard-wearing.
Black painting iron handle.
Don't worry about dropping them on your toe or damaging your floor by accident.

Weights:
4kg-16kg in 2kg increments

RUBBER HEXAGON DUMBBELL

TECHNICAL MEASURES

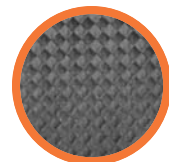
Cast metal dumbbell heads encased with a thick rubber coating to prevent chipping and help protect floors and equipment. Solid steel knurled ergonomic handle with zinc coating.

Weights:
1kg-10kg in 1kg increments
12.5kg-50kg in 2.5kg increment
55kg-80kg in 5kg increments

▷ WL6002



▷ WL6003



▷ WL3005



▷ WL3105



▷ WL7101



▷ WL7102 WL7112



DUMBBELLS RACK

TECHNICAL MEASURES

Assembly Size: 143 x 65 x 87 cm

URETHANE DUMBBELL

TECHNICAL MEASURES

Novel exterior, eco-friendly Polyurethane material, high quality, Commercial resistance to high impacts, Steel inside with Hard Chrome handle, Top quality for the professional gym!

Weights:
1kg-10kg in 1kg increments
12.5kg-50kg in 2.5kg increments
12.5kg-50kg in 2.5kg in

DUMBBELLS RACK

TECHNICAL MEASURES

WL7102(6 Pairs)
Assembly Size: 125 x 52 x 81 cm
WL7112(12 Pairs)
Assembly Size: 245 x 52 x 81 cm

URETHANE KELLTEBELL

TECHNICAL MEASURES

The new kettlebell range delivers the durability, toughness and performance exercisers expect from hammer strength. Featuring a rugged rubber shell and smooth handle, these kettlebells help both athletes and everyday exercisers achieve outstanding results.

Weights:
4kg-12kg in 2kg increments
16kg-24kg in 4kg increments

▷ WL7103



▷ WL7105



URETHANE OLYMPIC PLATE

TECHNICAL MEASURES

Aesthetically pleasing design. Perfect for the professional gym! Eco-friendly polyurethane. Commercial resistance to high impacts. Stainless steel rim.

Weights:
1.25kg 2.5kg 5kg-25kg in 5kg increments

KELLTEBELL RACK

TECHNICAL MEASURES

Assembly Size: 120 x 52 x 85 cm

▷ WL7104



▷ WL7106



PLATE RACK

TECHNICAL MEASURES

Assembly Size: 130 x 103 x 121 cm

URETHANE BARBELL SET

TECHNICAL MEASURES
10kg-45kg in 5kg increments

URETHANE BARBELL SET

TECHNICAL MEASURES
10kg-45kg in 5kg increments

BARBELL RACK

TECHNICAL MEASURES
Assembly Size:106 x 90 x 126 cm

▷ WL7107



▷ WL7108



▷ WL7109



▷ WL7001



WEIGHT LIFTING PLATFORM

TECHNICAL MEASURES

ASSEMBLY SIZE : 256 x 206 x 3.2CM

PRODUCT FEATURES

The weightlifting platform has a 50×25mm steel frame that bolts together.
Easily with gusseted comers.
The rubber surface is shock absorbing and will cause less wear and tear on your equipment.
It also dampens the sound when dropping a fully loaded barbell.
Also it is with additional band peg set for your dynamic effort work.

▷ CD9003



WOODEN JERK BLOCK

TECHNICAL MEASURES

SIZE :

76 x 43 x 6CM

91 x 51 x 15CM

91 x 51 x 30CM

91 x 51 x 38CM

PRODUCT FEATURES

The jerk blocks are not limited to only the push jerk, some other potential uses would be: partial deadlifts, barbell rows, box jumps, shoulder presses, step ups, bodyweight bar rows, and more.

The top platform must be used on top of the stack when the sets are in use.

▷ WL7003



POWER BAND

TECHNICAL MEASURES

A power lifter's favorite! Resistance bands attach to bars and benches for added resistance during lifts. Bands are also an effective stretching tool. Sturdy seamless construction.

Size:

200cm x 1.3cm x 0.45cm
(Resistance is 7kg - 16kg)

200cm x 2.2cm x 0.45cm
(Resistance is 11kg - 30kg)

200cm x 3.2cm x 0.45cm
(Resistance is 16kg - 38kg)

200cm x 4.4cm x 0.45cm
(Resistance is 22kg - 56kg)

200cm x 6.5cm x 0.45cm
(Resistance is 30kg - 80kg)

REVOLVING LAT BAR
▷ WL8100



REVOLVING LAT BAR
▷ WL8101



REVOLVING LAT BAR
▷ WL8102



REVOLVING LAT BAR
▷ WL8103



TRICEP PRESS DOWN BAR
▷ WL8300



REVOLVING PRESS DOWN BAR
▷ WL8301



TRICEP PRESS DOWN BAR
▷ WL8302



REVOLVING CURL BAR
▷ WL8200



REVOLVING LAT BAR
▷ WL8201



REVOLVING CURL BAR
▷ WL8202



REVOLVING CURL BAR
▷ WL8203



REVOLVING CURL BAR
▷ WL8204



MULTI PURPOSE V-BAR
▷ WL8303



REVOLVING MULTI EXERCISE BAR
▷ WL8304



SINGLE TRICEP ROPE
▷ WL8305



PRO TRICEP ROPE
▷ WL8306



SINGLE GRIP HANDLE
▷ WL8307



REVOLVING LOW PULLEY BAR
▷ WL8308



LOW PULLEY BAR
▷ WL8309



SINGLE GRIP HANDLE STRAP
▷ WL8310



SPRING COLLARS
▷ WL8501
Ideal for Φ30mm bar



SPRING COLLARS
▷ WL8502
Ideal for Φ30mm bar



CABLE ATTACHMENT RACK
▷ WL8400
Assembly Size : 47 x 43 x 101cm





27

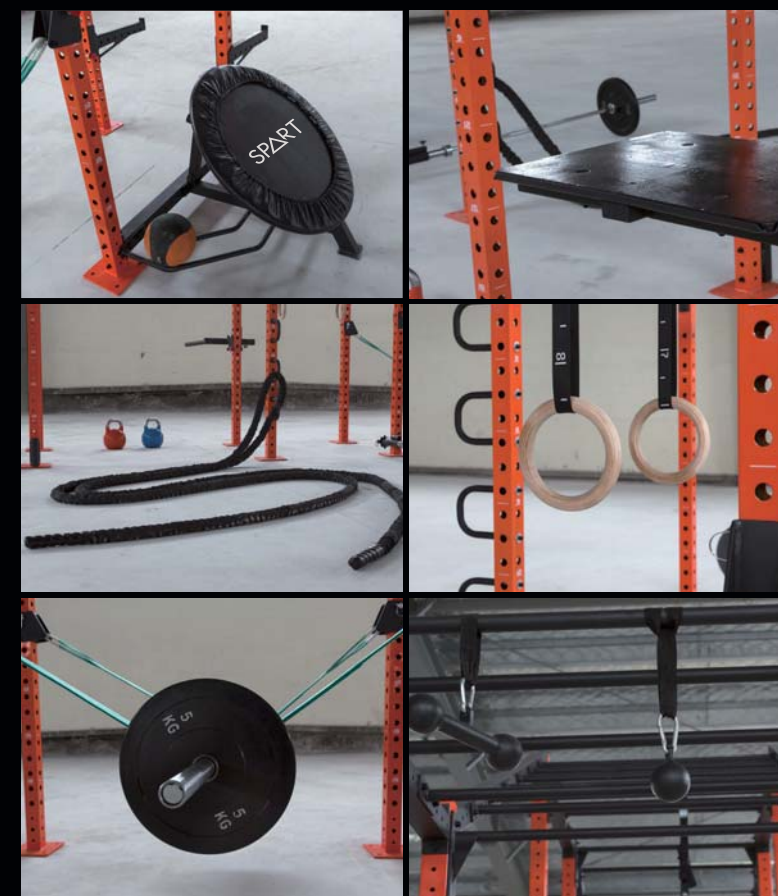
STRENGTH EQUIPMENT

FUNCTIONAL TRAINING STATION
POWER RACK
FLAT BENCH
GHD
SQUAT RACK
STORAGE RACK
FLOORING MAT

▷ ST1001



FUNCTIONAL TRAINING STATION



ACCESSORIES NOT INCLUDED.

TECHNICAL MEASURES

ASSEMBLY SIZE : L827 x W227 x H368CM

PRODUCT FEATURES

Provides a dedicated space for countless functional training exercise.

Monkey bars are great for developing shoulder and arm strength.

Attach any bodyweight training device, such as climbing ropes, rings etc for unique training options.

Includes specially designed holders for resistance bands, training ropes, Olympic Bars and weight plates.

▷ ST1022



FUNCTIONAL TRAINING STATION

TECHNICAL MEASURES

ASSEMBLY SIZE : L636.5 x W304 x H330CM

PRODUCT FEATURES

This functional training rig can allow clubs to maximise the potential of their functional training areas. It is the perfect option for group exercise classes where space needs to be utilised effectively. The rig features a variety of stations including punchbag, dip station, the Wall Ball Target, chin up, monkey bar, plyo platform, power rack. It provides a storage area with configurable shelves. This is where medicine balls, kettlebells, dumbbells and plates can be stored.

▷ ST1003



POWER RACK



TECHNICAL MEASURES

ASSEMBLY SIZE : 226 x 234 x 225CM

PRODUCT FEATURES

Extremely stable base to support the hardest cross trainer.
Perform any exercise you would normally perform on a regular power rack such as presses, lifts, squats.
Can be used with the optional bumper plate toaster rack for tidy storage and easy selection of bumper plates.

▶ ST1019



POWER RACK

TECHNICAL MEASURES

ASSEMBLY SIZE : L528.5 x W371 x H231CM

PRODUCT FEATURES

Provides a dedicated space for countless functional training exercise.
Dual workout compatibility (additional pull up station and squat rack).
Includes specially designed multi-purpose racks for storing power bags, dumbbells, kettlebells and medicine balls.
Solid construction for commercial use.
Safety spotter for bench work.
J-hook for barbell storage.

▶ ST1009



POWER RACK

TECHNICAL MEASURES

ASSEMBLY SIZE : L126 x W140 x H230CM

PRODUCT FEATURES

Ideal rack for squats & bench press exercises, provides safety when working out.
2 x full length safety bars, 2 x barbell rests, built in solid steel pull up bar.
Solid construction for commercial use.

▶ ST1004



FUNTIONAL TRAINER

TECHNICAL MEASURES

ASSEMBLY SIZE : L180 x W145 x H240CM

PRODUCT FEATURES

Commercial functional trainer(2x100kg weight stacks)
Commercial smith machine
Heavy duty power rack
Torsonator core trainer (FitsOlympic and regular size bars)
Multi grip chin up bar
Weight bar storage holders
Weight oblate storage rods
Attachment storage holders
Rubber band resistance/assistancepegs
Fixing ring for suspension system.

▶ ST1005



FLAT BENCH

TECHNICAL MEASURES

ASSEMBLY SIZE : L134 x W61 x H46CM

PRODUCT FEATURES

Backrest = 120cm (Length) x 30cm (Width) x 6cm densely thick padding. Gives you some of the best free weight exercises to build a rock solid body!
Get a full-body workout with the strongest and most versatile Flat Bench available.
Front handle & Dual rear transport wheels allows you to easily move and roll the bench anywhere you like without having to pick up the bench completely.

▶ ST2002



GHD

TECHNICAL MEASURES

ASSEMBLY SIZE : L221.5 x W74.8 x H109.4CM

PRODUCT FEATURES

The GHD is stable and solidly constructed of steel. Perfect for commercial or home gym use. The half moon pad is made of high density foam and upholstered in vinyl, making it very resistant to crushing and easy to clean. The single pop-pin adjustability makes it easy to change pad-to-foot roller lengths when moving between exercises or athletes. Bolt-together design allows it to be shipped flat, resulting in considerable freight savings.





▷ ST3001



SQUAT RACK

TECHNICAL MEASURES

ASSEMBLY SIZE : L228 x W101 x H186CM

PRODUCT FEATURES

Many incremental adjustments for the perfect height required for your exercise. Weight holder on back for extra storage. Dip handles included as standard (slightly angled so very ergonomic). Adjustable width squat stands.

▷ ST1018 ST1019 ST1020



STORAGE RACK

TECHNICAL MEASURES

- (ST1018) ASSEMBLY SIZE: L190 x W40 x H180CM
- (ST1019) ASSEMBLY SIZE: L321 x W40 x H180CM
- (ST1020) ASSEMBLY SIZE: L503 x W40 x H180CM

PRODUCT FEATURES

This amazing storage rack is expandable to any length and shapes, available in 2-tier and 3-tier. Fulfill all of your storage needs in one system. Fully adaptable and expandable in length, size, and trays to choose from. Additional wheel helps you move it easily.

▷ FM1005



RUBBER FLOORING MAT

TECHNICAL MEASURES

Shock absorbent and scuff resistant. Perfect for exercise rooms, multi-functional training areas and locker rooms. Easy to install, low maintenance.

Size :
100 x 100 x 1.5cm
100 x 100 x 2.0cm
100 x 100 x 2.5cm

▷ FM1006



ROLL RUBBER FLOORING MAT

TECHNICAL MEASURES

Durable athletic gym and exercise flooring. Easy installation, no adhesive required. Great for home gym floors, basement floors and exercise rooms. Easy to roll up and store.

Size: L20/10 x W1.25/1 m
Thickness: 4-10mm

45

CONDITIONING EQUIPMENT

AGILITY & SPEED
SLAM BALL
MEDICINE BALL
POWER BAG
SLED
JUMP ROPE
PLYOMETRIC BOX



CONES

TECHNICAL MEASURES

Saucer Cones are bright and easy to see on any surface. Made of strong, pliable PVC, cones resist damage from direct foot strikes.

Size: 5cm

▷ CD8002



HURDLES

TECHNICAL MEASURES

15/22.5/30/45cm steps for intermediate to advanced polymeric exercise. Change heights for speed or strength work and lateral movement drills.

▷ CD8001



REACTION BALL

TECHNICAL MEASURES

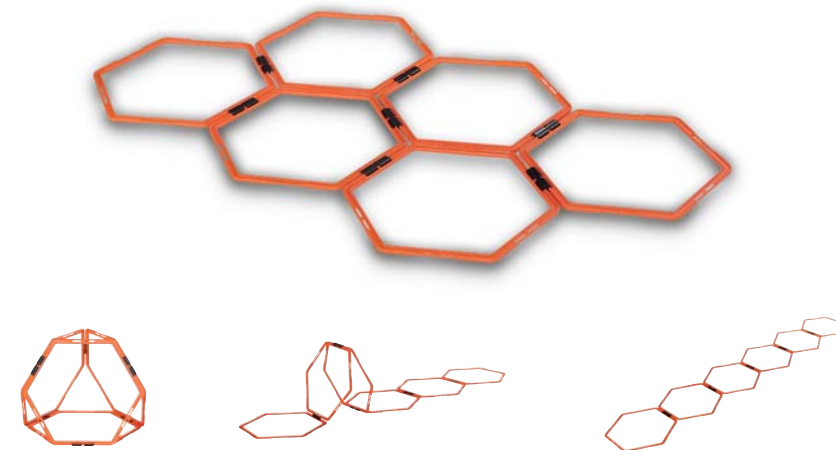
The random bounces of the reaction ball improve overall coordination. Ball can be bounced off any hard surface.

Dia: 6.7cm

▷ CD8003



▷ CD8023



▷ CD8004



▷ CD8005



AGILITY RINGS

TECHNICAL MEASURES

Ideal tool to improve foot speed, coordination, overall balance and general fitness. 6 individual rings can create a variety of shapes for preferential needs.

POWER CHUTE

TECHNICAL MEASURES

Increase speed, explosiveness, and acceleration. The power chute provides both resistance and explosive training to improve the 2 key elements of speed: stride length and frequency. Chute opens during training runs for resistance and the Velcro belt allows for mid-stride release for overspeed training. Power Chute includes: Adjustable belt with storage pocket.

AGILITY LADDER

TECHNICAL MEASURES

Develop rapid, precise foot strikes and focus. Fixed round rungs save set-up time and withstand abuse from cleats and other turf shoes. Use indoors or outdoors. High-impact round PVC rungs. Includes carry bag. 9.15m L x 50.8cm W ladder has 20 rungs. 4.6m L x 50.8cm W ladder has 10 rungs.

Material: Fabric

TIMER

TECHNICAL MEASURES

The Timer offers a variety of standard functions including; clock display, stop watch to the hundredths of a second and 20 min count down. In addition the timer can be programmed with specific count up and down from times. The timer can also be used to program custom intervals. The timer can save up to eight custom programs.

ROLL OUT LADDER

TECHNICAL MEASURES

The Roll Out Ladder resists bunching-up and stays in place on all types of indoor surfaces, and select out door surfaces. Made of heavy-duty, durable, non-skid recycled rubber, this ladder quickly unrolls and lies flat, then rolls up for easy storage and portability.

Size: 454 x 41 x 0.35cm

RESISTANCE TUBE

TECHNICAL MEASURES

Improve speed by training stride length and frequency in 2 athletes simultaneously. Stretch the tubing to the desired tension and have both athletes run in the same direction. The front athlete receives resistance training while the back athlete receives overspeed training. The fully sheathed resistance tubing provides a smooth, consistent tension for both athletes while offering maximum safety. Swivel waist belt allows athletes to change direction of the tension easily without removing belt.

Size:
5 x 12 x 2000mm
6 x 13 x 2000mm
6 x 16 x 2000mm

▷ CD8006



▷ CD8008



▷ CD8009



▷ CD8010



▷ CD8007



▷ WL7005



CORE TRAINER

TECHNICAL MEASURES

This ground -based rotational training device works the entire body. Perform explosive 1 and 2-arm movements and other rotational exercises simply by inserting any Olympic-size bar (not included) into the pivoting sleeve at the unit's base. A 14cm sleeve is also available to hold standard 2.5cm bars. Portable for use in or out of the weight room.

Assembly Size: 81 x 69 x 27cm
Without Plate & Bar

SLAM BALL

TECHNICAL MEASURES

Durable, sand-filled no-bounce balls are ideal for tossing and slamming activities. Heavy-duty rubber shell provides maximum durability. Pliable, tacky surface is easy to grasp and throw. Prefect for rebounder, wall and floor slams.

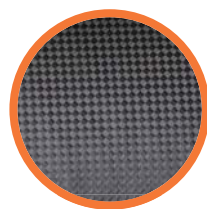
Weight:
1kg-10kg in 1kg increments
12kg, 15kg, 16kg, 18kg, 20kg, 23kg
25kg-65kg in 5kg increments

WALL BALL RACK

TECHNICAL MEASURES

Dia.: 77x77x132cm

▷ CD8031



HEAVY-DUTY VINYL

HEAVY-DUTY VINYL MEDICINE BALL

TECHNICAL MEASURES

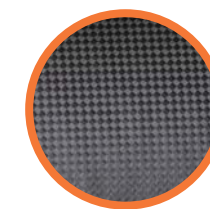
Dia.: 35.5cm

3kg-13kg in 1kg increments

PRODUCT FEATURES

The soft-shell construction and balanced, uniform weight of this ball make it easy to handle. It covered with heavy-duty vinyl coated nylon. Water and scuff resistant. This non-slam, oversized ball is ideal for toss-and-catch activities and soft on the hands.

▷ CD8113



HEAVY-DUTY VINYL

POWER BAG

TECHNICAL MEASURES

5KG-25KG IN 5KG INCREMENTS

PRODUCT FEATURES

POWER BAGS are excellent for complex motion based workouts with multi-joint movements that require a high emphasis on stability. Movement training, such as fast feet, ladder drills, heel flicks etc. Jumps & drops, which are hard to do due to awkwardness of bags. Throwing, hard to achieve with most items other than a medicine ball which doesn't often exceed over 15kg.

Catching and absorbing impact, hard to achieve with most items. Dynamic movements with a partner, throw..move..catch..throw..move..catch.

Total resistant core stability movements.

▶ CD8012



CORDURA POWER BAG

TECHNICAL MEASURES

One Set Including :
1 Bag + 2 Inner Bags;
S max loading 18kg
M max loading 35kg
L max loading 45kg

PRODUCT FEATURES

The sand bags are built with heavyweight Military Spec 1000D Cordura; That means they are tough as nails! This material is relied upon in the most demanding of conditions every day!The Cordura material has a DWR coating to make each sand bag water resistant so you can wash these if needed.

▶ CD8055



TRAM- POLINE

TECHNICAL MEASURES

Size	Box Size	Main Tube	Feet Tube	Feet Q'ty	Spring Q'ty	Spring dia
40"	103×103×5.5(cm)	Φ25X1.0	Φ25X1.5	6	36	3.0

PREMIUM SLED

TECHNICAL MEASURES

This heavy-gauge steel, solid welded construction, 42kg sled trains speed, quickness, and explosiveness. Dual-point harness attachment provides an even load while pulling. Flat bottom rails slide smoothly on most surfaces. 36cm center post accommodates up to 143kg in Olympic plates.

Assembly Size: L121 x W114 x H88cm

▷ CD8014



SMALL SLED

TECHNICAL MEASURES

Assembly Size: L102 x W73 x H84cm

▷ CD8048



▷ CD1101 CD1102 CD1103 CD1105



SPEED ROPE

TECHNICAL MEASURES

- (CD1101)
CABLE SIZE: $\Phi 2.5\text{MM} \times 3\text{M}$

PRODUCT FEATURES

Designed and tested to outperform any other jump rope available. The Speed Rope has an ergonomically-designed handle that eliminates friction. Outstanding durability and unmatched speed in competitive categories. Additional features of the rope include: a height adjustable cord with a vinyl coating and technically superior speed bearings to ensure fluid and precise movement at high speeds.

TECHNICAL MEASURES

- (CD1103)
REMOVABLE WEIGHT PER HANDLE :
40G x 2 OR 75G x 2
CABLE SIZE: $\Phi 2.5\text{MM} \times 3\text{M}$
BEARING: WITH VERSATILE BALL

PRODUCT FEATURES

The optional weight in the handles allows you to push your shoulder and forearm conditioning to their limits! Once you're feeling the burn, you can unscrew the bottom of the handle and remove the weight to relax the common fatigue areas of your forearms and shoulders.

TECHNICAL MEASURES

- (CD1102)
WIREROPE LENGTH: 3M
PP HANDLE WITH SWEATBAND
WITH REMOVABLE WEIGHTS.
DURABLE STEEL CABLE FEATURING STEEL
BALL JOINT FOR SMOOTH ROTATION.
- (CD1105)
ALUMINUM HANDLE
BEARING SWIVEL.
CABLE SIZE: $\Phi 2.5\text{MM} \times 3\text{M}$

SOFT POLYMETRIC BOX

TECHNICAL MEASURES

Outside cover is heavy duty vinyl leather, inter layer is soft material, inside is high density board.

CD9001: 40 x 50 x 60cm
CD9001S: 50 x 60 x 75cm

Patent num. 201520792550.1

▷ CD9001



▷ CD9007



POLYMETRIC BOX

TECHNICAL MEASURES

Get the advantage of three plyo boxes in one.

Weights:
CD9007: 40 x 50 x 60cm
CD9007S: 50 x 60 x 75cm

POLYMETRIC BOX

TECHNICAL MEASURES

Get the advantage of three plyo boxes in one.

CD9002: 40 x 50 x 60cm
CD9002S: 50 x 60 x 75cm

▷ CD9002



▷ CD9004



POLYMETRIC STEEL BOX

TECHNICAL MEASURES

These plyometric boxes provide maximum stability and durability with their steel construction and fully welded frames. Athletes can use these boxes for forward jumps, lateral jumps and other plyometric drills. Available in multiple heights for developing reaction time and overall explosiveness. Nonslip platform maximizes safety.

HEIGHT	TOP	BASE
30cm	33 x 33cm	38 x 38cm
46cm	36 x 36cm	46 x 46cm
61cm	38 x 38cm	53 x 53cm
76cm	41 x 41cm	58 x 58cm
91cm	51 x 51cm	71 x 71cm
107cm	56 x 56cm	81 x 81cm

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GYMNASTIC EQUIPMENT

RING
AB SLING
AB MAT
EXERCISE WHEEL
EQUALIZER
WEIGHT VEST
WALL MOUNTED
ROPES



GYM RING

TECHNICAL MEASURES

(CE2101)ABS

Dia of handle: Φ 2.8cm

Width of strap: 2.5cm

Length of strap: 4.6m

(CE2102)WOODEN

Made with the same superior quality you have come to expect, but with a thicker 3.2cm diameter for secure gripping.

AB SLING

TECHNICAL MEASURES

For strengthening and toning abdominal muscles.

Brushed nylon lining for enhanced comfort.

Forged steel carabineers lock on to any universal gym.

AB MAT

TECHNICAL MEASURES

The AbMat is a totally one-of-a-kind abdominal exerciser and core trainer. A safe, comfortable design contoured to your lower back to provide support and to help prevent injury. One size fits all! Small & portable.

▷ CE2101 CE2102



▷ CE2103



▷ CE2104



▷ CE2105



▷ CE2106



▷ CE2107



EXERCISE WHEEL

TECHNICAL MEASURES

Build firmer, stronger abs and strength in the shoulders, chest, and core.

Extra-wide single wheel with ergonomic handles lets you perform roll-outs, inch worms, lat/diagonal pulls, and rolling planks.

EQUALIZER

TECHNICAL MEASURES

It is a total-body strength training piece of equipment that is extremely versatile.

Train the arms, back and core muscles using your own body weight for resistance.

Strong design supports up to 181kg. Stack together for efficient storage when not in use.

Size : 64cm x 80cm x 73cm

PARALLETES

TECHNICAL MEASURES

Build upper body pressing strength while improving hand balancing and inverted skills.

Powder coated handles for better grip.

Welded Joint for extra rigidity.

Made from 38mm steel tube with 2mm thick ness.

Size : 36cm x 59cm x 31cm

WEIGHT VEST

TECHNICAL MEASURES

This sweat-resistant cordura adjustable vest comes with flexible 1kg weighted iron blocks that fit easily and securely into hook-and-loop vest pockets. Large overlapping hook-and-loop waist straps secure vest tightly to body even while running, jumping, and bounding.

Weights:10kg, 20kg, 30kg

▷ CE3101



▷ CE3102



▷ CE4101



WEIGHT VEST

TECHNICAL MEASURES

Fashion camouflage pattern
Comes with flexible 2kg weighted iron blocks that fit easily and securely into hook-and-loop vest pockets.
Large overlapping hook-and-loop waist straps secure vest tightly to body.

Weights:20kg

MULTI-GRIP CHIN UP

TECHNICAL MEASURES

Chin-ups are arguably the best upper body exercise around. There is no other pulling exercise that can replace its functional value; and no, the lat pull down is a not a suitable replacement.

A chin-up bar in a gym is a highly useful fixture, given that it can also be used as an anchor for rings, bands or a suspension training device.

Assembly Size : 131 x 58 x 60cm

▷ CE5101



▷ CE5102



▷ CE5103



CLIMBING ROPE

TECHNICAL MEASURES

Great for building upper body strength. Superior quality "Grade A" manila rope complete with specially-designed mounting bracket for easy installation to ceiling attachments. This natural fiber rope absorbs perspiration for the best grip and is extremely durable. 38mm/50mm diameter and custom lengths available.

Material: sisal
Φ38mm x L15m Φ38mm x L4m
Φ38mm x L7m Φ50mm x 15m

BATTLE ROPE

TECHNICAL MEASURES

Nothing works the body for developing power and explosiveness quite like rope training. Various lengths and diameters push your stamina, grip strength and overall conditioning like no other. Find out what all of the excitement is about. Available in Black or White both 38mm and 50mm diam. Custom lengths is available.

Material: polypropylene fibre
Size:Φ38mm x L15m Φ50mm x L15

NYLON COVERED BATTLE ROPE

TECHNICAL MEASURES

With nylon cover
The same great metabolic and strength workout as before, now with the all-weather covered training ropes designed to withstand the toughest indoor and outdoor conditions. Each rope is available in various lengths.

Size:Φ38mm x L15m Φ50mm x L15m



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GROUP TRAINING

PUMP SET
BODY BAR
STEPPER
YOGA MAT
BALLS

PUMP SET

TECHNICAL MEASURES

Rubber plate pl26c: 1.25kg / 2pcs, 2.5kg / 2pcs, 5kg / 2pcs
Chromed hollow bar: 28 / 30 x 1300 mm
Spring collar: 1pr

▷ GT1000



PUMP SET RACK

TECHNICAL MEASURES

Assembly Size: 153 x 80 x 150 cm

▷ GT1500



BODY BAR

TECHNICAL MEASURES

Steel tube covered with tearproof foam.

Φ25 / 2kg / L1250mm
Φ25 / 3kg / L1250mm
Φ25 / 4kg / L1250mm
Φ25 / 5kg / L1250mm
Φ28 / 6kg / L1250mm
Φ32 / 8kg / L1250mm
Φ36 / 10kg / L1250mm
Φ40 / 12kg / L1250mm

▷ GT1010



▷ GT1501



▷ CD8033



▷ CD8034



BODY BAR RACK

TECHNICAL MEASURES

Assembly Size: 126 x 68 x 131 cm

AEROBIC STEP

TECHNICAL MEASURES

Dimension: 98L x 38W x 15H cm
Adjust: from 15cm to 20cm to 25cm for all heights and fitness levels.

AEROBIC STEP

TECHNICAL MEASURES

SIZE A
Dimension: 110L x 41W x 11H cm
Adjust: from 10cm to 15cm to 20cm for all heights and fitness levels.

SIZE B
Dimension: 72L x 36.5W x 15H cm
Support blocks: 5cm when placed in position.
Adjust: from 10cm to 15cm for all heights and fitness levels.

NBR YOGA MAT

TECHNICAL MEASURES

Size:
183 x 58 x 1.0 cm
183 x 58 x 1.5 cm

▷ FY1002



▷ FY1003



▷ PP1001



FOOT INFLATOR

▷ CD8045



▷ CD8037



▷ GT3502



EXERCISE BALL

TECHNICAL MEASURES

Ball Size: 55 / 65 / 75 cm
Weight: 1800 / 1800 / 1800 g

MEDICINE BALL

TECHNICAL MEASURES

Weight:
1kg-10kg in 1kg increments

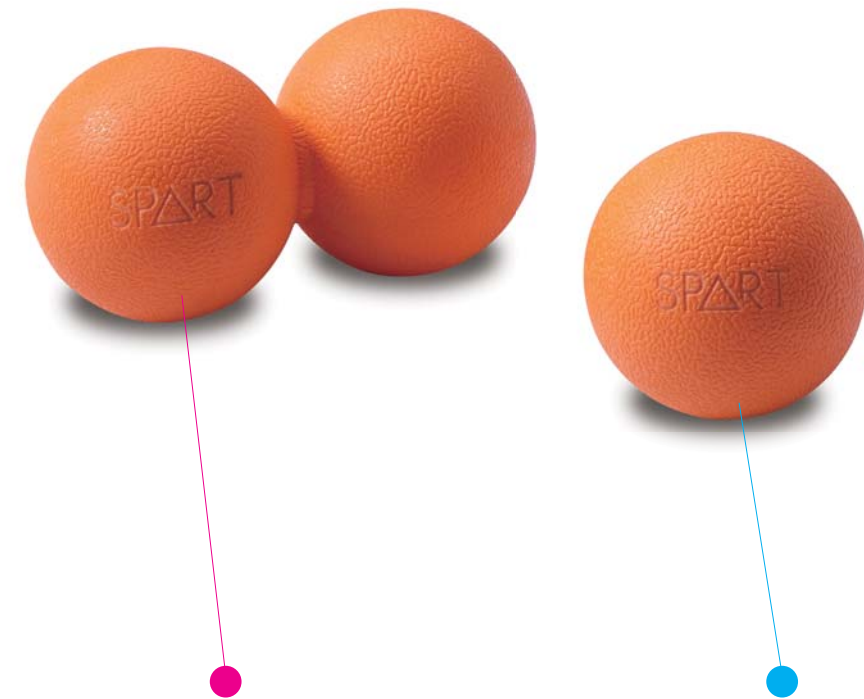
MEDICINE BALL RACK

TECHNICAL MEASURES

Stores up to 10 medicine balls.
Assembly size: 107 x 56 x 147 cm

▷ CE6101 CE6102 CE6103

▷ CE7001 CE7002



FOAM ROLLER

TECHNICAL MEASURES

- CE6101: SIZE: 90 x 15CM.
- CE6102: SIZE : 14 x 33CM MAXIMUM USER WEIGHT : 60KGS
- CE6103: SIZE : 14 x 33CM MAXIMUM USER WEIGHT : 60KGS

PRODUCT FEATURES

Ideal for pilates, core, ab and back stabilization and strengthening.
Made from premium EVA foam
Essential balance training tool.
Release myofascial tightness and self massage of the back, calf, hamstring, glutes and quads.
Designed to maintain its shape even after years of use.

LACROSSE MASSAGE BALL

TECHNICAL MEASURES

- CE7001:
MATERIAL: SILICA GEL
DIAMETER: 65MM
- CE7002:
MATERIAL: SILICA GEL
DIAMETER: 65MM





Reebok
CrossFit



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